

**ALL HEALTH SCIENCE STUDENTS IN THE RN PROGRAM, DENTAL ASSISTING PROGRAM, MEDICAL ASSISTING PROGRAM AND THE FIRE TECH/EMT PROGRAM**

**PLEASE NOTE THE FOLLOWING INFORMATION ON THE H1N1 FLU:**

*August 11, 2009 from the American College Health Association*

**New Recommendations for the Amount of Time Persons with Flu-Like Illness Should be Away from Others**

CDC recommends that people with influenza-like illness remain at home until at least 24 hours after they are free of fever (100° F [37.8°C]), or signs of a fever without the use of fever-reducing medications. This is a change from the previous recommendation that ill persons stay home for seven days after illness onset or until 24 hours after the resolution of symptoms, whichever was longer. The new recommendation applies to camps, schools, businesses, mass gatherings, and other community settings where the majority of people are not at increased risk for influenza complications.

This guidance does not apply to health care settings where the exclusion period should be continued for seven days from symptom onset or until the resolution of symptoms, whichever is longer; see [www.cdc.gov/h1n1flu/guidelines\\_infection\\_control.htm](http://www.cdc.gov/h1n1flu/guidelines_infection_control.htm) for updates about the health care setting.

Please visit [www.cdc.gov/h1n1flu/guidance/exclusion.htm](http://www.cdc.gov/h1n1flu/guidance/exclusion.htm) for more information about the recommendations.

**This ADDITIONAL information is for Health Science Students doing work in the clinical setting:**

- Those experiencing flu-like symptoms should **stay at home for at least 24 hours after their fever is gone without the use of fever reducing medicine.** If you attend classes or work in a health-care setting, you should **stay at home for 7 days after the onset of flu symptoms or until symptoms subside, whichever is longer.**