**NE 216** 2.0 Units  
Nursing Leadership and Management  
Prerequisite: NE 210, 212 or 214. Other Limitation on Enrollment: Enrollment in the Registered Nursing Program.

This course presents advanced concepts related to the nursing management and collaborative care of clients across the life-span with select critical and/or complex cardiovascular, respiratory, and renal problems. There is an emphasis on prioritizing and organizing care and resolving clinical problems within complex client health situations. Transfer Credit: CSU

10927 01/22-03/12 J Ruddle, S Diaz  
MR 1:10pm-3:30pm, KTD/HC165  
Class also meets one Tues, Jan 20  
3:10-5:00pm, HC 165.

**NE 216L** 2.5 Units  
Nursing Leadership and Management Laboratory  
Corequisite: NE 216. 203 for students enrolled in NE 216L in fall (third semester of program). Students enrolled in NE 216L during spring (fourth semester of program) will have completed NE 203.

This course is the clinical laboratory that accompanies NE 216. Students apply the nursing process to the care of adult and pediatric clients with select critical and/or complex cardiovascular, respiratory, and renal problems. Transfer Credit: CSU

10932 01/20-03/11 J Marmysz  
MW 11:10am-12:30pm, KTD/FH120  
Please see Distance Learning Page.

**NE 220A** 1.0 Unit  
Pharmacology in Nursing  
Prerequisite: NE 138 OR EQUIVALENT

The purpose of this course is to provide students with a sound understanding of the pharmacologic properties of drug classes, with special emphasis on the clinical application of drug therapy through the nursing process and clinical case studies. Transfer Credit: CSU

10661 01/26-04/06 J Langinger  
M 11:10am-12:45pm, KTD/HC165.

**NE 225** 2.0 Units  
Nursing Leadership and Management  
This course provides the theoretical foundation for understanding organizational behavior and developing nursing leadership and management skills to assist the student in the transition from the role of nursing student to graduate nurse. Focus is on decision-making, prioritization, time and stress management, staffing, delegation, teamwork, conflict management, and cost containment. Legal, ethical, economic, and sociopolitical issues that affect health care delivery and the nursing profession are explored. Transfer Credit: CSU

10935 D Ridley  
M 8:10am-10:00am, KTD/HC1096

**NE 225L** 2.5 Units  
Clinical Transition: Clinical Laboratory  
This course is the clinical laboratory that accompanies Nursing Education 225. The course provides opportunities for students to integrate cumulative nursing knowledge and experience into clinical practice; to organize and manage care for a group of clients; to actively collaborate with clients, families, and health care team members; and to further develop technical skill competencies under the direct supervision of a preceptor and the indirect supervision of a faculty liaison. Particular emphasis is given to the development of leadership/management skills required of a nurse in an entry level position. The course is designed to provide realistic experiences that facilitate the transition from student to graduate nurse. Transfer Credit: CSU

10937 03/16-05/15 J Ruddle  
M 12:00am-12:50pm, KTD/HC129  
Additional 116 hours TBA.

10939 03/16-05/15 D Ridley  
M 12:00pm-12:50pm, KTD/HC172  
Additional 116 hours TBA.

10942 03/16-05/15 S Letkowitiz  
M 12:00am-12:50pm, KTD/HC129  
Additional 116 hours TBA.

10944 03/16-05/15 J Langinger  
M 1:00pm-2:00pm, KTD/HC172  
Meets two M’s: 3/16 & 3/23  
Additional 118 hours TBA

**PHILOSOPHY**

**PHIL 110** 3.0 Units  
Introduction to Philosophy  
Prerequisite: ENGL 98.

An introduction to major thinkers, movements and ideas in the western philosophical tradition. Transfer Credit: CSU/UC

10427 J Marmysz  
Web Based Course, 3hrs/wk TBA, KTD/IVC  
Please see Distance Learning Page.

10429 J Marmysz  
Web Based Course, 3hrs/wk TBA, KTD/IVC  
Please see Distance Learning Page.

10430 J Marmysz  
MW 11:10am-12:30pm, KTD/HC120

10431 A Johnson  
TR 9:40am-10:55am, KTD/HCl66

**PHIL 112** 3.0 Units  
Introduction to Logic  
Prerequisite: Eligibility for ENGL 150

Introduces students to the formal study of logic, the discipline that establishes the validity of arguments. Transfer Credit: CSU/UC

10432 J Marmysz  
TR 11:10am-12:25pm, KTD/HC129

**PHIL 117** 3.0 Units  
History of Philosophy: Late Modern to Contemporary  
Prerequisite: Eligibility for ENGL 120

The history of philosophy, from the end of the eighteenth century through existentialism and deconstruction. Transfer Credit: CSU/UC

10433 J Marmysz  
MW 12:40pm-2:00pm, KTD/HC108

**PHYSICAL EDUCATION**

**PHILOSOPHY**

**PHIL 110** 3.0 Units  
Introduction to Philosophy  
Prerequisite: ENGL 98.

An introduction to major thinkers, movements and ideas in the western philosophical tradition. Transfer Credit: CSU/UC

10427 J Marmysz  
Web Based Course, 3hrs/wk TBA, KTD/IVC  
Please see Distance Learning Page.

10429 J Marmysz  
Web Based Course, 3hrs/wk TBA, KTD/IVC  
Please see Distance Learning Page.

10430 J Marmysz  
MW 11:10am-12:30pm, KTD/HC120

10431 A Johnson  
TR 9:40am-10:55am, KTD/HCl66

**PHIL 112** 3.0 Units  
Introduction to Logic  
Prerequisite: Eligibility for ENGL 150

Introduces students to the formal study of logic, the discipline that establishes the validity of arguments. Transfer Credit: CSU/UC

10432 J Marmysz  
TR 11:10am-12:25pm, KTD/HC129

**PHIL 117** 3.0 Units  
History of Philosophy: Late Modern to Contemporary  
Prerequisite: Eligibility for ENGL 120

The history of philosophy, from the end of the eighteenth century through existentialism and deconstruction. Transfer Credit: CSU/UC

10433 J Marmysz  
MW 12:40pm-2:00pm, KTD/HC108
PE 071 0.5 Unit
**Adapted Aerobics**
Prerequisite: Recommendation of student’s physician and completed medical form.
A group aerobic activity for students with physical disabilities. Students can participate sitting or standing. Transfer Credit: CSU/UC
10184 J Naythons, C Cokinos, M Gray
2hrs/wk TBA, KTD/PE5A

PE 072 0.5 Unit
**Adapted General Conditioning**
Prerequisite: Recommendation of student’s physician and completed medical form.
This is a general fitness class, designed to meet the overall fitness needs of students with disabilities. Transfer Credit: CSU/UC
10175 M Gray
M 10:10am-11:00am, IVC/BLDG20/OL104
10189 J Naythons, C Cokinos, M Gray
2hrs/wk TBA, KTD/PE4

PE 074 0.5 Unit
**Adapted Yoga**
Prerequisite: Recommendation of student’s physician and completed medical form.
This course is a gentle stretching and relaxation class for the physically disabled adult. Emphasis on breathing, mind/body connection, and increasing strength and flexibility. Transfer Credit: CSU/UC
10180 M Gray
MW 2:10pm-3:30pm, KTD/SC101
10039 K Smyth, M Vaughan-Shannon, C Cokinos
PE 080 0.5 Unit
**Feldenkrais Integration**
Prerequisite: Recommendation of student’s physician and completed medical form.
A gentle, hands-on class that will help improve function and reduce pain. Designed for students with physical disabilities. Transfer Credit: CSU/UC
10200 J Naythons
2hrs/wk TBA, KTD/PE5A

PE 107 3.0 Units
**Human Biology**
This course is designed to provide nonbiology major students with an introduction to the structure, function, and development of the human body. The course will give students the foundational concepts to explore personal and societal issues involving human biology as well as cover anatomy and physiology concepts useful in preparing for careers in wellness-related fields such as personal training, group fitness instruction, and massage therapy. Transfer Credit: CSU/UC
10024 F Agudelo-Silva
MW 2:10pm-3:30pm, KTD/SC101
May be taken for credit as PE 107 or BIOL 107. Students receive credit for only one course.

PE 110 1.0 Units
**Mat Pilates**
This course is designed to introduce the student to the beginning Pilates method of body conditioning. Pilates mat work emphasizes core musculature as it applies to everyday movement. Transfer Credit: CSU/UC
10026 J Naythons
MW 2:10pm-3:30pm, KTD/PE1
10028 S McLoughlin
TR 5:10pm-6:30pm, KTD/PE1

PE 119 3.0 Units
**Effective Teaching Strategies in Wellness and Fitness**
Advisory: PE 116.
This course is designed to help students become more effective wellness and fitness professionals by developing a toolbox of practical teaching, learning, and evaluation methods that can be implemented in this field. Transfer Credit: CSU
10030 C Rogow
Web Based Course, 3hrs/wk/TBA, KTD/IVC
Please see Distance Learning Page. May be taken as PE 119 or HED 119. Students receive credit for only one course.

PE 120 3.0 Units
**Introduction to Sport and Exercise Psychology**
This course provides an introduction to the theoretical and applied aspects of psychology in sport and exercise settings. Transfer Credit: CSU
10033 C Rogow
Web Based Course, 3hrs/wk/TBA, KTD/IVC
Please see Distance Learning Page. May be taken as PE 120 or PSY 130. Students receive credit for only one course.

PE 121 3.5 Units
**Personal Trainer Certification Course**
Advisory: BIOL 107 or PE 107.
This course is designed to prepare students to meet the stringent certification standards set forth by the American Council on Exercise (ACE). Through a variety of health and fitness training and evaluation techniques, students engage in an assortment of practical experiences, while developing a thorough understanding of core exercise concepts and principles. Transfer Credit: CSU
10034 K Smyth, M Vaughan-Shannon
MW 12:40pm-2:00pm, KTD/PE7

PE 125A 1.0 Unit
**Fitness**
Students will participate in exercises and activities designed to improve their cardiovascular fitness and their muscular strength. The course will include jogging, hiking, power walking and strength and flexibility routines. Exercise routines may also be performed with cardio machines, free weights, and physio balls. Transfer Credit: CSU/UC
10039 K Smyth
TR 8:10am-9:30am, KTD/PE6

PE 125C 1.0 Unit
**Aerobic Fitness**
A class in aerobic techniques derived from dance, yoga, and body awareness. Transfer Credit: CSU/UC
10042 M Vaughan-Shannon
TR 8:10am-9:30am, OFF/TBA
This class is held off campus, at 400 Tamal Plaza, #403, Corte Madera. For more information, please call instructor at 945-0111.

PE 125D 1.0 Unit
**Fitness, Intercollegiate Sports**
A course designed for student athletes who wish to develop a preseason training program for their sport or activity. Transfer Credit: CSU
10045 C Bird
3hrs/wk/TBA, KTD/PE6
For information on the first class meeting, please call 485-9585. Emphasizes fitness related to athletic teams.

**PE 129**  
*1.0 Unit*  
**Golf**

This course is designed to assist the student in the development and improvement of individual skills. Additional focus will be on understanding the rules of golf for active participation and enjoyment in the sport. Transfer Credit: CSU

10047 P Limm  
MW 9:40am-11:00am, KTD/AUXFLD  
For all sections: Attend first class meeting in PE 5A.

10048 P Limm  
TR 9:40am-11:00am, KTD/AUXFLD  
For all sections: Attend first class meeting in PE 5A.

10049 P Limm  
MTWR 9:40am-11:00am, KTD/AUXFLD  
Offered for 2.0 student units. For all sections: Attend first class meeting in PE 5A.

**PE 132**  
*1.0 Unit*  
**Directed Activities**

This course is designed for the student who is unable to enroll in a regularly scheduled physical activity class. Individual fitness programs are developed and logged by each student with guidance from the instructor to meet personal fitness goals. Students will be required to meet with the instructor throughout the semester to monitor their progress toward achieving their personal fitness goals. Transfer Credit: CSU/UC

1001 W Lager  
3hrs/wk/TBA, IVC/  
Orientation meeting Sat. 1/24 at 10am in the IVC Pool, Building 21 Room 150. For further information call Warren Lager at 415-883-2211 ext. 8258.

**PE 143**  
*3.0 Units*  
**Basic Athletic Injuries**  
Prerequisite: PE 107 OR BIOL 107

This course will cover the prevention, evaluation, rehabilitation, reconditioning, and immediate care of athletic injuries. This course will benefit coaches from all sports, students interested in the athletic training profession, and the physically active individual. ($15 material fee) Transfer Credit: CSU/UC

10050 J Scarcella  
MW 11:10am-12:30pm, KTD/PE7

---

**PE 146**  
*2.0 Units*  
**Triathlon Training**

Students will participate in a fitness program of swimming, cycling, and running designed for the triathlon. Students will learn the rules, regulations and safety requirements for official triathlons. Transfer Credit: CSU/UC

10002 A Powers  
MWF 9:10am-11:00am, IVC/POOL

**PE 147**  
*1.0 Unit*  
**Soccer**

This course emphasizes the development of soccer technical skills, knowledge of game rules, indoor and outdoor soccer team tactics, and systems of play. Transfer Credit: CSU

10053 B Studholme  
TR 12:40pm-2:00pm, KTD/AUXFLD  
Attend first class meeting in PE 5A.

**PE 156**  
*1-2 Units*  
**Instructional Lap Swimming**  
Prerequisite: Knowledge and demonstration of efficient swim skills.

Designed to provide stroke and cardiovascular development for students at all swimming levels. U.S. Master’s Swimming Program will be available for those interested in the competitive aspects of swimming. Transfer Credit: CSU/UC

10013 J Haley  
MTR 8:10am-9:00am, IVC/POOL  
10014 W Lager  
TR 12:10pm-1:30pm, IVC/POOL  
10010 J Haley  
MW 6:10pm-7:30pm, IVC/POOL  
10019 J Haley  
TR 6:10pm-7:30pm, IVC/POOL  
10010 J Haley  
MW 6:10pm-7:30pm, IVC/POOL  
Offered for 2.0 student units.

**PE 160**  
*1-2 Units*  
**Tennis**

This course will emphasize the fundamental skills and strategy of the game of tennis while focusing on team play for all skill levels. Transfer Credit: CSU

10056 R Shaver  
MW 11:10am-12:30pm, KTD/TENNIS  
For all sections: Attend first class meeting in PE 5A.

10058 R Shaver  
TR 11:00am-12:30pm, KTD/TENNIS  
For all sections: Attend first class meeting in PE 5A.

10060 R Shaver  
MTWR 11:10am-12:30pm, KTD/TENNIS  
Offered for 2.0 student units. For all sections: Attend first class meeting in PE 5A.

**PE 164**  
*1-2 Units*  
**Sports Conditioning**

This course is designed for students and athletes who wish to develop both in and out of season conditioning programs. Transfer Credit: CSU/UC

1005 W Lager  
TR 1:40pm-3:00pm, IVC/POOL  
1006 W Lager  
MW 1:40pm-3:00pm, IVC/POOL  
1007 W Lager  
MTWR 1:10pm-2:00pm, IVC/POOL  
Offered for 2.0 student units.

**PE 169**  
*1-2 Units*  
**Weight Training**

Weight training will introduce students to the basics of strength and endurance training. Emphasis will be placed on safety, flexibility, and the development of a personal training program. Transfer Credit: CSU/UC

10062 K Smyth  
MW 8:10am-9:30am, KTD/PE6  
10064 K Smyth  
MW 9:40am-11:00am, KTD/PE6  
10066 K Smyth  
TR 9:40am-11:00am, KTD/PE6  
10068 K Smyth  
MTWR 9:40am-11:00am, KTD/PE6  
Offered for 2.0 student units.

10069 G Adams  
MW 11:10am-12:30pm, KTD/PE6  
10070 G Adams  
TR 11:00am-12:30pm, KTD/PE6  
10071 G Adams  
MTWR 11:10am-12:30pm, KTD/PE6  
Offered for 2.0 student units.

10073 G Adams  
TR 12:40pm-2:00pm, KTD/PE6  
10074 G Adams  
MW 12:40pm-2:00pm, KTD/PE6  
10075 G Adams  
MTWR 12:40pm-2:00pm, KTD/PE6  
Offered for 2.0 student units.

10076 G Adams  
MW 5:00pm-6:30pm, KTD/PE6  
10078 A Powers  
TR 5:10pm-6:30pm, KTD/PE6  
10079 G Adams  
MTWR 5:10pm-6:30pm, KTD/PE6  
Offered for 2.0 student units.

**PE 173A**  
*1-2 Units*  
**Yoga, Beginning**

A class in the physical aspects of yoga with emphasis on building flexibility, strength, and endurance. Transfer Credit: CSU/UC

10081 A Rocky  
MW 8:10am-9:30am, KTD/PE1  
10083 D Fredrick  
TR 8:10am-9:30am, KTD/PE1  
10085 A Rocky, D Fredrick  
MTWR 8:10am-9:30am, KTD/PE1  
Offered for 2.0 student units.

10086 D Fredrick  
TR 9:40am-11:00am, KTD/PE1
PE 185 2.0 Units
Intercollegiate Athletics Track and Field (Men and Women)
Prerequisite: TEAM MEMBER
This course is designed for the athlete interested in competing in track and field events. Transfer Credit: CSU/UC
10095 G Adams
10hrs/wk/TBA, KTD/TRACK

PE 191A 2.0 Units
Soccer Theory
A comprehensive class designed for the student interested in playing or coaching the game of soccer. Classroom and fieldwork will be included. Transfer Credit: CSU/UC
10096 B Studholme

PE 193A 2.0 Units
Swimming Theory
A comprehensive class designed for the student interested in participating or coaching the sport of swimming. Classroom and pool work will be included. Transfer Credit: CSU/UC
10113 W Lager
4hrs/wk/TBA, IVC/POOL
For information on the first class meeting, please contact Warren Lager at 883-2211 ext. 8258.

PE 195B 2.0 Units
Football Theory, Defensive
Designed to develop an understanding of defensive football and the kicking game. Transfer Credit: CSU/UC
10097 E Fanene
MW 9:40am-11:00am, KTD/PE1

PE 215 3.0 Units
Advanced First Aid/First Responder
This course will teach the basics of good patient care and the skills needed to deliver appropriate care to the victim of an accident or sudden illness until more highly trained emergency personnel arrive. First Responder and CPR for the Professional Rescuer Certifications will be awarded upon successful completion of the course. This course is a prerequisite for the Emergency Medical Technician Program. Transfer Credit: CSU/UC
10114 T Peterson, N Scott
R 6:00pm-9:00pm, IVC/BLDG12/100 and 3hrs/wk/TBA

PHYSICS

PHYS 108B 5.0 Units
General Physics II
Prerequisite: PHYS 108A.
An introduction to the fundamental concepts of electricity and magnetism, light, atomic and nuclear physics. Required for biology, pre-med, architecture and other majors. Transfer Credit: CSU/UC
10467 G Grist
MW 12:40pm-2:00pm, KTD/SC130
M 2:10pm-4:00pm, KTD/SC120
10468 S Yassa
TR 6:40pm-8:00pm, KTD/SC166
T 8:10pm-10:00pm, KTD/SC120

PHYS 108BC 1.0 Unit
General Physics II (Calculus Supplement)
Prerequisites: MATH 122; PHYS 108B or concurrent enrollment.
An introduction to the fundamental concepts of electricity, magnetism, light, and modern physics with a calculus-based set of problem assignments. Required for biology and other majors. Transfer Credit: CSU/UC
10469 D Miller
M 4:10pm-5:00pm, KTD/SC166

PHYS 110 3.0 Units
Introductory Physics
A survey of the fundamental concepts of physics including motion, energy and the physics of atoms. Additional topics will be selected from electricity, magnetism, light, sound, relativity, atomic and nuclear physics. Intended for liberal arts majors. Transfer Credit: CSU/UC
10470 S Yassa, D Miller
MW 11:10am-12:30pm, KTD/SC120

PHYS 207C 5.0 Units
Heat, Light, Sound, and Modern Physics
Prerequisite: PHYS 207A and MATH 233 or concurrent enrollment.
This is a calculus-based course for physical science majors. It introduces the physics of fluids, the first and second laws of thermodynamics, kinetic theory of gases, light and sound waves, optical instruments, modern physics including the theory of relativity, atomic structure of matter, nuclear physics, and a brief introduction to quantum theory. Transfer Credit: CSU/UC
10472 D Miller
TR 11:10am-12:30pm, KTD/SC130
R 1:10pm-2:00pm, KTD/SC120
R 2:10pm-3:00pm, KTD/SC120

POLITICAL SCIENCE

POLS 100 3.0 Units
American Political Institutions
The study of American politics, emphasizing political power, political values, and current events. Transfer Credit: CSU/UC
10233 H Fearnley
MW 11:10am-12:30pm, KTD/DH111
10234 H Fearnley
TR 2:10pm-3:30pm, KTD/DH113
10235 P Cheney
MW 9:40am-11:00am, KTD/DH111