Preview: Overview of Jung's Theory

"Jung's theory has implications for major theoretical questions …"

[Table 3.1, Preview of Jung's Theory]
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The Structure of Personality

The Psychic and the Self: The Personality as a Whole

Question: What is meant by the following statement?

"Jung generally did not refer to personality but rather to the psyche… "

Question: What is the Jungian concept of the self?

Question: What is meant by the following statement?

" … Jung did not believe it was possible or desirable to live entirely consciously … "

Question: What is the Jungian concept of compensation?
Individuation

Question: What is the Jungian concept of individuation?

[Example] Individuation.

Transcendent function

Question: What is the Jungian concept of transcendent function?

[Example] Transcendent function.

Ego

Question: What is the Jungian concept of ego?
Ego
(Continued)

Question: What is the Jungian concept of ego inflation? (72-73)

Question: What is meant by the following statement?

"In Jung's theory, being overly focused on the ego is not desirable." (73)

Persona

Question: What is the Jungian concept of persona?

[Examples] Persona.
Shadow

Question: What is the Jungian concept of the shadow?

[Illustrations] Shadow.

Question: What are meant by the following statements?

"The shadow … can be regarded as 'the gatekeeper to the unconscious.'"

"… the shadow assists psychological growth by helping to bring about an egocide."

"… there are some rare exceptions to the general rule that the shadow is negative."
Projection of the Shadow

Question: How does the shadow reveal itself, as it becomes projected in life?

Anima and Animus

Question: What is the Jungian concept of the anima?

Question: What is the Jungian concept of the animus?

Question: What happens, according to Jung, when a person becomes 'possessed' by his anima or her animus?

Projection of the Anima or Animus

Question: How do the anima or animus reveal themselves when they become projected in life?
Projection of the Anima or Animus
(Continued)

Question: What is meant by the following statement?

" … (a) potentially healthy (instance) of anima or animus is the experience of falling in love."

Personal Unconscious

Question: What is the Jungian concept of the personal unconscious?

Collective Unconscious

Question: What is the Jungian concept of the collective unconscious?
Collective Unconscious
(Continued)

Question: What is the Jungian concept of archetypes?

Genetics and the Collective Unconscious

Question: What is meant by the following statement?

"One of Jung's controversial ideas is that the collective unconscious follows the laws of genetic inheritance."

The Shadow and the Anima or Animus as Archetypes

Question: What did Carl Jung say about the content of the shadow and the anima or animus?
Other Archetypes

Complete the following:

"Because the shadow and the anima or animus are closest to consciousness, they are the archetypes with the most … (78)

" … other archetypes … are said to be deeper in the collective unconscious and influence conscious experience less often. When they do, they feel …

"In addition, they are reflected in …

The Great Mother

**Question:** What is the Jungian concept of *The Great Mother* archetype?

[Illustrations] The Great Mother.

The Spiritual Father

**Question:** What is the Jungian concept of father archetype?
The Hero

Question: What is the Jungian concept of the hero archetype?

The Trickster

Question: What is the Jungian concept of the trickster archetype?

Mandala

Question: What is the Jungian concept of mandala archetype?
**Mandala**
(Continued)

[Illustrations] Mandala.

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**Transformation**

*Question:* What is the Jungian concept of transformation?

[Illustrations] Transformation.

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**Psychosis: Dangers of the Collective Unconscious**

*Question:* What are the dangers of the collective unconscious insofar as Jungian theory is concerned?

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Symbolism and the Collective Unconscious

Question: What is the Jungian interpretation of psychosis? (80-81)

Question: What are meant by the following statements?

"... Jung believed that the unconscious manifest itself in symbols."

"Jung took great delight in finding similarities between the experiences of psychotic patients and the symbols of ancient art and mythology."

"The collective unconscious has a feeling that Jung called numinous ... "
Symbolism and the Collective Unconscious
(Continued)

[Page]

[Illustrations] Numinous.

Myths and Religion

Question: How can the energies of the unconscious be tapped without being destroyed by them?

Question: What are meant by the following statements?

"In our scientific era, we sometimes misinterpret myth as merely primitive science."

"Religious myths are probably the most important myths … "
Modern Myths

Complete the following:

"According to Jung, when humans lose the capacity for mythmaking, they lose …

[Illustrations] Modern myths.

Therapy

Complete the following:

"Jungian therapy aims to assist the unconscious in claiming its …

"Unlike Freud, Jung did not emphasize the …

"Jung dispensed with Freud's couch. He preferred a …

"Jung regarded the unconscious as an ally rather than the …

"The direction of growth, in therapy and outside, is toward …
Therapy (Continued)

Complete the following:

"Parts of the psyche that have been broken off from the whole must be …" (83)

**Question:** Why did Jung regard the unconscious as an ally?

**Question:** What is the Jungian concept of **complexes**?

Complete the following:

"(Complexes) can be elicited through the **Word Association Test.**" (83-84)

Dreams

**Question:** What, according to Carl Jung, are the importance of dreams in analytical psychology? (84)

Complete the following:

"Interpretation of dreams involves three stages."

"First the dreamer recalls the dream, …"
Dreams
(Continued)

Complete the following:

"Second, in the amplification of the dream, the dreamer … (84)

"In the third stage, active imagination, the dreamer continues with the dream imagery in

"Jung interpreted all persons and symbols of a dream as aspects of the dreamer's psyche. The way they interact in the dream describes efforts and obstacles in the developmental task of individuation."

Other Symbolic Therapy Techniques

Question: What, according to Carl Jung, are other symbolic techniques of importance in analytical psychology? (84-85)
Other Symbolic Therapy Techniques
(Continued)

Question: What is meant by the following statement?

"At its most desirable conclusion, Jungian therapy prepares individuals to create new symbolic forms."

Synchronicity

Question: Why are Carl Jung's concepts said to be beyond science?

Question: Had Jung abandoned science and common sense altogether?

Question: What is the Jungian concept of *synchronicity*?
Question: Why was Carl Jung interested in the I Ching?

Question: What are meant by the following statements?

"Jung's mystical side ... is at odds with the deterministic assumptions of science."

"... (a) way to interpret Jung's mysticism derives from his theory of psychological types."

Psychological Types

"Jung's description of personality types is one of the more straightforward, least mystical aspects of his theory. Among other things, it helps explain why some people seize on his descriptions of mystical and mythological experience with enthusiasm, while others dismiss them as non-scientific nonsense."

"The difference depends on a person's psychological type, ..."
Psychological Types
(Continued)

Question: What is the Jungian concept of psychological type?

Complete the following:

"Jung called introversion or extraversion the fundamental attitude of the individual to …

Question: What are the four psychological functions according to Jungian theory?

Question: What is the dominant (psychological) function according to Jungian theory?

Question: What is the auxiliary function according to Jungian theory?

[Table 3.2 Personality Psychetypes]
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Psychological Types
(Continued)

Introversion and Extraversion

**Question:** What is the Jungian description of introversion and extraversion?

Complete the following:

"Jung believed that a person remains an introvert or an extravert …"
The Four Functions

Thinking and Feeling

"… Jung observed that emotion and thought are not always consistent."

Complete the following:

"Thinking and feeling are alternative ways of …" (89)

Question: Why is Jung's approach appealing to other personality theorists?

Sensation and Intuition

"Sensation and intuition are complementary ways of getting information about the world."

Question: How does the sensation personality type react to everyday experiences?
Sensation and Intuition
(Continued)

Question: How does the intuitive personality type react to everyday experiences?

Measurement and Research

Measurement: the Myers-Briggs Type Indicator

Question: What is the Myers-Briggs Type Indicator (MBTI)?
Measurements: the Myers-Briggs Type Indicator (Continued)

Question: How is the Myers-Briggs Type Indicator (MBTI) used in guidance and counseling?

Business and Education Applications

"In business and other organizations, training advocates propose that decision-making can be improved through awareness that a person's decision-making style varies with psychological type."

[Illustrations] Business-organizational settings and psychological type.

"Depending on psychological type, students approach their work differently."

[Illustrations] Student life and psychological type.

Experimental Studies of Judgments

"The (Jungian) psychological functions also have implications for phenomena studied by social psychologists, such as eyewitness."
Experimental Studies of Judgments
(Continued)

"Another (social psychological) experiment demonstrates that environmental manipulations have different impact on people depending on psychological type."

Possible Causes of Psychological Type

"Like many personality measures, the Myers-Briggs is largely influenced by genetics, based on twin studies."

END