BASIC PHOTOGRAPHY

Learn beyond simple point and shoot cameras. P.21
Featured Classes

Creative Acrylic Painting
Bernard Healey, P.6

Holiday Wreath Making
Mary Ann Nardo, P.14

Register online at MarinCommunityEd.com
Registration begins Monday, August 3.
About

College Campuses

CLASSES

Art
Business/Career Development
Cultural and Ethnic Studies
Marin Chinese Cultural Association
Dance
Drama/Stage and Screen
Film Appreciation
Financial Planning
Food and Wine
Geography
Health Sciences
History
Home and Garden
Languages
Literature/Humanities
Marin Adventures
Music
Parenting
Personal Enrichment
Photography
Physical Fitness
Writing
About

The College of Marin Community Education Department offers a wide variety of short-term courses designed to meet the lifelong learning needs of the community. This fee-based program is developed for individuals who wish to explore their personal interests or enhance their careers. College credit is not given and there are no grades or tests.

Emeritus College offers low-fee classes for older adults who wish to discover new interests, reconnect with lifetime passions, and find engaging interaction with like-minded individuals in a multitude of classes and activities.

The department is self-supporting; your fees pay for all costs associated with our courses. For more information, please visit our website at marincommunityed.com or call the Community Education office at (415) 485-9305.

College Campuses

1. Kentfield Campus
   835 College Ave
   Kentfield, CA 94904

2. Indian Valley Campus
   1800 Ignacio Blvd
   Novato, CA 94949

Parking Information

Parking Permits are required all day Monday through Saturday. You may purchase a permit for the day for $4 (subject to change) through Parking Permit dispensers located near the entrance to each lot. The semester parking sticker may be purchased for $50 (subject to change) online at www.MarinCommunityEd.com. Proof of enrollment and valid identification required (only one permit per person).
How to read our class listings.

Knowing how to read our class schedule—and understanding the key terms you will find on it—will help you easily register online. Here are the key things you need to know.

Visit MarinCommunityEd.com to view the full class description.

Class title
Emeritus College course
Featured class
Class description
Class ID, instructor, campus location, BLDG. room number
Days, times, dates
ESCOM/Gold Card member discounted fee, materials fee

NEW | EC The Flow of Watercolor: The Figure
Julie will give you the essentials for how to easily draw and paint nude figures. No knowledge of figure drawing or portraiture is required. As you view three live models, and refer to Julie’s photos of nude models, learn how to make your drawings and paintings proportionally pleasing. See online schedule for details.

0051 | Cohn | KTD | FA 301
6 Wednesdays, 2:40–5:30pm | Sept 3–Oct 8
$105 (MF $24) | EC/GC Members $85 (MF$24)

What our symbols mean

KTD = Kentfield Campus
IVC = Indian Valley Campus
OFF = Off Campus

EC = Emeritus College
GC = Gold Card

MF = Materials Fee
SF = Special Fee
**Art**

**Figure Painting**
This studio course is an opportunity to explore materials, color, composition and agenda in any medium of the student’s choice, while painting the figure. Class time will be primarily devoted to painting but will also include discussions, demonstrations and critiques as interest dictates. You will work from undraped models every session and also have the option of working on your own projects from photos.

0636 | Bencich | **KTD** | FA 301  
5 Saturdays 9:10am–1pm | Sept 5-Oct 3  
1 Saturday 9:10am-5:30pm | Oct 10  
$243 (MF $66)

0637 | Bencich | **KTD** | FA 301  
5 Saturdays 9:10am–1pm | Oct 24-Dec 5  
1 Saturday 9:10am-5:30pm | Dec 12  
(No class Nov 28)  
$243 (MF $66)

**NEW | Creative Acrylic Painting**
Gain valuable insight into painting acrylic landscapes. Learn painting through ongoing demonstrations, how to render textures, shapes, and understand color theory, and composition while completing your own Painting project. You will receive supportive and informative critiques as you progress through this interesting course. Our goal is to guide you with fresh viewpoints which will get you on your way to enhancing your skills and style with your art. Bring whatever acrylic art supplies paints and brushes you have. A supply list will be provided at the first session.

0638 | Healey | **KTD** | FA 301  
6 Tuesdays 2:40–5:30pm | Sept 15-Oct 20  
$102 (MF$1)

**Drawing with Chalk Pastels**
From sketches and dark and light studies to fully developed drawings/ paintings, explore the full range of chalk pastels. First time students will have a full introduction to the chalks, surfaces, and techniques. Continuing students will continue with expanded projects emphasizing the expressive use of the medium. Bring pencil and paper and any pastels you have, and a good photo to work from. Materials cost, about $90 to $150. Materials will be discussed in length during first class.

0639 | Lawrence | **KTD** | FA 215  
7 Fridays 1:10-4pm | Sept 4-Oct 23  
(No class Sept 18)  
$113

0640 | Lawrence | **KTD** | FA 215  
6 Fridays 1:10-4pm | Oct 30-Dec 11  
(No class Nov 27)  
$101

**Street Art: Public Art as Civic Self-Expression**
Street Art can be loosely defined as unsanctioned art in public spaces. Proponents such as Banksy, Swoon and JR are helping it become an international phenomenon. In this class we’ll study its history and evolution and also find out what is happening locally in the Bay Area, a place with a rich tradition of public art.

0650 | Jucker | **KTD** | FA 214  
6 Wednesdays 7:10-9pm | Oct 28-Dec 9  
(No class Nov 11)  
$83

**EC | Watercolor Basics and Beyond**
An all levels class, however, beginners will receive the very basics. More advanced students are encouraged to work on their own projects, or if desired, the instructor will provide specific assignments. How to ‘control’ (somewhat) the paint or let it ‘flow’, color mixing and composition will be covered. We will work from still lives and landscapes. Come and paint in a very supportive atmosphere.

0641 | Meade | **OFF** | San Geronimo*  
6 Fridays, 10:10am-1pm | Sept 4-Oct 9  
$108 (MF $16) | EC/GC Members $98 (MF $16)  
* 6350 Sir Francis Drake Blvd San Geronimo

0642 | Johnson | **KTD** | FA 215  
7 Saturdays, 10:10am-1pm | Sept 5-Oct 17  
$113 | EC/GC Members $94

0643 | Meade | **OFF** | San Geronimo*  
6 Fridays, 10:10am-1pm | Oct 30-Dec 11  
(No class Nov 27)  
$108 (MF $16) | EC/GC Members $98 (MF $16)  
* 6350 Sir Francis Drake Blvd San Geronimo

0644 | Johnson | **KTD** | FA 215  
6 Saturdays, 10:10am-1pm | Oct 31-Dec 12  
(No class Nov 28)  
$101 | EC/GC Members $81
NEW | EC The Flow of Watercolor: Control Your Color Choices with Color Schemes-Henri Matisse

You LOVE color, and you want to have more control over your color choices before and during your painting process. All levels can benefit from this class. We will work with simpler and more complex color schemes. Watercolor demonstrations and examples of master artist Henri Matisse, showing bright and energetic color schemes, will aid you as you develop an abstract or representational painting – your choice. Your knowledge of color schemes will enhance your paintings and all aspects of your life.

All levels welcome. Continuing students may develop their own projects and work independently. Individual attention will be given to all students.

0647 | Cohn | KTD | FA 301
6 Wednesdays 2:40–5:30pm | Sept 16-Oct 28
(No class Sept 23)
$108 (MF $7) | EC/GC Members $88 (MF $7)

NEW | EC The Flow of Watercolor: Control Your Color Choices with Color Schemes- Paul Cezanne

You LOVE color, and you want to have more control over your color choices before and during your painting process. All levels can benefit from this class. We will work with simpler and more complex color schemes. Watercolor demonstrations and examples of master artist Paul Cezanne, showing bright colors shifting to subtle color nuance, will aid you as you develop an abstract or representational painting – your choice. Your knowledge of color schemes will enhance your paintings and all aspects of your life.

All levels welcome. Continuing students may develop their own projects and work independently. Individual attention will be given to all students.

0648 | Cohn | KTD | FA 301
6 Wednesdays 2:40–5:30pm | Nov 4-Dec 16
(No class Nov 11)
$108 (MF $7) | EC/GC Members $88 (MF $7)

Intuitive Painting: Watercolor and Fluid Acrylic

Transform your art practice! Discover the nature of watercolor and fluid acrylic paints, and learn how to handle them! A full range of wet-into-wet techniques will be presented, from pre-moistened area painting to painting on pre-soaked paper and/or canvas. Abstract, representational or combined approaches are encouraged to suit the individual expressive needs of each artist. Explore the visual excitement of mixing your colors directly on the paper. All levels welcome. Individual guidance and feedback. See online for more information.

0649 | Duchamp | KTD | FA 301
3 Saturdays 1:30–5:30pm | Nov 7-21
$83

NEW | Learning to Draw Using Graphite Pencils

Learn the basics of drawing objects and form and create a sense of depth through
the use of pencils. Students will learn how to simplify forms in order to create complex shapes, how to draw in one point and two point perspective. Basic drawing skills will help develop every aspect of your creative artistry, whether it is pastels, painting, or just playing. Art materials may cost about $75.

0661 | George | OFF | Artist’s Studio*
6 Tuesdays 6-9pm | Sept 8–Oct 13
$116
*122 Paul Drive, Unit B1, San Rafael

A New Approach to Acrylic Paint
In this course you will learn the versatility of painting with acrylics, acrylic mediums and adding additives into your paint. Each individual will produce three separate paintings using three different painting methods. The purpose of this course is to learn the flexibility and diversity of acrylics. You will learn to paint in impasto, paint with glazes, and paint in a more opaque manner. Art materials may cost about $125.

0645 | George | OFF | Artist’s Studio*
6 Saturdays 9am–noon | Sept 12–Oct 24
(No class Sept 19)
$116
*122 Paul Drive, Unit B1, San Rafael

0646 | George | OFF | Artist’s Studio*
6 Thursdays 6–9pm | Nov 5–Dec 17
(No class Nov 26)
$116
*122 Paul Drive, Unit B1, San Rafael

From Collage to Painting
Discover the exciting possibilities of collage, a technique where different materials are assembled together to create a new work of art. This class guides beginning or experienced artists through the technical and creative aspects of using mixed media.

0651 | Jucker | KTD | FA 312
7 Tuesdays 7:10–9:30pm | Sept 1-Oct 13
$101

0652 | Jucker | KTD | FA 312
7 Tuesdays 7:10–9:30pm | Oct 27-Dec 8
$101

Jewelry and Metalsmithing
The beginners/beginners plus class focuses on fundamentals of soldering, forming, construction, use of hand tools, and finishing techniques. The number of projects will be at the discretion of the instructor. The goal of the intermediate/advanced class is the refinement of the fundamentals of jewelry making with a focus on the development of the student's personal design ideas.

BEGINNERS/BEGINNERS PLUS
0653 | Castillo | KTD | FA 123
7 Tuesdays 7:10-10pm | Sept 1-Oct 13
$138 (MF $25)

INTERMEDIATE/ADVANCED
0655 | D’Agostino | KTD | FA 123
7 Wednesdays 9:10-4pm | Sept 2-Oct 14
$248 (MF $25)

BEGINNERS/BEGINNERS PLUS
0654 | Castillo | KTD | FA 123
7 Tuesdays 7:10–10pm | Oct 27-Dec 8
$138 (MF $25)

INTERMEDIATE/ADVANCED
0656 | D’Agostino | KTD | FA 123
6 Wednesdays 9:10-4pm | Oct 28-Dec 9
(No class Nov 11)
$211 (MF $25)

NOTE: Please visit www.MarinCommunityEd.com to view full course description and art supplies information.

Business/Career Development

Find the Right Fit: Career Transitions For Women
Don’t wait any longer to find a career that is more rewarding for you. Whether you are considering changing careers or returning to the job market after an absence, this course is designed to help you find the right career fit for the person you are now. You will start by identifying the skills you prefer to use and matching them to new resume descriptions and potential career paths. Using the Myers Briggs Type Indicator, you will also clarify work styles and environments that are well suited to you. We’ll review local labor market information, on-line research sites and retraining resources to help you. You’ll leave with individual action steps and job search strategies that will help
you find paid or volunteer positions that will utilize your unique talents.

0657 | Tenison-Scott | KTD | AC 238
4 Thursdays 6:10–8:30pm | Oct 1-22
$79

**Cultural and Ethnic Studies**

**California Indian Studies Certificate Program**

The California Indian Studies Certificate Program was developed by College of Marin in collaboration with the Miwok Archeological Preserve of Marin (MAPOM) and the Point Reyes National Seashore.

Our goal is to promote understanding of the culture of California Native peoples, their skills and their environmental wisdom. You are welcome to enroll in just one or any number of the classes scheduled below. To find out more information about the certificate program, please call (415) 485-9305.

**Basketweaving with Julia and Lucy Parker**

In this class, with nationally renowned basket weavers Julia Parker (Coast Miwok/Pomo) and Lucy Parker (Coast Miwok/Pomo/Paiute), participants create their own traditional California basket from materials gathered with reverence and thanksgiving. Lucy and Julia offer instruction in the art and craft of creating a basket, but on a more informal level, they'll share understanding of the wisdom and practices gathered from generations of California Indian cultural experience. Materials for the class will be provided.

0665 | Parker | OFF | Point Reyes*
Saturday & Sunday 9am-4pm | Sept 19&20
$249 (MF$66)
*Kule Loklo, Pt. Reyes National Seashore

**NEW | California and Oregon Indian Baskets**

This is the introduction to the wonderful basketry of Northern California and Oregon. Students will work with actual historic Native American baskets and Ralph Shanks will share his latest findings on basketry in the region. This is a rare opportunity to understand California's oldest art and cultural activity.

Ralph Shanks is the author of the first two books in a series of three on baskets from each of the three general regions of this state and Oregon: Volume I: "Indian Baskets of Central California": Art, Culture and History (2006) and Volume II: “California Indian Baskets” (2010). Both books are recommended, and they will be available in class.

0666 | Shanks | KTD | SMN 106
Saturday 10am-1pm | Oct 17
$75

**Marin Chinese Cultural Association**

**Educational Programs**

College of Marin’s Department of Community Education, Lifelong Learning, and International Education is pleased to join with the Marin Chinese Cultural Association (MCCA) in presenting courses that promote awareness and understanding of Chinese American culture and history.

**Traditional Chinese Brush Painting**

Students will learn how to use a Chinese brush and ink to paint different animals, flowers, leaves, and bamboo. Students create their own painting after the first class, and improve their painting skills and creativity throughout the session.

0667 | Cheng | KTD | FA 301
7 Mondays 9:10–10:30am | Oct 26-Dec 7
$120 (MF $25)

**Conversational Mandarin for Beginners**

This course is designed to teach the basic skills of listening comprehension, speaking, reading, and writing in Mandarin Chinese to students with no prior background in the Chinese language.
**FREE | MCCA Advanced Mandarin**
Prerequisite: Successful completion of Conversational Mandarin for Beginners offered by College of Marin.

To register or for more information, call Emily Peng at 415.342.5224 or email misspeng.emily@gmail.com.

Meeting time: Every Monday, 5:15–7:15pm
Location: Indian Valley Campus 1800 Ignacio Blvd. Novato, CA 94949

**NOTE:** This free class is sponsored and offered by the Marin CHINE CULTURAL ASSOCIATION.

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**Drama/Stage and Screen**

**Creative Voice Acting for Video Games**
The video game market is the most lucrative consumer entertainment market on the globe. And, contrary to what many think, it is not the exclusive province of male actors. Women's voices are also in demand! If you would like to turn those voices you do for friends and family into moneymaking reality, this course is for you.

0675 | McGovern | KTD | SMN 224
2 Saturdays 10am-5pm | Sept 5 & 12
$99 (MF$2)

**Introduction to Voice Acting**
This is a chance to have time on the mic with a critique from Terry McGovern, as well as learn to everything you've ever wanted to know about the business and marketing side of being a successful voice over actor.

0676 | McGovern | KTD | SMN 224
2 Saturdays 10am-5pm | Nov 7 & 14
$99 (MF$2)
Film Appreciation

**NEW | EC** Film Appreciation: Who’s the Boss? How Do We Know?
All human relationships (families, friendships, politics, social standing) can be viewed through the lens of hierarchical struggle. Supremacy can change or oscillate in any given relationship, but people constantly jostle for power. It fascinates, disgusts and delights us. Fall 1 will look at American films on this subject. Fall 2 will provide an international perspective. Four of the films will be: *The Master* (USA 2012); *The Quiet American* (USA 2002); *Persepholis* (Iran 2007) and *Notes on a Scandal* (G.B. 2006)

0677 | Dundes | KTD | LC 53
7 Thursdays 2:10–5pm | Sept 3-Oct 15
$116 (MF $1) | EC/GC Members $97 (MF $1)

0678 | Dundes | KTD | LC 53
6 Thursdays 2:10–5pm | Oct 29-Dec 10
(No class Nov 26)
$104 (MF $1) | EC/GC Members $84 (MF $1)

**NEW | Cinema and Psyche: Fate and Destiny**
Fate and Destiny are universal motifs found in every form of storytelling, teaching us how personal story begets mythic purpose. Study, watch, and discuss six masterworks about the call of destiny and the limitations of fate. Examine layers of symbolic meaning in recurring themes: *The Two Agreements; The Blessed Wound; Eccentricity as Genius; Following The Thread; The Great Work*. Films include: *Great Expectations, Spirit of the Beehive, The Elephant Man, Rushmore, Ida.*

0679 | Ebinger | KTD | LC 53
6 Mondays 2:10–5:30pm | Sept 14-Oct 19
$115

**NEW | Cinema and Psyche: The Genius of Preston Sturges**
The first writer-director in Hollywood history, Preston Sturges churned out eight brilliant films between 1940 and 1944, then all but disappeared. Startlingly original, his eccentric comedic style combined cosmopolitan wit, sparkling social commentary, sophisticated sexuality, literate dialogue, and surprising gravitas—all punctuated by a rogues gallery of superb character actors.

Study, watch, and discuss six Sturges masterworks in depth. Explore the cinematic language of symbol, archetype, myth, and story. Serious fun for cinephiles!

0680 | Ebinger | KTD | LC 53
6 Mondays 2:10–5:30pm | Nov 2-Dec 7
$115

Financial Planning

**WiSe Up: Financial Education for Women**
This course is a financial education program for women of all ages. The class will help you gain knowledge, skills, and confidence. By the end of the class, you will have in place a road map to achieve your most important personal financial goals.

0658 | Abe | KTD | LC 53
4 Wednesdays 6:15–7:45pm | Sept 16-Oct 7
$85 (MF $8)

**Life and Retirement Planning Today**
The course is designed to teach you how to build wealth and align your money with your values to accomplish your goals in life. Whether you plan to retire in 20 years from now or have just recently retired, the information you learn in this class can deliver rewards throughout your lifetime.

Spouses can attend at no additional cost. Please come to the first class 15 minutes early if you qualify.

0822 | Hall & Malot | KTD | PE 91
2 Saturdays 9am-noon | Oct 3 & 10
$52 (MF$25)

0823 | Hall & Malot | KTD | PE 91
2 Wednesdays 6-9pm | Oct 7 & 14
$52 (MF$25)

0824 | Hall & Malot | IVC | Bldg 5 Rm 188
2 Saturdays 9am-noon | Nov 7 & 14
$52 (MF$25)

0825 | Hall & Malot | IVC | Bldg 5 Rm 188
2 Tuesdays 6-9pm | Nov 3 & 10
$52 (MF$25)
Food and Wine

Wine Tasting Fundamentals
This class will cover the basics of the process of winemaking and wine tasting. We will explore different types of wines, talk about “wine talk” and what it all really means, and some basics of food and wine pairings. Students should bring 2–3 glasses to each class and must be at least 21 years old.
0707 | Sandri | IVC | Bldg 13 Rm 226
2 Wednesdays 6:30-9pm | Sept 23 & 30
$88 (MF $13)

Home Winemaking Basics
Making wine at home is a wonderful avocation, but many people do not know where to start or what they might need to do. This class explores the basics of making wine at home, from chemistry to types of wines to common problems and sanitation issues for the home winemaker. Students should bring 2-3 glasses to each class and must be at least 21 years old.
0708 | Sandri | IVC | Bldg 13 Rm 226
1 Wednesday 6:30-9pm | Oct 14
$88 (MF $13)
0709 | Sandri | KTD | SS 111
1 Saturday 9am-3pm | Dec 5
$88 (MF $13)

NEW | Regional Wines of California
Many great wines come from Sonoma and Napa, but we have a bounty of great wines from some truly dynamic regions. This class will look at wine from – Lodi, Paso Robles, Monterey, Santa Barbara, Mendocino and other wonderful areas in California. Students should bring 2-3 glasses to each class and must be at least 21 years old.
0710 | Sandri | IVC | Bldg 13 Rm 226
2 Tuesdays 6:30-9pm | Oct 27 & Nov 3
$88 (MF $13)

Geography

NEW | EC Regional Geography Alive: Europe
Add a geographic perspective to your knowledge of Europe. Our study integrates essential physical and cultural geographic elements within this continent of ancestral origin and modern attraction to a majority of our population. The course includes thematic maps and slides of all subregions discussed.
0681 | Pometta | KTD | AC 103
7 Thursdays 1:10pm-3pm | Sept 3-Oct 15
$93 (MFS2) | EC/GC Members $73 (MFS2)

NEW | EC Regional Geography Alive: Latin America and the Caribbean (Geografía Regional: Latino America y el Caribe)
In English, with Spanish references. Our study integrates essential physical and cultural geographic elements of a magnificent region exotic to some, ancestral homeland to others. The course includes thematic maps and slides of all subregions discussed.
0682 | Pometta | KTD | AC 103
7 Tuesdays 1:10pm-3pm | Oct 27-Dec 8
$93 (MFS2) | EC/GC Members $73 (MFS2)

Health Sciences

Activity Coordinator State Certification Course
Want to work with older adults and frail elders? Register and become a qualified activity coordinator.
Activity Coordinators work in assisted living, adult day health, convalescent, day programs, and retirement communities. You will learn about resident rights, common medical disorders, leadership, group dynamics, activity programs,
cognition and dementia, rehabilitation, exercise programs, documentation, regulations, and more.

The course is taught by a Certified Recreational Therapist, Social Services Consultant, and Licensed Occupational Therapist.

Required Text: Long Term Care, 6th edition (ISBN: 1882883896) and syllabus by Elizabeth Best Martini, Mary Anne Weeks, and Priscilla Worth, are available in the Kentfield Campus Bookstore.

For more info: 415.453.6130 or betsybest@comcast.net.

0683 | Best-Martini | KTD | AC 246
14 Tues & Thur 4:10-7pm | Sept 8-Dec 15*
(No class Nov 26)
$299
*Ends on Tuesday

History

China Camp State Park: A Unique Cultural and Natural Resource
This course is an introduction to the unique local resource embodied in China Camp State Park, a popular destination for recreation and scientific research. Participants will study and experience the interwoven natural beauty and rich cultural history of China Camp, a once-thriving shrimping village established by Chinese immigrants.

EC | The Lives of Famous People
Join us in analyzing the lives of 7 people who left a strong impact on the world.
• Jean Racine (1639-1699): Historiographer of King Louis XIV, involved in the “Scandal of the Poisons”.
• George Eliot (1819-1880): English novelist, leading writer of Victorian era.
• Sarah Bernhardt (1844–1923): French actress; successful in Europe and US. Developed the reputation of serious dramatic actress.
• Jan Paderewsky (1860–1941): Polish pianist, composer and politician. His heart is interred in USA.
• Queen Maria of Romania (1875-1938): Granddaughter of Queen Victoria, wife of Ferdinand of Romania. After WWI campaigned for “Greater Romania” at Paris Peace Conference.

0685 | Harkins | IVC | Bldg 27 Rm 116
7 Tuesdays 2:10-4pm | Sept 1-Oct 13
$92 (MF $1) | EC/GC Members $72 (MF $1)
**The History of the Holy Roman Empire**

Please join us in analyzing and discussing the existence of one of the most remarkable purviews in European history, a state that was highly instrumental in the break out of the two world wars and their aftermath. The Holy Roman Empire was established in 800 AD. It had a major impact on the evolution of Europe, and its influence continued to be felt throughout the XX century. Its history helps better understand present day Europe and the European Union. The Holy Roman Empire was an attempt to revive the Western Roman Empire that was in existence between 27 BC and 476 AD. Pope Leo III created the Holy Roman Empire by the coronation of the Frankish ruler Charlemagne as Roman Emperor. In 887 it was divided between the grandchildren of Charlemagne; later encompassing present-day Germany, Netherlands, Belgium, Luxembourg, Switzerland, Austria, Czech and Slovak Republics, parts of E. France, N. Italy, Slovenia, and W. Poland. In later years, the emperors were Germans & Austrians. It was abolished by Napoleon Bonaparte in 1806 AD.

**Albion - History and Culture of the English People**

The History of England is one of the most remarkable successes of the human species: A few Saxon and Danish tribes, lost on an island nearby Europe, mixed with a few Celtic-Roman survivors, and organized by Norman adventurers; became within a few centuries the masters of a third of this planet. Starting from the times of the Saxon monarchies, the English kings always collaborated with a “Council”. This method was likewise adopted by their successors; and as such England never was ruled by an “absolute monarchy”.

Join us in discovering throughout the centuries the secret of such an astonishing fortune that prior to her time was that of Rome.

**Natural Floral Design Series: The Daily Vase**

Aside from special occasions, it’s nice to have simple flowers for every day; small little compositions for many rooms. A simple composition is as rewarding and challenging as a complex one. Many household items make fun containers. We’ll make a number of 3-5 stem arrangements in several small containers. **Students must bring containers and sturdy pruners. Instructor will give ideas for containers and provide the flowers.**

**Celebration of Fall**

It’s the season of beautiful fall color! Low containers are perfect for holiday centerpieces. Metal floral frogs are the secret for holding everything in place. **Students must bring a bouquet of store bought flowers, strong pruners and a low vase (no glass).**

Maryann will email samples of vase shapes or you can purchase one from her. Maryann will provide: Floral hardware to take home, branches and flowers not available in stores.

**Holiday Wreath Making**

Let’s make some Holiday wreaths with local greens, berries and other fun additions to create a beautiful natural wreath that is unlike any store bought wreath. After a demonstration, you’ll build one on a sturdy wire frame. **Students must bring a sturdy pair of pruners.**
Languages

Community Education modern languages teach conversation skills, emphasizing the ability to engage in everyday conversation and to handle typical situations. Each successive quarter continues to develop your ability to converse in the language. If you are unsure of your placement, call the Community Ed office at 415.485.9305, press 4 to reach a staff person and ask to have the instructor call you. Visit www.MarinCommunityEd.com to view course descriptions and recommended textbooks.

Program Timeline

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<th>SECOND YEAR LEVEL B</th>
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A = BEGINNERS, B = INTERMEDIATE, A/B = BEGINNERS/INTERMEDIATE

Course Listings and Schedule

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<td>CONVERSATIONAL FRENCH 1</td>
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<td>9/14-10/19</td>
<td>6</td>
<td>6:40-8:30PM</td>
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<td>10/26-12/27</td>
<td>7</td>
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TEXTBOOKS: WHEN THE PURCHASE OF A TEXTBOOK IS RECOMMENDED, THAT TEXT WILL BE USED FOR THE ENTIRE SERIES. COSTS OF TEXTBOOKS VARY. *EC/GC MEMBERSHIP DISCOUNTS APPLY. SKIP DATES APPLY. VISIT WWW.MARINCOMMUNITYED.COM FOR MORE DETAILS.
**Literature/ Humanities**

**EC | The Gods are Athirst by Anatole France**

The works of Anatole France, French author and Noble Prize recipient for Literature in 1921, are considered remarkable for their sophistication, wit, passion for social justice, and clarity. Join us in reading excerpts and analyzing this historical novel written by Anatole France in 1912. The novel is a masterpiece by virtue of the skill with which the writer intertwines his account of the lives of his characters with the historical events of that period during the French Revolution. The story covers the period from April 1793 until August 1794, and the young protagonist, Evariste Gamelin, who is one of the central characters of the book is a reflection of Maximilien de Robespierre, the leader of the Jacobin Party, in that period.

0688 | Harkins | KTD | AC 103
7 Mondays 2:10–4pm | Sept 14-Oct 26
$92 (MF $1) | EC/GC Members $72 (MF $1)

**EC | Three Shakespearean History Plays: Henry IV (Part One), Henry V and Richard III**

In this course, the class will study, see and discuss the three great history plays of Shakespeare’s early period; Richard III, the story of an arch villain that all Shakespearean actors desire to play, Henry IV, Part One, the play that introduces Falstaff to the theater audience, and Henry V, Shakespeare’s picture of the ideal king. We will see performances of all these plays on DVDs examine selected scenes, and discuss various aspects of these three really brilliant Shakespeare histories.

0689 | Wallace | KTD | AC 104
7 Tuesdays 1:10–3pm | Sept 1-Oct 13
$94 (MF $3) | EC/GC Members $74 (MF $3)

**NEW | EC The Wilderness Within: John Burroughs and Walt Whitman**

The unlikely friendship between John Burroughs and Walt Whitman, beginning during the Civil War, brought together a popular naturalist and an unpopular poet whose writings transformed our perceptions of the environment, politics and religion. Their radical literature and philosophy still send shockwaves—and inspiration.

Lectures and discussions will center on readings handed out in class. A course website will provide a forum for students to interact and offer links to readings and resources. No texts are required to purchase.

0690 | Highland | KTD | VS 5A
6 Thursdays 10:40am-noon | Sept 3-Oct 8
$76 | EC/GC Members $56

0691 | Highland | KTD | VS 5A
6 Thursdays 10:40am-noon | Oct 29-Dec 10
(No class Nov 26)
$76 | EC/GC Members $56

**EC | Writer’s View of the World: Ulysses**

A novel can propel us through time and space to explore cultures and experiences we would otherwise never know; great novels can embed us so profoundly inside the lived experience of these places that we come to know them not as tourists, but as permanent residents do. This quarter, we will accompany the celebrated 21st century author, E.M. Forster on his classic *Passage to India*. Then we will set forth through Japan, Chechnya, and New Guinea respectively with three exciting contemporary novelists: Julie Otsuka’s *The Buddha in the Attic*, Anthony Marra’s *A Constellation of Vital Phenomena*, and Lily King’s *Euphoria*. And of course we’ll remember to fasten our seat belts.

0692 | Kudler | KTD | VS 4
6 Thursdays 1:10–3pm | Oct 29-Dec 10
(No class Nov 26)
$85 | EC/GC Members $65
Marin Adventures

Fly Fishing 101
Join the 10% of fly fishers who catch 90% of the fish! In this class about catch-and-release fly fishing, you learn the basics: use of equipment, rigging and casting with dry flies or nymphs, and how to “read the waters” to find fish and select the appropriate flies and strategies.

0693 | Lack | KTD | VS 11
4 Thursdays 7:10-9pm | Oct 29-Dec 3
1 Saturday 8:30-10:30am | Oct 31*
2 Saturdays 8am-noon | Nov 21 & Dec 5**
(No class Nov 12, 26 & 28)
$194 (MF $6)
*Casting Practice **Field Trips

Hiking Marin Trails
Explore some of the many open spaces in our county on these four- to six-mile hikes. Along the way, we discuss plants, birds, insects, and whatever else may catch our eyes. This is not a beginning course. Participants must be in good physical condition and capable of hiking, without undue fatigue, at a 30-minute mile pace on uneven terrain with about 1000 feet of elevation gain.

0718 | Barnett | OFF (See location online)
4 Saturdays 10am-2pm | Sept 12-Oct 3
1 Saturday 10am-4pm | Oct 17
(No class Oct 10)
$100

0719 | Barnett | OFF (See location online)
5 Saturdays 10am-2pm | Oct 31-Dec 5
1 Saturday 10am-4pm | Dec 12
(No class Nov 28)
$118

NOTE: Marin Adventures courses are conducted in the field; students provide their own transportation. There may be incidental entrance fees to parks. Wear comfortable shoes and dress for weather; bring drinking water and snacks—and your binoculars! Come prepared for fun!

EC | Bird-Watching in Marin:
A Field Exploration
Learn to recognize local birds by sight or sound! This class is a field exploration of birds and birding localities of Marin County.

0711 | Hug | KTD | VS 1A
1 Tuesday 9:10am-1pm | Sept 1
4 Tue 8:30am-12:30pm | Sept 8-29*
$112 | EC/GC Members $105
*Field Trips; See Itineraries

0712 | Hug | KTD | VS 1A
1 Wednesday 9:10am-1pm | Sept 16
4 Wed 8:30am-12:30pm | Sept 23-Oct 14*
$112 | EC/GC Members $105
*Field Trips; See Itineraries

0713 | Hug | KTD | VS 1A
1 Tuesday 9:10am-1pm | Oct 27
4 Tue 8:30am-12:30pm | Nov 3-24*
$112 | EC/GC Members $105
*Field Trips; See Itineraries

EC | Meandering in Marin
If you enjoy getting exercise, socializing with a congenial group, and learning about birds, flowers, butterflies, and mushrooms, come join the Meanderers.

0714 | Dreskin | OFF (See location online)
6 Mondays 9:45am-1:45pm | Sept 14-Oct 19
$122 | EC/GC Members $103

0715 | Dreskin | OFF (See location online)
7 Tuesdays 9:45am-1:45pm | Sept 1-Oct 13
$142 | EC/GC Members $120

0716 | Dreskin | OFF (See location online)
7 Mondays 9:45am-1:45pm | Oct 26-Dec 7
$142 | EC/GC Members $120

EC | Exploring Ship Operations in the Bay
This class will provide a general overview of commercial shipping operations in the Bay. The course will include a presentation on types of ships, ship construction and manning, commercial and operational requirements of these vessels. There will also be a review of the types, locations of terminals and International, U.S. and California Regulations. A typical voyage for a tanker and container ship into the bay, on to a terminal, including cargo operations, and the vessel heading back to sea will be discussed. This class is open to adults of all ages. Come with a curious mind!

0720 | Thomas | KTD | SMN 227
Saturday 9:10-11:30am | Oct 3
$51 (MF $1) | EC/GC Members $33 (MF $1)

0721 | Thomas | KTD | SMN 227
Saturday 9:10-11:30am | Nov 14
$51 (MF $1) | EC/GC Members $33 (MF $1)

EC | Bird-Watching in Marin:
A Field Exploration
Learn to recognize local birds by sight or sound! This class is a field exploration of birds and birding localities of Marin County.

0711 | Hug | KTD | VS 1A
1 Tuesday 9:10am-1pm | Sept 1
4 Tue 8:30am-12:30pm | Sept 8-29*
$112 | EC/GC Members $105
*Field Trips; See Itineraries

0712 | Hug | KTD | VS 1A
1 Wednesday 9:10am-1pm | Sept 16
4 Wed 8:30am-12:30pm | Sept 23-Oct 14*
$112 | EC/GC Members $105
*Field Trips; See Itineraries

0713 | Hug | KTD | VS 1A
1 Tuesday 9:10am-1pm | Oct 27
4 Tue 8:30am-12:30pm | Nov 3-24*
$112 | EC/GC Members $105
*Field Trips; See Itineraries

EC | Meandering in Marin
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0714 | Dreskin | OFF (See location online)
6 Mondays 9:45am-1:45pm | Sept 14-Oct 19
$122 | EC/GC Members $103

0715 | Dreskin | OFF (See location online)
7 Tuesdays 9:45am-1:45pm | Sept 1-Oct 13
$142 | EC/GC Members $120

0716 | Dreskin | OFF (See location online)
7 Mondays 9:45am-1:45pm | Oct 26-Dec 7
$142 | EC/GC Members $120

0717 | Dreskin | OFF (See location online)
7 Tuesdays 9:45am-1:45pm | Oct 27-Dec 8
$142 | EC/GC Members $120

EC | Exploring Ship Operations in the Bay
This class will provide a general overview of commercial shipping operations in the Bay. The course will include a presentation on types of ships, ship construction and manning, commercial and operational requirements of these vessels. There will also be a review of the types, locations of terminals and International, U.S. and California Regulations. A typical voyage for a tanker and container ship into the bay, on to a terminal, including cargo operations, and the vessel heading back to sea will be discussed. This class is open to adults of all ages. Come with a curious mind!

0720 | Thomas | KTD | SMN 227
Saturday 9:10-11:30am | Oct 3
$51 (MF $1) | EC/GC Members $33 (MF $1)

0721 | Thomas | KTD | SMN 227
Saturday 9:10-11:30am | Nov 14
$51 (MF $1) | EC/GC Members $33 (MF $1)

NOTE: Marin Adventures courses are conducted in the field; students provide their own transportation. There may be incidental entrance fees to parks. Wear comfortable shoes and dress for weather; bring drinking water and snacks—and your binoculars! Come prepared for fun!
Music

Rock ‘n’ Roll
In this two-part, 14-week class, we investigate the evolution of rock music from 1955 to 1980, starting from its roots in rhythm & blues and country, and moving through the explosion of soul music, the British Invasion, folk-rock, and psychedelia in the 1960s, as well as the progressive rock, hard rock, funk, punk, and new wave of the 1970s. Through both common and rare audio recordings and video clips, the rapid development of rock’s key styles throughout its first quarter century are brought to life and explored in depth. The course also details how rock’s phenomenal growth was sparked by economic and cultural changes in American and British society, and how rock in turn changed society forever.

1955-1967
0722 | Unterberger | KTD | LC 53
7 Tuesdays 7:10–9pm | Sept 1-Oct 13
$94 (MF $3)

1967-1980
0723 | Unterberger | KTD | LC 53
7 Tuesdays 7:10–9pm | Oct 27-Dec 8
$94 (MF $3)

Piano Classes for Beginners to Advanced
Four different levels of piano instruction in both classical and popular music (chords and melody) are offered in a relaxed, supportive and friendly environment. See online schedule for details about the different class levels. If you are unsure about your placement, visit MarinCommunityEd.com for the full course description. Early registration is strongly recommended.

0724 | Bauman | KTD | PA 188
7 Tue & Thu 6:10–9pm | Sept 1-Oct 15
$90

0725 | Bauman | KTD | PA 188
7 Tue & 6 Thu 6:10–9pm | Oct 27-Dec 10
(No class Nov 26)
$83

NEW | EC The Singer-Songwriters of the Sixties-Seventies Part 2
As opposed to contemporary pop music singers who write or co-write their own songs, the term singer-songwriter describes a distinct form of artistry. This class is a continuation of the first discussion comparing the unique styles of Judy Collins, Johnny Cash, Barry Manilow, Neil Diamond, Smokey Robinson, Marvin Gaye, Carpenters and others with live music and video.

0726 | Frohmader | KTD | PA 178
4 Saturdays 10:10am-noon | Sept 12-Oct 3
$65 | EC/GC Members $47

NEW | EC Film Score Composers
A film score (also sometimes called film music, background music, or incidental music) is original music written specifically to accompany a film. The creative process includes spotting, syncing, writing, orchestration, and recording. This process will be part of the discussion when listening to the music of the following film composers: Alfred Newman ("Anne Frank", "Airport"), Max Steiner ("King Kong"), Henry Mancini ("Breakfast at Tiffany’s", "Pink Panther") and many more!

0727 | Frohmader | KTD | PA 178
4 Saturdays 10:10am-noon | Oct 31-Nov 21
$65 | EC/GC Members $47

Piano Duet
Playing piano duets is one of the most thrilling musical experiences. Combining your intermediate (or higher) classical piano skills with another pianist on one or two pianos while exploring the music of the great masters brings an enormous sense of communication and accomplishment.

Music for two pianos for two or more pianists will be studied in this nine week class with an optional performance. Repertoire suitable for the intermediate to advanced pianist will be studied and you need not have a partner to join the class. Please contact the instructor, Paul Smith — pianosmith@aol.com for repertoire suggestions or to arrange an interview.

0728 | Smith | KTD | PA 75
8 Mondays 12:10-2pm | Sept 21-Nov 9
$97
**EC | Chorus Emeritus**
If you like to sing or think you would like to sing, come and join the Chorus Emeritus! The music is fun, encompassing diverse styles and eras. The instructor will collect $25 materials fee to cover the cost of music.

0729 | Paul | KTD | PA 72
7 Thursdays 2:50-4:40pm | Sept 3-Oct 15
$91 | EC/GC Members FREE
(Sponsored by Haddie Emeritus College Fund)

0730 | Paul | KTD | PA 72
6 Thursdays 2:50-4:40pm | Oct 29-Dec 10
(No class Nov 26)
$85 | EC/GC Members FREE
(Sponsored by Haddie Emeritus College Fund)

**Contemporary Vocal Technique for Jazz and Pop Singers**
Learn how to use and maintain a healthy voice while singing with ease through the breaks in your range. The class includes vocal exercises, breath control, relaxation, control of vibrato, ear training, vowel production, group and individual singing with application of technique to songs. A fun and supportive class for all levels.

0731 | Daria | KTD | PA177
5 Saturdays 10am–noon | Sept 5-Oct 10
(No class Sept 26)
$107

**EC | Russian Music: Historical Masterpieces**
This class will focus on masterpieces of the Russian Music in historical performances by the world famous artists from Russia. Learn more about Russian music and enjoy performances by Russian Opera and Ballet theatres, orchestras and soloists, such as Rachmaninov, Richter, Rostropovich, Kisin and more!

0732 | Vereshagin | KTD | PA 72
7 Fridays 12:10-1:30pm | Sept 4-Oct 16
$82 | EC/GC Members $78

0733 | Vereshagin | KTD | PA 72
6 Fridays 12:10-1:30pm | Oct 30-Dec 11
(No class Nov 27)
$76 | EC/GC Members $64

**EC | Marin Men’s Chorus**
Open to all men who want to sing, regardless of residence. Repertoire is primarily popular standards.

0734 | Allee | OFF | St. Stephen’s Church*
7 Tuesdays 7-9pm | Sept 1-Oct 13
$91 | EC/GC Members $48
*3 Bayview Ave., Belvedere

0735 | Allee | OFF | St. Stephen’s Church*
7 Tuesdays 7-9pm | Oct 27-Dec 8
$91 | EC/GC Members $48
*3 Bayview Ave., Belvedere

**Beginning Folk and Blues Harmonica**
Breathing is our foundation as we take simple folk and pop melodies and rhythms and invigorate them with easy but powerful techniques to make any song deeply expressive! We then dive into the blues and learn the many tricks and techniques to make the harmonica cry, laugh, moan and wail to get you jammin’.
Both puckering and tongue blocking

**CONVERSATIONAL ITALIAN**
Ilia Salomone-Smith

Ilia received an M.Ph. and M.A. in Italian Literature from Columbia University and studied at the Universita’ degli Studi di Firenze (Florence). Ilia brings many years of experience in teaching with passion and energy as she creates a comfortable, non-judgmental environment which enhances learning. She has been teaching at the College of Marin since 2006. See her classes on page 15.
Parenting

Foster and Kinship Care Education Program
Patty Cala, Program Director
This program deals with all aspects of becoming a foster or adoptive parent. Special programs are designed for grandparents and other relatives caring for children. Call Patty Cala at 415.457.8811, ext. 8239, for more information.

Personal Enrichment

EC | In Your Own Hands: A Course In Self-Empowerment
Self-efficacy and self-empowerment are powerful catalysts for success, health, and wellbeing. Self-empowerment is the process of becoming stronger and leads to self-efficacy, which is the belief that you can successfully meet the challenges in your life. Acquisition of these attributes will dramatically reduce your stress level. Supportive group discussions will help you live according to your values and goals. Mind-body practices are taught, which lead to mindfully living a physically grounded, resilient, and balanced way of life. This course has helped participants let go of self-criticism and perfectionistic self-demands. The instructor is the author of the book: In Your Own Hands: New Hope for People with Chronic Medical Conditions—Mindfulness-Based Practices for Mastery and Wellbeing.

EC | Mikkyo Zen: How to Live in the Present Moment
Through the practice of Mikkyo Zen, students will seek how best to live in the present moment with less stress and less manifestations of the “Three Poisons (Anger, Craving and Ignorance),” which in turn cause all suffering. Lectures and discussions will focus on the basic tenets of Buddhism and will be taught through the guidance of an ordained monk.

Each week, basic teaching with a specific theme will be provided in the class to support students with future steps of self-exploration.

EC | Visual Journaling: Self-Discovery through Creative Play
This mixed media class is for those who wish to discover a window into your inner life and free your creative voice. Play with an assortment of art materials and writing exercises in a supportive, non-judgmental environment to create a visual journal. No art/writing experience required!

Please bring a blank sketchbook to class. See anniedanberg.com/journal-supplies.

E-mail connecting@anniedanberg.com for questions.
Photography

Basic Photography
This course covers the basics: camera types, lenses, filters, depth of field, metering, exposure control, and tripods. We also discuss digital formats, the camera’s menus, and what all the various choices mean. Bring an adjustable camera to class each week. This class is beyond simple point and shoot cameras. Darkroom work will NOT be discussed.

0696 | Manwaring | IVC | Bldg 7 Rm 192
4 Wednesdays 7:10-10pm | Sept 9-30
Saturday 8am-4pm | Sept 19
Saturday 2-10pm | Sept 26*
$124 (MF $2)
* Field trip and classroom sessions with two hour break between each

Introduction to Up and Rolling with Adobe Photoshop Lightroom
Discover how Lightroom will increase your efficiency and precision allowing you to have more time shooting and less time at the computer! You’ll develop a solid foundation for downloading, organizing, and backing up your images, and then enhancing them with dramatic and subtle adjustments using the Develop module’s sophisticated tools. Finally, you’ll learn to present your images through books, slideshows, prints, and more!
Students must bring their own laptop.

0697 | Thaler | KTD | SMN 215
3 Tues & Thurs 7:10–9:30pm | Oct 15-29
$66 (MF $3)

Using Your Smartphone to Capture the World around You
Learn to improve your photography skills, regardless of what smartphone you use. Expand your photography skills with an array of special apps available to enhance your images, capture panoramic vistas, and display the rich detail in the extreme lights and darks of your photos usually lost with most conventional smartphone camera apps. You’ll need a smart phone camera and patience to explore, practice, and play. Emphasis will be on the iPhone, although photography principles apply to all smartphones.

0759 | Attardi | KTD | VS6
7 Tue & Thu 12:10-1pm | Sept 1-Oct 15
$90 (MF$1) | EC/GC Members $70 (MF $1)
0760 | Attardi | IVC | Bldg 15 Rm 170
6 Mon & Wed 10:40-11:30am | Sept 2-Oct 14*
(No class Sept 7)
$84 (MF$1) | EC/GC Members $64 (MF $1)
*Starts on Wednesday

Underwater Hockey
Learn and practice the basic skills of Underwater Hockey (UWH) in a structured 7-session course! Underwater Hockey is a fast, action-packed (non-contact) sport played on the bottom of a pool by teams of 6 players with masks, snorkels, fins and short sticks. Players move the puck by pushing it or passing it, trying to get the puck into the opposing team’s goal.
Students must have the ability to swim. Contact instructor at jszvanut@gmail.com.

0763 | Zvanut | KTD | Pool
7 Wednesdays 7:30-9:30pm | Sept 2-Oct 14
$113 (MF/SF $23)

Physical Fitness

EC | Restore and Improve Your Balance
Learn how balance works, why your balance may be deteriorating, and how you can safely implement very simple exercises to train your balance. Improve your stability and prevent falls, regain your confidence and independence. Please bring water and any one or two pound weights you may already have to class.

0759 | Attardi | KTD | VS6
7 Tue & Thu 12:10-1pm | Sept 1-Oct 15
$90 (MF$1) | EC/GC Members $70 (MF $1)
0760 | Attardi | IVC | Bldg 15 Rm 170
6 Mon & Wed 10:40-11:30am | Sept 2-Oct 14*
(No class Nov 11)
$87 (MF$1) | EC/GC Members $67 (MF $1)
*Starts on Wednesday

Underwater Hockey
Learn and practice the basic skills of Underwater Hockey (UWH) in a structured 7-session course! Underwater Hockey is a fast, action-packed (non-contact) sport played on the bottom of a pool by teams of 6 players with masks, snorkels, fins and short sticks. Players move the puck by pushing it or passing it, trying to get the puck into the opposing team’s goal.
Students must have the ability to swim. Contact instructor at jszvanut@gmail.com.

0763 | Zvanut | KTD | Pool
7 Wednesdays 7:30-9:30pm | Sept 2-Oct 14
$113 (MF/SF $23)
NEW | World Dance
World Dance is a dance-fitness class designed to make you ‘travel’ while you sweat! With these authentic global dance movements & easy fitness routines, we will travel a one-way ticket from Bollywood to Flamenco to Celtic to Disco then on to Cuba and Brazil - all in one class! Whatever your goals, these energetic, vibrant moves will strengthen your core, improve flexibility and breath, help reduce stress or just make you feel terrific. All are welcome to experience many of the amazing cultures of happy music and rhythms that the world has to offer.

0765 | Quinn | KTD | VS 6
5 Mondays 6:40–8pm | Sept 14-Oct 12
$63

0766 | Quinn | KTD | VS 6
6 Mondays 6:40–8pm | Oct 26-Dec 7
$74

EC | The Feldenkrais Method for the Active Older Adult
The Feldenkrais Method uses gentle, pleasurable movement to produce powerful changes that help people look and feel better, moving with more confidence, coordination, and balance. To participate in this class it is necessary to be able to raise and lower yourself from the floor.

0767 | Binnings | KTD | PE 60
7 Wednesdays 12:40-2pm | Sept 2-Oct 14
$80 | EC/GC Members FREE
(Sponsored by Haddie Emeritus College Fund)

0768 | Binnings | KTD | PE 60
6 Wednesdays 12:40-2pm | Oct 28-Dec 9
(No class Nov 11)
$74 | EC/GC Members FREE
(Sponsored by Haddie Emeritus College Fund)

EC | Transformational Feldenkrais Movements *
Learn how The Feldenkrais Method™ can help you improve your functioning, balance, flexibility, coordination, posture, and sense of well-being. You must be able to lower and raise yourself from the floor independently. These lessons increase the capacity for easier and more effective movement in everyday activities as well as restoring functioning due to injuries, aging or trauma.

0769 | Friedman | KTD | VS 6
7 Thursdays 1:10-2pm | Sept 3-Oct 15
$60 | EC/GC Members $43

0770 | Friedman | KTD | VS 6
6 Thursdays 1:10-2pm | Oct 29-Dec 10
(No class Nov 26)
$57 | EC/GC Members $40

EC | Movement and Music for the Older Adult: A Universal Language
This class is created for older persons who have not been exercising regularly, or have arthritis related problems. It moves at a moderate, comfortable (yet progressively challenging) pace to meet individual needs. Chair exercises (to tone both upper and lower body muscles) will comprise a portion of the class. Also included: joint flexibility, muscle strengthening, balance, breathing coordination, and modified Tai Chi movements, combined with relaxing music, conducive to reducing stress.

0771 | Hain | OFF | Whistlestop*
5 Mondays 11am–noon | Sept 14-Oct 12
$54 | EC/GC Members FREE
(Sponsored by Haddie Emeritus College Fund)
* 930 Tamalpais Ave., San Rafael

0772 | Hain | OFF | Whistlestop*
6 Mondays 11am–noon | Oct 26-Dec 7
(No class Nov 9)
$57 | EC/GC Members FREE
(Sponsored by Haddie Emeritus College Fund)
* 930 Tamalpais Ave., San Rafael
Yoga for Every Body, Yoga for Every Mind
Practice Iyengar yoga postures with attention to the connection of mind, spirit, and breath. Increasing flexibility and strength restores the body’s freedom of movement and alignment. If you are new to yoga or registering for the Intermediate class for the first time, contact the instructor before registering at susyoga2@gmail.com or 415.388.1549.

BEGINNERS
0773 | Stewart | KTD | PE 60
6 Saturdays 10-11:30am | Sept 12-Oct 17
$74

0774 | Stewart | KTD | PE 60
6 Saturdays 10-11:30am | Oct 31-Dec 12
(No class Nov 28)
$74

INTERMEDIATE
0775 | Stewart | KTD | PE 60
6 Saturdays 8-9:45am | Sept 12-Oct 17
$80

0776 | Stewart | KTD | PE 60
6 Saturdays 8-9:45am | Oct 31-Dec 12
(No class Nov 28)
$80

EC | Gentle Yoga
Gentle Yoga is adapted for all levels and will benefit beginner to advanced students. Starting with a review of foundations at an easy pace, you will learn basic poses, including principles of movement and posture, relaxation, breathing techniques, meditation, and proper alignment to better your overall health and well-being.

0777 | Elston | IVC | Bldg 15 Rm 170
6 Tuesdays 9:30-10:30am | Sept 1-Oct 13
(No class Sept 15)
$57 | EC/GC Members $40

0778 | Elston | IVC | Bldg 15 Rm 170
6 Tuesdays 9:30-10:30am | Oct 27-Dec 1
$57 | EC/GC Members $40

Introduction to Pilates
We focus on deep breathing while strengthening the core muscles of the trunk of the body, allowing the limbs to move more freely and in proper alignment.

0779 | Laws | KTD | VS 6
7 Tuesdays 10:10-11am | Sept 1-Oct 13
$60

0780 | Laws | KTD | VS 6
7 Tuesdays 10:10-11am | Oct 27-Dec 8
$60

Cardio Pilates
A fun, fat-burning workout that develops cardio endurance, deep core strength, and flexibility.

0781 | Laws | KTD | VS 6
7 Tuesdays 11:10am-noon | Sept 1-Oct 13
$60

0782 | Laws | KTD | VS 6
7 Tuesdays 11:10am-noon | Oct 27-Dec 8
$60

EC | Wild Goose Qigong
Wild Goose Qigong is an ancient practice, 1700 years old. Throughout the year, we will learn a lovely set of 64 flowing movements that imitate the daily activities of the wild goose, a bird much venerated in China. Warm-up stretches, self-massage of acupressure points, and meditation are included in this daily routine of self-care.

0783 | Govrin | KTD | PE 60
7 Fridays 10:40am-noon | Sept 4-Oct 16
$81 (MF$1) | EC/GC Members $67 (MF$1)

0784 | Govrin | IVC | Bldg 15 Rm 170
7 Tuesdays 2:10-3:30pm | Sept 1-Oct 13
$81 (MF$1) | EC/GC Members $67 (MF$1)

0785 | Govrin | KTD | PE 60
6 Fridays 10:40am-noon | Oct 30-Dec 11
(No class Nov 27)
$75 (MF$1) | EC/GC Members $51 (MF$1)

0786 | Govrin | IVC | Bldg 15 Rm 170
7 Tuesdays 2:10-3:30pm | Oct 27-Dec 8
$81 (MF$1) | EC/GC Members $67 (MF$1)

EC | Advanced Wild Goose Qigong
In this Advanced class, we will learn the second Set of 64 movements of the Wild Goose series. Warm-up stretches, self-massage of acupressure points, and meditation are included in this daily routine of self-care. Knowledge and memory of first Set of 64 movements is required.

0787 | Govrin | KTD | PE 60
7 Fridays 12:40-2pm | Sept 4-Oct 16
$81 (MF$1) | EC/GC Members $67 (MF$1)

0788 | Govrin | KTD | PE 60
6 Fridays 12:40-2pm | Oct 30-Dec 11
(No class Nov 27)
$75 (MF$1) | EC/GC Members $51 (MF$1)
**EC | Wisdom Healing Qigong**
Through movement, visualization, sound, breathing, and conscious intention to cultivate energy for health, well-being, and self-healing, the ancient practice of Wisdom Healing (Zhening) Qigong strengthens the body, reduces stress, heals disease, activates more life energy, enhances mental clarity and emotional stability.

0789 | Govrin | IVC | Bldg 15 Rm 170
7 Thursdays 2:10-3:30pm | Sept 3-Oct 15
$81 (MF$1) | EC/GC Members $67 (MF$1)

0790 | Govrin | IVC | Bldg 15 Rm 170
6 Thursdays 2:10-3:30pm | Oct 29-Dec 10
(No class Nov 26)
$81 (MF$1) | EC/GC Members $67 (MF$1)

**EC | Energy Warm-Ups for the Active Older Adult**
A gentle, yet effective stretching and strengthening class for active adults which uses non-strenuous movement to increase flexibility, mobility, and range of motion with special attention paid to improving balance. Classes include a few minutes of light weight training, important for increasing upper body strength, as well as breath and relaxation techniques which aid in reducing stress and increasing positive feelings of well-being.

0791 | Riswold | KTD | VS 6
7 Tue & Fri 9:10-10am | Sept 1-Oct 16
$89 | EC/GC Members $69

0792 | Riswold | KTD | VS 6
7 Tue & Fri 9:10-10am | Oct 27-Dec 11
(No class Nov 27)
$86 | EC/GC Members $66

**EC | Joy of Tai Chi**
Tai Chi combines the flow of dance with stretching movements that tone and trim the body and improve circulation, balance, and vitality. The course is open to adults of all ages.

**BEGINNERS**
0793 | Rolston | KTD | PE 60
6 Mondays 3:40-5pm | Sept 14-Oct 19
$75 (MF$1) | EC/GC Members $55 (MF $)

0794 | Rolston | KTD | PE 60
7 Mondays 3:40-5pm | Oct 26-Dec 7
$81 (MF$1) | EC/GC Members $61 (MF $1)

**INTERMEDIATE/ADVANCED**
0795 | Rolston | KTD | VS 6
7 Wednesdays 10:45am-12:15 | Sept 2-Oct 14
$80 | EC/GC Members FREE
(Sponsored by Haddie Emeritus College Fund)

0796 | Rolston | KTD | VS 6
6 Wednesdays 10:45am-12:15 | Oct 28-Dec 9
(No class Nov 11)
$74 | EC/GC Members FREE
(Sponsored by Haddie Emeritus College Fund)

**Joy of Tennis**
Joy of Tennis eliminates the biggest obstacle to learning this challenging sport—competition. Playing competitively before developing competence in the basic skills, which is how we all have learned, inhibits performance, limits potential, undermines self-esteem, and diminishes enjoyment. Begin undoing those past limitations ingrained from the competitive learning system. Joy of Tennis is a great workout—physically, mentally, and emotionally. You’ll have more fun than you ever thought possible! The nurturing, supportive environment enables you to be your best, on and off the court.

For Intermediate 1 and 2 classes: Students not previously enrolled in a Joy of Tennis class must get permission from the instructor, Brent Zeller, before enrolling. Call 415.717.5446 or e-mail effortlesstennis@comcast.net.

**BEGINNING**
0797 | Zeller | KTD | Tennis Courts
12 Tuesdays 9:40-11am | Sept 1-Nov 17
$182 (MF$8)

**INTERMEDIATE 1**
0798 | Zeller | KTD | Tennis Courts
12 Thursdays 9:40-11am | Sept 3-Nov 19
$182 (MF$8)

**INTERMEDIATE 2**
0799 | Zeller | KTD | Tennis Courts
11 Wednesdays 9:10-11am | Sept 2-Nov 18
(No class Nov 11)
$221 (MF$8)

**Northern Shaolin Kung Fu**
Get in the best shape of your life! Northern Shaolin is the famous kicking style of Kung Fu. Northern Shaolin is famous for its high kicks, long stances, bold leaps, powerful strikes and practical defenses. Build the strength and flexibility of your upper body, core, and legs. Get

**BEGINNERS**
0793 | Rolston | KTD | PE 60
6 Mondays 3:40-5pm | Sept 14-Oct 19
$75 (MF$1) | EC/GC Members $55 (MF $)

0794 | Rolston | KTD | PE 60
7 Mondays 3:40-5pm | Oct 26-Dec 7
$81 (MF$1) | EC/GC Members $61 (MF $1)
ripped and ready to be the star of your own action movie! Beginners welcome!!!

0800 | Jensen | IVC | Bldg 15 Rm 170
6 Mon & Wed 7:10–8:30pm | Sept 14-Oct 21
$128

0801 | Jensen | IVC | Bldg 15 Rm 170
7 Mon & 5 Wed 7:10–8:30pm | Oct 26-Dec 7*
(No class Nov 11)
$128
*Ends on Monday

EC | Strength, Flexibility, Balance, and Agility Training for Adults and Older Adults
This beginner/intermediate class is designed for you to get stronger and more flexible along with improving your posture, balance, and response time.

0802 | Best-Martini | KTD | PE 50
7 Wed & Fri 7:30–9am | Sept 2-Oct 16
$113 | EC/GC Members $94
0803 | Best-Martini | KTD | PE 50
6 Wed & Fri 7:30–9am | Oct 28-Dec 11
(No class Nov 11&27)
$101 | EC/GC Members $81

EC | Strength and Fitness Training
Improve your quality of life, prevent—or even reverse—typical trends of aging, and have fun along the way. For adults of all ages. This class provides sensible and safe exercises for improving your strength, cardio–respiratory endurance, flexibility, body composition, posture, and balance. The instructors help you with a personalized and independent fitness program to meet your individual needs and goals. Contact Hazel@StridebyStride.com or call Jim Owens at 415-827-3987 to learn more about the class.

0804 | Wood & Owens | KTD | PE 20/50
7 Tue & Thu 7–8:45am | Sept 1-Oct 15
$125 | EC/GC Members $99
0805 | Wood & Owens | KTD | PE 20/50
7 Tue & 6 Thu 7–8:45am | Oct 27-Dec 10
(No class Nov 26)
$119 | EC/GC Members $100

EC | Zumba® Gold I
Join the Party! Zumba®Gold is a fusion of Latin and other international music and dance that creates a dynamic, exciting, and effective total body workout, specifically designed for active older adults, including those who have tried Zumba and would like a similar experience with lower impact and intensity, and/or those just beginning their journey to a fit and healthy lifestyle and can be modified for individuals who use a chair. Zumba Gold I is a beginning class.

0806 | Scranton | KTD | PE 60
7 Tue & Thu 2:10–3pm | Sept 1-Oct 15
$89 | EC/GC Members $69
0807 | Scranton | KTD | PE 60
7 Tue & 6 Thu 2:10–3pm | Oct 27-Dec 10
(No class Nov 26)
$86 | EC/GC Members $66

EC | Zumba® Gold with Toning
Zumba®Gold with Toning offers easy-to-follow dance-fitness choreographies to Latin and other international music, redefining total body workout. Using Zumba® Toning Sticks, this course is tailored for active older adults; individuals beginning their journeys to a fit and healthy lifestyle; and can be modified for individuals who use a chair. This class offers optional use of 1 - 2.5 pound Zumba® Toning sticks in the latter portion of the class for those students who want to focus on muscle conditioning. (Instruction on basic strength training safety will be discussed prior to toning.)

0808 | Scranton | IVC | Bldg 15 Rm170
6 Mon & Wed 3:40–4:30pm | Sept 9-Oct 19*
$83 | EC/GC Members $63
*Starts on Wednesday, Ends on Monday
0809 | Scranton | IVC | Bldg 15 Rm170
7 Mon & 6 Wed 3:40–4:30pm | Oct 26-Dec 9
(No class Nov 11)
$86 | EC/GC Members $66

EC | Zumba® Gold II with Toning
Zumba®Gold II is designed for students who have either attended at least two sessions of Zumba®Gold I, have dance experience and are comfortable moving at a more challenging pace or have discussed their enrollment with the instructor.

0810 | Scranton | KTD | PE 60
7 Tue & Thu 3:10–4pm | Sept 1-Oct 15
$89 | EC/GC Members $69
0811 | Scranton | KTD | PE 60
7 Tue & Thu 3:10–4pm | Oct 27-Dec 15*
(No class Nov 26)
$89 | EC/GC Members $69
*Ends on Tuesday
Wado Ki Kai Karate
The class is open to everyone interested in learning martial arts techniques; there are no prerequisites. Building self-confidence, integrity, humility, physical strength, coordination, agility, and a powerful sense of awareness are all attributes to this class.

0812 | Baker | KTD | PE 60
6 Mon & 7 Wed 6:40-8pm | Sept 9-Oct 21*
$119
*Starts on Wednesday

0813 | Baker | KTD | PE 60
7 Mon & 6 Wed 6:40-8pm | Oct 26-Dec 9
(No class Nov 11)
$119

Self-Defense for Women
The class format is designed for women and will include the special obstacles they face in a hostile environment, including addressing societal conditioning to “be nice” rather than trust their instincts when sensing danger and then setting the necessary strong boundaries and moving quickly to get to safety. This class will cover awareness, body language, verbal and physical techniques and strategies needed to preserve safety in hostile or dangerous situations. See online schedule for more information.

0814 | Baker | KTD | VS 6
7 Wednesdays 4:10-5:30pm | Sept 2-Oct 14
$80

0815 | Baker | KTD | VS 6
6 Wednesdays 4:10-5:30pm | Oct 28-Dec 9
(No class Nov 11)
$74

Boxing for Fitness
Train in the art of boxing, and feel healthier and more alive! This fitness class is suitable for any reasonably active adult. It offers a workout that builds strength and endurance and helps you to lose weight. Using boxing skills and drills, you increase your muscular and cardio endurance and engage your core. Both the upper and lower body are toned and strengthened. Exercises are tailored to student’s level of fitness. One-on-one training and style development as time allows.

0816 | Green | KTD | PE 60
7 Tue & Thu 6:40-8pm | Sept 1-Oct 15
$113

0817 | Green | KTD | PE 60
7 Tue & 6 Thu 6:40-8pm | Oct 27-Dec 10
(No class Nov 26)
$110

NOTE: This is a movement class and there is NO CONTACT involved.

EC | Aqua Exercise for Older Adults
The purpose of this tranquil class is to experience gentle, health-providing exercises in a relaxing medium: the water. You must be able to get in and out of the pool on your own. No assistance is available.

0818 | Robles | KTD | Pool
6 Mon & 7 Wed 9:40-11am | Sept 2-Oct 19*
7 Fridays 10:40am-noon
(No class Sept 7)
$148 | EC/GC Members FREE
(Sponsored by Haddie Emeritus College Fund)
*Starts on Wednesday; Ends on Monday

0819 | Robles | IVC | Bldg 21 Pool
7 Tue & Thu 9:10-10:30am | Sept 1-Oct 16
7 Fridays 2:10-3:30pm
$154 | EC/GC Members FREE
(Sponsored by Haddie Emeritus College Fund)

0820 | Robles | KTD | Pool
7 Mon & 6 Wed 9:40-11am | Oct 26-Dec 11
6 Fridays 10:40am-noon
(No class Nov 11 & 27)
$145 | EC/GC Members FREE
(Sponsored by Haddie Emeritus College Fund)

0821 | Robles | IVC | Bldg 21 Pool
7 Tue & 6 Thu 9:10-10:30am | Oct 27-Dec 11
6 Fridays 2:10-3:30pm
(No class Nov 26 & 27)
$145 | EC/GC Members FREE
(Sponsored by Haddie Emeritus College Fund)

NOTE: Please check with your physician before you register for any physical fitness classes. If you have any questions about the level of difficulty of the class, please call 415.485.9055, press 4 to reach a staff person, and ask to leave a message for the instructor. Please see our Refund Policy at www.MarinCommunityEd.com.
Writing

**EC | Tales Told from Memory**

Memoir has become one of the hottest genres of the current literary scene. This writing workshop will help you retrieve your own remembered experience and shape it into story. Each session, we study and discuss the work of veteran memoir writers for insights into the crafting of personal narrative. The stories we then write draw upon lessons learned from literature, as well as weekly instructor and class feedback.

0699 | Kudler | KTD | VS 4
7 Mondays 1:10–3pm | Oct 26-Dec 7
$91 (MF $1) | EC/GC Members $71

**EC | Elements of Creative Writing**

“There are three rules for writing well. Unfortunately, no one knows what they are.”

Somerset Maugham

Not to worry. There are tried and true elements to the art of writing; this workshop will tell you what they are. Whether you’re just beginning or have been at it awhile, your work will receive thoughtful critiques in a fun, supportive atmosphere. The class is open to writers of all ages and to all genres. Each class begins with a short piece by a notable author and a brief discussion. Helpful prompts are always available.

0700 | Centolella | OFF | Redwoods*
7 Mondays 5:30–8:30pm | Sept 14- Oct 26
$115 | EC/GC Members $96
*40 Camino Alto, Mill Valley

0701 | Centolella | OFF | Redwoods*
7 Mondays 5:30–8:30pm | Nov 2-Dec 14
$115 | EC/GC Members $96
*40 Camino Alto, Mill Valley

**EC | The Poetic Pilgrimage: Poem Making As Spiritual Practice**

As we rush through our days, the urge to center ourselves in something deep and sustaining intensifies. Writing poetry not only serves this urge but shares many similarities to traditional spiritual paths: focus on presence, deep listening, sincere truth-telling, and the surrender to something beyond ourselves.

This Fall, in tune with the season, we will allow uncertainty to guide us as we write poems that are wilder, deeper, and more true. As always, we will welcome the unexpected into our work and read and write to our hearts’ content. All experience-levels and styles welcome.

Fall 1 Theme: Embracing Uncertainty

0702 | Sereno | KTD | AC 101
5 Tuesdays 2:10–4:30pm | Sept 1-Oct 20
(No class Sept 22 & 29 or Oct 6)
$85 (MF$2) | EC/GC Members $ (MF $2)

Fall 2 Theme: Celebrating What’s Wild

0703 | Sereno | KTD | AC 101
7 Tuesdays 2:10–4:30pm | Oct 27-Dec 8
$115 (MF$2) | EC/GC Members $85 (MF $2)
EC | The Pleasures of the Poem: Creating and Enjoying Poetry
Poetry writing offers myriad pleasures: beauty, exploration, stimulation, validation, heightened self-expression, and more. In this class, we explore the pleasures of poetry from the poet's perspective. Each week we will briefly examine one of the primary elements of poetic craft: meaning, form, voice, imagery, and sound, as exemplified in the writings of a contemporary poet. Then, in a supportive workshop format, we will present, listen to, read, and discuss each other's poems and poetic vision.


0704 | Galiani | KTD | AC 101
7 Tuesdays 2:10-4:30pm | Sept 1-Oct 13
$94 (MF $3) | EC/GC Members $74 (MF $3)

EC | WRITE ON! Workshop: Creative Writing that Nurtures Well-Being through Self-Expression
We write to reveal ourselves to ourselves and to others. WRITE ON! creates a nonjudgmental context where a person's deeper truths are uncovered and may be shared. See online schedule for topics.

0705 | Rovin | KTD | FA 201
6 Saturdays 2:10-4pm | Sept 12-Oct 17
$85 | EC/GC Members $65

0706 | Rovin | KTD | FA 201
6 Saturdays 2:10-4pm | Oct 31-Dec 12
(No class Nov 28)
$85 | EC/GC Members $65
Emeritus Students College of Marin (ESCOM) is a student organization for Marin’s mature adults. Join ESCOM, established in 1974, and discover a world of opportunity to support lifelong learning and network with like-minded individuals. Members are from all social and educational backgrounds.

**PLEASE VISIT** the Emeritus Center on the Kentfield Campus or Emeritus North on the Indian Valley Campus. Both centers offer a lounge for ESCOM members and a place for ESCOM committees and clubs to meet. ESCOM volunteers welcome you at both locations. The Emeritus Center, Kentfield Campus, Student Services Building, Room 146, is open Monday through Friday, 9:30am–3:30pm, and is staffed by volunteers. Emeritus North, on the Indian Valley Campus, is located in the New Building 27, Room 122. To schedule use of Emeritus North, please call (415) 883-7805.

**ESCOM Tuition Grants**
The ESCOM Council awards tuition grants to eligible students for any COM Community Education course. You must be a minimum of 55 years of age and submit a statement of financial need. Only partial grants are awarded due to limitations of funding.

To be eligible for a tuition grant, you must have registered and paid all registration fees. Please call (415) 485-9652 to request to have the application procedures and an application mailed to you, or come to the Emeritus Center. Completed application forms must be received at the Emeritus Center on the Kentfield Campus no later than the end of the business day, **Monday, August 24, 2015**.
Lifelong learning
Emeritus College (EC) is a unique program designed to meet the needs of Marin County’s lifelong learners, older adults who want to continue engaging in the larger world. Emeritus College classes offer a wide array of opportunities for students to discover new interests, to reconnect with lifetime passions, and to interact with like-minded individuals in a multitude of classes and activities. The Emeritus College classes offer first-rate instructors and high-quality classes that support the principles of quality of life, lifelong learning, and creative retirement.

Class subjects include but are not limited to physical fitness, hiking, art, music, writing, history, film appreciation and literature. Phone 415.485.9305 for more information or to obtain the latest Community Education schedule of classes. Your membership enables you to pay the lower registration fee listed for each class designated EC.

$15 Membership in ESCOM (Emeritus Students College of Marin) also includes joining as many of the 20+ stimulating and sociable ESCOM clubs as you wish, or starting your own club. Our Clubs include a wide diversity of activities such as bridge, books, philosophy, film, music and writing. Please call the Emeritus office at (415) 485-9652 for club information or find a complete listing of current clubs and contact information in the Emeritus Newsletter which you will receive monthly.

Lifelong doing
• Serve on the ESCOM Council, or various Committees that suit your interests. Sharpen your writing skills by helping to shape and update our Active Lifelong Learners’ website. Emeritus is where you can Volunteer Your Skills, the ones you always wanted to see valued. Become a shaker and mover for your community when you join the Emeritus Program. Or just experience Emeritus for the joy of it.
• Join one of our Committees that suits your interests such as Hospitality, Newsletter, Curriculum, Art Shows and Tuition Grants.
• Submit an article or short story to be published in the newsletter
• Join our staff of desk volunteers in the Kentfield office for a weekly shift, help with website development, start a new club, assist in planning our annual meetings.
• Take classes, learn new stuff, associate with interesting engaged fellow students.

Please join us - you will be in great company and we would like to know you.

EMERITUS CENTERS
Kentfield Campus
(415) 485-9652
Indian Valley Campus
(415) 457-8811, ext. 8322

PASSIONATE ABOUT SOMETHING?
Share your talent and skills in a classroom setting.
Community Education is now accepting new course proposals for the Winter Summer/Fall 2016 quarters.
Application Deadline Feb 5, 2016
Download application at MarinCommunityEd.com
The Haddie Emeritus College Scholarship Fund has been made possible through the generosity of an anonymous donor. The fund is intended to provide financial support allowing a greater number of older adults to partake in Community Education and Emeritus classes.

**HADDIE EMERITUS COLLEGE SCHOLARSHIP FUND ELIGIBILITY CRITERIA**

AGE: Scholarship recipients must be at least 55 years of age.

ELIGIBLE COURSES: Only Community Education classes are eligible.

FINANCIAL NEED: You must be able to demonstrate financial limitation. All information shared on the form will be kept confidential. College of Marin reserves the right to review any financial records.

AWARD: Up to $50 per student per award.

**HOW TO APPLY**

www.MarinCommunityEd.com or call (415) 485-9318 for more information.

Application Deadlines for Specific Quarters:

Fall Quarter: August 15
Spring Quarter: March 15
Winter Quarter: January 15
Summer Quarter: June 15

*Note: When the published deadline falls on a weekend or public holiday, the application remains open until midnight on the following business day.*
NEW
Regional Geography Alive: Latin America and the Caribbean

In English, with Spanish references. Second in a series of five regional courses. Our study integrates essential physical and cultural geographic elements of a magnificent region exotic to some, ancestral homeland to others. The course includes thematic maps and slides of all subregions discussed. See page 12 for more information.

0682 | Pometta | KTD | AC103
7 Tuesdays 1:10pm-3pm | Oct 27–Dec 8
$93 (MF$2) | EC/GC Members $73 (MF$2)