

College of Marin Services for Nursing Students

1 Student Health Services www.marin.cc.ca.us/student_services/health_center.htm

Services include:

- First aid
- Limited care for acute, non-chronic illnesses
- Pregnancy testing and birth control information
- Immunizations including tetanus, measles, mumps and rubella, hepatitis A & B (prearranged); TB testing
- Physicals for colleges entrance requirements and COM programs only
- Lab tests (limited)
- Over-the-counter, self-care medications
- Blood pressure screening
- Vision and hearing testing
- Safe sex information
- Sexually transmitted diseases and referral information
- Anonymous HIV testing
- Referrals to low cost community agencies
- Personal counseling is available by appointment. Please call (415) 485-9432.

Kentfield Campus: Dickson Hall, Room 118

Phone: 415 485 9458

Hours Monday – Friday 8:30 am – 3:30 pm

Services Drop In or By Appointment

2 Counseling Services <https://marin.cc.ca.us/~tfung>

a. Academic Counseling

Students may need assistance with a variety of academic problems which interfere with the educational process. Counselors are available to help with these issues.

Kentfield Campus Student Services Building, Room 212

Phone: (415) 485-9432

APPOINTMENTS:

Mon, Tue, and Fri: 9am-4pm

Wed and Thurs: 9am-4pm, 5pm-7pm

DROP-IN: There are a limited number of counselors available on a "drop-in" basis.

b. Mental Health Counseling <https://marin.cc.ca.us/~tfung/>

Students may need help with personal problems which interfere with their educational progress. Counselors are available to give such help and to refer students in serious distress to private and public mental health agencies in the area.

Kentfield Campus Student Services Building, Room 212

Phone: (415) 485-9432

APPOINTMENTS:

Mon, Tue, and Fri: 9am-4pm

Wed and Thurs: 9am-4pm, 5pm-7pm
DROP-IN: There are a limited number of counselors available on a "drop-in" basis.

c. Student Success Courses:

Nursing Education 95—Effective Strategies for Success in the Registered Nursing Program

This one unit course introduces the student to resources, knowledge and skills that are useful to the successful completion of the RN Program. Topics include financial aide, time management, study skills, learning styles, critical thinking, and test taking strategies.

COUNSELING 115 --PLANNING FOR SUCCESS IN COLLEGE

Includes information on education, study methods, time management, goal setting, decision-making, and understanding personal problems.

COUNSELING 125 --HOW TO STUDY EFFECTIVELY

Includes information on proven study techniques including time budgeting for maximum energy output, listening and lecture note taking, efficient textbook reading, preparing for the taking of examinations, and improving concentration and memory.

COUNSELING 140-141 --EFFECTIVE COMMUNICATION FOR PEER COUNSELORS

A course designed to train students who will work with people to be more effective in their interpersonal communication.

COUNSELING 142--PEER COUNSELING SEMINAR AND FIELD EXPERIENCE

During the lecture/seminar hour, emphasis will be on topics pertaining to field work experience. In addition, students will work three hours per week as peer counselors.

COUNSELING 153 A,B --GROUP PROCESS

A course designed to provide students an opportunity to participate in a small group experience for the purpose of examining their behavior and the concepts of group behavior. The group will function as a mini-laboratory to improve self-awareness and communication with others according to individual needs and interests. Counseling 153B may be taken four times for credit

3 **Child Care** https://marin.cc.ca.us/student_services/child_care.htm

- a. The Kentfield Campus Preschool enrolls children 2 years, 9 months to 5 years
- b. The center is open: Monday-Thursday, 7:45 am - 5:00 pm Friday 7:45 am - 3:00pm
Closed during summer and semester breaks.
- c. To enroll, call the office of Childcare Programs at (415) 457-8811 x8221.

4 Disabled Students Program and Services <http://www.marin.edu/disabled>

- a. Provides assistance to students with physical and hidden disabilities. (Hidden disabilities, such as learning disabilities are discussed under A-3-a)
- a. Transportation to and from DSPS to class
- b. Provides assistive devices
 - Tape recorders
 - Magnification

- Augmented hearing devices
- Computer programs for visually impaired

C Educational services

- 1 DSPS – Hidden Disabilities - (chronic diseases such as epilepsy, diabetes or learning disabilities, psychological challenges, etc.)
 - a. Many students with hidden disabilities are reluctant to disclose information with faculty until performance is substandard.
 - b. An announcement at the beginning of the class will encourage most students to disclose disabilities so that problems can be averted but will also cause the student to feel more comfortable in class.
 - c. Obtaining services.
 - (1) Teacher Referral
 - (2) Self-referral

D. Faculty Office Hours

Nursing school instructors are here to help you succeed.

Visit your instructor during office hours.

Bring specific questions

Ask for help early.