College of Marin Modern Languages Department Presents the 2nd Annual

**COLLEGE OF MARIN INTERNATIONAL FILM FESTIVAL**
**FEB 27–APR 4 / 2009**

**FREE** Friday evening showings at 7pm
Olney Hall 96, Kentfield, CA
For more information, see page 24

- February 27 / Italian
  **TRE METRI SOPRA IL CIELO**
  (Three meters above the sky), 2004

- March 6 / French
  **MARIUS AND JEANNETTE**, 1997

- March 13 / Chinese
  **HAPPY TIMES**, 2002

- March 20 / Japanese
  **HANA YORI MO NAO** (aka Hana)
  The Tale of a Reluctant Samurai, 2006

- March 27 / American Sign Language
  **SWEET NOTHING IN MY EAR**, 2008

- April 3 / Spanish
  **MACHUCA**, 2005

**SPRING 2009**
**MARCH 23 – MAY 16**

**NEW FOR SPRING**
Create a Healthier Home with Lower PG&E Bills, page 27
Procrastinate no More! page 25
Taking Charge of Your Own Food Supply, page 27
Jewelry Making: Copper Clay, page 7
So You Say: Writing Dialogue, page 39
And many more...

**REGISTER NOW**
Classes Begin Monday, March 23
FREE NONCREDIT CLASSES, page 41
Community Education classes at the College of Marin offer access to a variety of affordable, quality classes which can assist in achieving personal, educational and professional goals. These classes provide the Marin community with lifelong learning opportunities, a place to prepare for entering college credit and transfer programs and career development classes designed to serve the working adult.

This quarter we are pleased to offer an expanded selection of classes under Home Environment. We chose these classes based on their commitment to green principles, the quality of the instructors and the potential benefit to community members. Three new classes join our other quality offerings in this area: “Create a Healthier Home with Lower PG&E Bills,” “Lighting for the 21st Century” and “Lean, Mean and Going Green: Taking Charge of Your Own Food Supply.” For more about these classes, see page 27.

Also new for Spring 2009, we have expanded our Language section with classes “for the Traveler,” including in German, Spanish and Japanese. For a listing of other new classes, please see the “New for Spring!” index on the next page.

We don’t often boast, but we are proud of our faculty and our program! And we know that many of you are as well! Here are some of the great things students have to say about their Community Education teachers and classes:

Marcia Bauman and “Piano Classes”… page 33
“I started piano classes with Marcia two years ago at the age of 83. I have always wanted to learn how to play piano, and have succeeded under her tutelage. She is a sensitive, caring teacher! It is a real service for COM to provide adult evening classes such as this, a real benefit to the community.”— Herbert

Hursey Baker and “Wado Ki Kai Karate”… page 38
“This class combines mind and body in such an invigorating way — at the end of a long day, it feels so good to move and stretch while learning something new. Plus, I’ve gained confidence and strength in the process!”— Christina

Kate Vogt and “Yoga to Calm the Mind”… page 26
“Kate skillfully guides you through gentle movements, breath work, chanting and a deeper understanding of the yogic philosophy. You leave the class with a calm mind and a path for the future. Don’t miss it!”— Jane

Don Miller and the “Marin Men’s Chorus”…page 33
“Don is a great director, balancing quality with having a fun and enjoyable experience. The camaraderie and brotherhood is an important part of this group, and keeps me coming back year after year.”— Michael

Prartho Sereno and “The Poetic Pilgrimage”…page 40
“Prartho has a spacious and clear way of taking me into myself to find the poems waiting to come forward.”— Judith

Suresa Dundes and the “Emeritus Writing and Performance Group”…page 40
“Suresa inspires creativity, is a skillful listener and sharp critic. In her class I have found inspiration, friendships and hidden parts of myself.”— Norma

Rhoda Becker and “Art on the Go Bus Trip”…page 7
“I have learned to look at art in a whole new way and to investigate venues I didn’t know existed. Rhoda is a Marin county treasure!!”— Gretchen

Kami McBride and “The Medicinal and Edible Herb Garden”…page 28
“Kami’s classes have influenced every part of my life — what I eat, how I sleep, what I reach for when I am sick, the facets are endless. Most of all, they have made me feel powerful and knowledgeable about the choices I make and how I live my life.”— Linda

Terry McGovern and “Voice Overs: The Big Picture”…page 20
“Terry is the most supportive acting teacher I’ve ever had, and I completely trust his judgment and insight. This man has spent many, many years as a professional actor and understands the process inside and out. Take his class, you won’t be sorry!”— Liz

John Maybury and “Find Your Inner Editor”…page 8
“Thank you for providing so much helpful information, suggestions and leads for getting into freelancing and the “ink trade” in general. Thank you for such an insightful three hours!”— Heather
Do you have a skill or talent to share? Are you an expert on some fascinating subject?
Consider joining our dedicated, quality faculty. Our instructors are experts who meet and often surpass the needs of Marin’s lifelong learners.

Email community.ed@marin.edu and request a course proposal form.

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College of Marin Superintendent/President
Dr. Frances L. White

Community Education Program Staff
Diana Verdugo, Director, Noncredit, ESL Instruction, Community & Contract Education
Cheryl Carlson, Karen van Kriedt, Program Specialists
Microcomputer Center/Online Classes Program Specialist
Consuelo Rafanan, Administrative Assistant
Heather Peitz, Office Technician

www.marincommunityed.org

The Community Education & Services Schedule is published four times a year by the College of Marin (a nonprofit organization), 835 College Ave, Kentfield, CA 94904-2590, March 2009, Volume 11, Issue 2.
The Art of Selling Your Arts & Crafts

This is an information-packed workshop for artists, designers and craftspeople who intend to realize their dream of marketing and selling their work.

Course offers an introduction to:
- Defining your vision and intention
- Identifying your niche and target audience
- Creating a winning portfolio
- Pricing for profit
- Selling to galleries
- Getting accepted at fine craft fairs
- Hosting an open studio sale
- Displaying your work

Nanette Jordan, Smithsonian jewelry designer, artist marketing coach and college instructor, has successfully run her home-based business since 1989, guiding designers and craftspeople in selling their work.

- **Saturday, 11am-4pm**
- **Apr. 25**
- **Kentfield Campus**, Harlan Center 161
- **Fee $99**
- **Course #35055**

Travel Sketching and Painting

Want to make your next trip the most rewarding of all? Take a sketchbook with you and, rather than point and click your camera, take a few extra minutes to make some fine, quick sketches and color them with watercolor. Sketching and painting while traveling is fun and will increase your perception and enjoyment. Traveling with a sketch book can also open doors to interesting adventures, new friendships. You will return home with priceless memories. This class will show you how:

- Quickly draw people, architecture, water, trees, and landscape
- Simplify your material — capture essence
- Prepare, pack and what materials to bring
- Be comfortable and relaxed sketching and painting in public

Bring to the class: a water container, a cotton rag and your water color supplies.

Robert Regis Dvorak is a watercolor artist and popular speaker on subjects of creativity in business and education. He has authored four books on drawing: *Drawing without Fear*, *The Pocket Drawing Book*, *The Magic of Drawing*, and *Experiential Drawing*.

- **Saturday, 9am-4pm**
- **May 9**
- **Kentfield Campus**, Dance/Landscape Management Center 11
- **Fee $97 (Includes $20 materials fee)**
- **Course #35056**

Heads and Hands

Heads and hands are the gateway to the soul of the figure. You will have the opportunity to work from a live model, maybe two, to develop drawing and portraiture skills.

All media except oil are welcome, and you are expected to bring your own supplies. All skill levels are welcome. The instructor will collect approximately $20 for model fees in class. Bring a bag lunch; we will work through the lunch hour.

Ann Curran Turner is a nationally acclaimed figurative artist who has taught in the Bay Area for 25 years.

- **7 Tuesdays, 11:10am-2pm**
- **Mar. 24-May 12 (No class Apr. 14)**
- **Kentfield Campus**, Fine Arts 201
- **Fee $89**
- **Course #35057 EC**

Creative Acrylic Landscape Painting

Learn to use various brush techniques and to apply acrylic paint to produce finished art work on canvas. There will be demonstrations, and you will receive guidance and supportive critiques on an on-going basis. For the first project, you will choose your own landscape subject. Working from photographs, we will consider composition, color theory and perspective, how to render water, trees, ocean waves, grasses, mood and the various subjects found in nature. One session will be a “paint along” with the instructor.

Please see **Note** regarding materials under the Art heading above.

- **Bernard Healey, M.F.A.**
- **7 Thursdays, 11:10am-2pm**
- **Mar. 26-May 14 (No class Apr. 16)**
- **Kentfield Campus**, Fine Arts 201
- **Fee $178**
- **Course #35058**
Abstract Painting in Acrylic: All Marks Are Valid

Learn to create powerful compositions, layer paint, mix color, work in collage, crop and experiment with non-traditional ways of applying paint! To successfully execute an abstract painting that has integrity, the artist must first go through a transformative process of releasing barriers and limitations from the imagination. Whether you are a beginning or experienced artist, this class offers a series of stimulating assignments and experiences which will help you to discover and establish your own unique and autonomous visual vocabulary.

Bring black and white acrylic paints, acrylic matte medium, cheap wide brushes and three sheets of 24"x18" black craft paper to the first class.

Maria Nikl, MFA (Painting & Sculpture) has exhibited and taught internationally. She is an experienced facilitator of students’ creative processes and supports an inspirational and supportive environment in the classroom.

■ 7 Thursdays, 6:40-10pm
■ Mar. 26-May 14 (No class Apr. 16)
■ Kentfield Campus, Fine Arts 151
■ Fee $178
■ Course #35059

Abstract Painting in Oils

This course is designed for students with some painting experience who wish to broaden their knowledge of concepts and strengthen their skills in abstract painting. The focus of this course is painting in oils although other media is welcome. Each session will consist primarily of painting with one-on-one assistance from the instructor as time allows with your works in progress. New material will be introduced each week in the form of lectures, discussions, demonstrations and critiques. Topics of discussion include: materials and preparation, techniques, composition, value pattern, color theory, depth, edge and form. Please see Note regarding materials under Art heading above.

Michael Azgour, MFA, is an exhibiting artist and art instructor.
■ 7 Mondays, 6:10-10pm
■ Mar. 23-May 11 (No class Apr. 13)
■ Kentfield Campus, Fine Arts 226
■ Fee $178
■ Course #35141

Watercolor Basics and Beyond

A comprehensive class welcoming all skill levels. For those just starting out the basics will be covered: color mixing, washes, wet-dry approaches—just handling the paint itself! More advanced students are welcome to bring in their own projects or consult with the instructor for direction. We will work from studio still life and landscape. All subject matter welcome including abstraction. Bring whatever watercolor supplies you may have to the first class. Materials will be discussed and you are expected to purchase your own. Please see Note regarding materials under Art heading above.

Marty Meade
■ 7 Fridays, 10:10am-1pm
■ Mar. 27-May 15 (No class Apr. 17)
■ Kentfield Campus, Fine Arts 151
■ Fee $89
■ Course #35060 EC

Nancy Johnson
■ 7 Saturdays, 10:10am-1pm
■ Mar. 28-May 16 (No class Apr. 18)
■ Kentfield Campus, Fine Arts 151
■ Fee $89
■ Course #35061 EC

The Effects of the Seasons: Water Soluble Media

Join this exciting new course by renowned Marin watercolorist, Nancy Johnson, and improve your skills while you learn to represent and express seasonal mood in your artwork. This spring we will focus on landscapes and still lifes especially using flowers.

The class will include demonstration and lecture/discussion, and individual attention as time permits. For students/painters with prior experience in any water media, although transparent watercolors will be emphasized.

■ Nancy Johnson
■ 7 Tuesdays, 1:10-4pm
■ Mar. 24-May 12
■ Kentfield Campus, Dance/Landscape Management Center 11
■ Fee $89
■ Course #35144 EC

The Flow of Watercolor

Paint the subtle and striking effects of luminosity and luster within the landscape. With a loose approach to watercolor, capture the distinctive moods of sunsets, dramatic cloudscapes and night scenes. Continuing students may choose to work independently. Individual attention will be given as time allows. All levels welcome.

Julie Cohn has been an exhibiting painter for over 20 years.
■ 7 Thursdays, 1:40-4:30pm
■ Mar. 26-May 14 (No class Apr. 16)
■ Kentfield Campus, Dance/Landscape Management Center 11
■ Fee $99 (Includes $10 materials fee)
■ Course #35062 EC

A registration form is at the center of this schedule.
What Color Is the Shadow?  
Working in Water Soluble Media  
This hands-on class is for beginning and intermediate students who are looking for an exciting approach to painting with acrylics. Observing simple still life objects, we will explore how surface color is altered by light and learn to use warm and cool colors to describe their 3-dimensionality. You will learn how to make your composition interesting and keep your colors vibrant. Expect to leave this class with one or several beautifully finished pieces. Demonstrations and “show and tell” are part of this course.

Bring a bag lunch. Please see Note under heading regarding materials.

Christine Cohen’s painting instruction covers a wide scope of styles. Her fresh approach to teaching watercolors and acrylics inspires and supports students of all skill levels to find their personal expression.

Christine Cohen  
2 Saturdays, 9:30am-4:30pm  
Apr. 25 & May 2  
**Kentfield Campus**, Dance/Landscape Management Center 11  
Fee $84 (Includes $6 materials fee)  
Course #35063 EC

Glass Fusing  
A six-week course, limited to ten students, introducing basic glass fusing techniques. Create small pieces of jewelry, simple plates and bowls, and a project using 12 layers of glass. Our studio includes two state of the art kilns. Glass pack includes compatible glass, stringers and frit for each week’s projects. Based on kiln space availability, returning students may use class time for further exploration. Projects created elsewhere, will not be fired. If needed, additional glass to be purchased by students.

Marty Meade, who has been teaching stained glass since 1978, won the College of Marin’s Academic Senate award for Community Education teacher of the year in 2006.

For each course listed below:

- **Kentfield Campus**, Fine Arts 151  
- Fee $210 (Includes $58 materials fee)  
- 6 Mondays, 7:10-10pm  
  Mar. 23-May 4 (No class Apr.13)  
  Course #35065
- 6 Fridays, 2:10-5pm  
  Mar. 27-May 8 (No class Apr. 17)  
  Course #35066

Chalk Pastels and Mixed Media  
This class continues the study of using chalk pastels for painting and drawing with the addition of other media—watercolor, gouache, acrylic, ink, charcoal, whatever you choose—with pastels. Those joining the course for the first time will have a full introduction to the chalks, surfaces and techniques. Slides, demonstrations, critiques and discussions about color and composition augment the sessions. Individual exploration for expressive potential is emphasized.

Bring a drawing board to the first class. Materials may cost from $30 to $100 and will be discussed in class. Enrollment limited.

Marianna Goodheart is an exhibiting artist who has been teaching Chalk Pastels since 1982. She is also a sculptor and has work in public and private collections in the United States, Canada and France.

- 7 Fridays, 1:10-4pm  
- Mar. 27-May 15 (No class Apr. 17)  
- **Kentfield Campus**, Fine Arts 201  
- Fee $118  
- Course #35064

Jewelry and Metalsmithing  
The beginners/beginners plus class will focus on fundamentals of soldering, forming, construction, use of hand tools and finishing techniques. There will be 2-3 projects. The goal of the intermediate/advanced class is the refinement of the fundamentals of jewelry making and a focus on the development of the student’s personal design ideas. There will be one-on-one discussion between student and instructor and an evolving menu of new techniques.

Class size is limited to 20; early enrollment advised. Students purchase supplies as needed.

A nationally recognized artist, Lisa D’Agostino has been designing, making and selling her work in her one-person studio for 29 years.

For each course listed below:

- **Kentfield Campus**, Fine Arts 15  
- Fee $133 (Includes $25 materials fee)  
- Beginners/Beginners Plus  
- 7 Tuesdays, 7:10-10pm  
- Mar. 24-May 12 (No class Apr. 14)  
- Course #35067
- Intermediate/Advanced  
- 7 Wednesdays, 7:10-10pm  
- Mar. 25-May 13 (No class Apr. 15)  
- Course #35068
Jewelry Making: Combining Silver Clay and Copper Clay

College of Marin is proud to present this world premiere class. Twelve years ago, the new medium of silver clay was introduced to the U.S. market; now, for the first time, bronze and copper clay are available as well! In this workshop you will learn how to use copper clay and how to combine it with silver. On the first day, you will make the copper part of one or two pairs of earrings, and kiln firing will be demonstrated. On the second day, you will make the silver part, fire it yourself with a torch and finish the earrings using traditional metal fabrication techniques.

Experience with silver clay is required. Samples of work in copper clay can be viewed at this link: http://store.artinsilver.com/brandco.html.

A supplies list (Toolkit) is available online. Go to www.marincommunityed.org, go to the class and click on the Course #. Or you may contact hadar@pacbell.net or (510) 528-4193.

Hadar Jacobson, the author of the books: The Handbook of Metal Clay: Textures and Forms and Silver and Bronze Clay: Movement and Mechanisms.

■ 2 Saturdays, 12noon-5pm
■ Mar. 28 & Apr. 4
■ Kentfield Campus, Fine Arts 15
■ Fee $159 (Includes $60 materials)
■ Course #35154

Ceramic Sculpture: The Art of Hand Building

Clay is a wonderful medium to work in, tactile and responsive. Bring to life your vision, whether you are interested in figurative, abstract or functional work. You will learn to master the skills of hand building and choose the one best suited to your project. By looking at the works of different artists, you will learn to recognize the basic elements of design in space. A variety of surface treatments such as glazes, stains, encaustics, etc., will also be covered.

All materials are provided. Optional texts will be discussed in class. Register early; class limited to 12 students. Bring your lunch to the Saturday workshops.

Nadine Gay is a French born artist who has shown extensively in Paris and the USA. She is a painter, a muralist and a sculptor and has worked with clay for more than twenty years.

■ 6 Thursdays, 6-9pm
■ Apr. 9-May 14
■ Plus Saturday, 10:30am-4:30pm
■ May 9
■ Art League of Northern California
■ Hamilton Field, Novato
■ 781 Hamilton Parkway
■ Fee $245 (Includes $87 materials/special fee)
■ Course #35069

Textile Art: Knit and Crochet

Create your own unique textile art by using the crafts of knitting and crochet in new and nontraditional ways. Transform your basic techniques into exciting and expressive fiber art objects by working with unusual yarn or string like material, manipulating the already created fabric, creating three-dimensional pieces and adding fabrics, beads or paint to the surface.

Basic knowledge of knit and crochet stitches recommended. Bring yarn and needles. Materials, hand outs and inspiration will be available in class.

The two-day workshop is scheduled with two weeks in between so that you can have time to work at home.

Katherine Bacher, MFA (Fiber and Mixed Media) has been exhibiting her work since 1987 and offering fiber techniques since 1994.

■ 2 Saturdays, 10am-4pm
■ May 2 & 16 (No class May 9)
■ Kentfield Campus, Emeritus Center
■ Fee $120
■ Course #35070 EC

Art On the Go Bus Trip: Papua New Guinea Sculpture Garden

The Papua New Guinea Sculpture Garden contains 40 wood and stone carvings of people, animals and magical beings that illustrate creation stories and cultural traditions. Ten artists from the inland Sepik River area created the sculptures on site during a five month visit in 1994. We will have a private tour of this unique sculpture garden located in an Oak and Cedar grove on the Stanford campus. We will have time for a short visit to the Cantor Art Center.

Bring your lunch to enjoy in the Rodin Sculpture Garden. Limited to 20.

Rhoda Becker

■ Thursday, 10am-2pm
■ May 21
■ Corte Madera Town Center
■ Meet on Madera Blvd.
■ Fee $49 (Includes $30 special fee)
■ Course #35071 EC
BUSINESS/CAREER DEVELOPMENT/SMALL BUSINESS

CAREER DEVELOPMENT

Find Your Inner Editor: Introduction to Editing and Proofreading

When you are reading a magazine, does your eye automatically find typos? Do you have knowledge of grammar, spelling and punctuation? If so, you may have inherited good grammar genes and may want to consider becoming an editor or proofreader. We will cover job skills, training and terminology/vocabulary, as well as the inner workings of the editorial business, including pay rates, expectations, computers, self-marketing, definitions of editorial functions, handling criticism, deadlines and part-time and freelance opportunities. Fun and challenging exercises help you practice editing and proofreading skills.

John Maybury is a freelance copy editor and proofreader for a number of publications, advertising agencies, nonprofit organizations and corporations.

- Saturday, 1-5pm
- Apr. 11
- Kentfield Campus, Harlan Center 173
- Fee $65 (Includes $5 materials fee)
- Course #35074

Another course of interest . . .

Writer’s Boot Camp: How to Write Nonfiction and Get Paid for It

is listed under Writing.

SMALL BUSINESS

Small Budget Advertising

Have you recently started a business or are you planning to? Are you new to advertising and wondering how are you going to afford it? Too many businesses randomly try different tactics with disappointing results. You can advertise effectively and with little money. In this class, you’ll learn how to write a brief, yet comprehensive advertising plan designed to save you money. We’ll talk about setting a strategic direction; review ideas that cost little or no money; and how to track the results.

Materials fee covers a 90-page tutorial which will be distributed in class.

Glynns Thomas has nearly 20 years of advertising experience with some of the world’s largest advertising agencies, is currently an advertising consultant and a SCORE volunteer, consulting to small businesses across the nation.

- Saturday, 9am-12noon
- May 9
- Kentfield Campus, Science Center 133
- Fee $99 (Includes $30 materials fee)
- Course #35155

Importing as a Small Business

Learn how you can become an importer now in a one day seminar highly rated for the instructor’s experience, pace, candor and humor. You will be guided through licensing, selecting products, finding suppliers; working with governments, bankers, brokers, carriers; financing, costing and pricing and gaining orders for your products. This knowledge becomes the basis for an export business as well. After the seminar, help via email with instructor and past students is included. Travel! Work out of your home to start!

Recommended text, How Small Business Trades Worldwide, is available at Kentfield Campus bookstore.

John Spiers has worked and traveled extensively worldwide with import-export companies since 1974, in virtually every position. Since 1984, John is self-employed trading internationally.

- Saturday, 9am-5pm
- May 2
- Kentfield Campus, Science Center 133
- Fee $69 (Includes $4 materials fee)
- Course #35145

So You Want to Start a Specialty Food Business

Perhaps your friends and family have encouraged you to sell your delicious BBQ sauce, homemade cookies or jams; perhaps you have already begun and want information on expanding; or maybe you just love food and need an overview of the marketplace to point you in the right direction. Whatever your motivation, you will gain a competitive edge by learning the ups and downs, the ins and outs of the trendy specialty food industry from an insider.

Topics include the planning and production process, contacts to get you started, capitalization options, creative marketing ideas, unraveling the distribution network and more. Course fee includes a packet containing worksheets, resource guides and current trend analyses.

Anni Minuzzo is a 27-year veteran in the food trade, has owned a wholesale baking company for over 18 years, teaches in
four regional counties and is a business coach.
- Monday, 2:40-5:30pm
- Apr. 27
- Kentfield Campus, Harlan Center 161
- Fee $55 (Includes $5 materials fee)
- Course #35073

ONLINE SMALL BUSINESS CLASS
To register for the following online classes, please refer to “Register Information” on page 43, or go to www.marincommunityed.org. After registering for an online class, please email cheryl.carlson@marin.edu and include your name, course name(s) and course number(s). If you have any questions, call Cheryl at 415.485.9311. The dates shown below are the starting dates for the associated course number.

Import Export Now!
Do you want to import and/or export goods or services and could benefit from a step-by-step course? This nine-week seminar course is appropriate for people with zero business background as well as established businesses looking for new trade. Learn how to develop your product or service, find the best suppliers and customers and work with banks, insurance companies, government agencies and other trade agencies. You will be taken through licensing and permits, setting yourself up for properly conducting trade worldwide at the small business level.
- John Spiers
- Fee $95
- 9 Wednesdays, 6-8am
- Apr. 15-June 10
- Course #35005

ONLINE MARKETING CLASSES
To register for the following online classes, please refer to “Register Information” on page 43, or go to www.marincommunityed.org. After registering for an online class, please email cheryl.carlson@marin.edu and include your name, course name(s) and course number(s). If you have any questions, call Cheryl at 415.485.9311. The dates shown below are the starting dates for the associated course number.

Mystery Shopping
Get paid to go shopping as a freelance mystery shopper! Mystery shopping is used by hundreds of well-known businesses in the United States to ensure consistent, top-quality customer service from their employees. Paid shoppers earn from $10-$40 per hour and are in regular demand. This four week, Internet-based, online course will provide you with information about how to become a freelance shopper or to set up your own business service. The course has four modules and includes case studies, exercises and handouts.
- Rick Sheridan
- Fee $79
- May 20/Course #35001

Patents, Prototypes and Profits
This four-week course covers patent dos and don’ts; patent searches; patent infringement; filing a patent application for $75; creating prototypes; finding markets for your product; trade secrets; public domain and trademark definitions; doing it yourself vs. attorneys or invention marketing companies; and doing your own manufacturing vs. selling or licensing. We use a step-by-step process to cover material and include most forms.
- Claudia M. Doege
- Fee $59
- May 20/Course #35002

Rights, Royalties and Revenue Streams
Artists, authors, crafters, musicians, photographers, publishers! Focusing on copyrights and trademarks, we cover the step-by-step process from idea or design to ownership of the work, the forms needed, and the ultimate sale or license. “Fair Use,” public domain items, trademarks and new copyright laws are all explained and a list of 365 ways to distribute your work is included.
- Claudia M. Doege
- Fee $59
- May 20/Course #32003

A License to Print Money
How do you bring that great idea or product to market that you’ve already copyrighted or patented, especially without the time or finances to risk manufacturing it yourself? You license it! This four-week course gives specific information and forms on where and how to obtain license fees for your ideas or products.
- Claudia M. Doege
- Fee $59
- May 20/Course #35004
COMPUTERS

Community Education’s computer courses are designed to offer exposure to a specific program or application rather than to build skills. All courses are hands-on and taught with one student per computer, offering one-on-one instruction. Courses are offered at a variety of times throughout the quarter for your convenience. There is no homework and no grades.

If you wish to build skills, College of Marin offers credit classes. The goal of these classes is to provide in-depth understanding of the subject through textbook study, homework and lab assignments. Credit Classes are graded and you can work toward a certificate or associate degree. For more information, please refer to the Credit Schedule.

COMPUTER CENTER

Hands-on courses are offered in the Ohlone and Pomo Clusters (Mondays-Saturdays) on the Indian Valley Campus (located at the west end of Ignacio Blvd., Novato). See map at the back of this schedule. College parking is $3 per calendar day and free on Saturdays. All parking permit machines accept quarters and some accept dollar bills.

IMPORTANT INFORMATION

Please register at least one week before the first class meeting. Waitlisted people will be admitted 30 minutes after a course starts if space is available. Please arrive on time to ensure your seat. Be sure to review “Registration Information” on page 43 before registering.

You are expected to have:

• Windows proficiency before enrolling in any PC application course that is held in Ohlone 216. If you do not have these skills, we recommend that you take Intro. to Windows.

• Mac proficiency before enrolling in any Mac application course that is held in Pomo 199. If you do not have these skills, we recommend that you take Intro. to Macintosh.

On the Indian Valley Campus, the Internet Café is located in building #17, and offers complementary coffee and tea, as well as edibles for purchase, Monday through Thursday, 8:30am-7:00pm, and Fridays, 8:30 am-12noon. It is two miles to the nearest eatery, so if you are coming during off hours, we recommend that you bring something to eat and drink

Hands-On Computer Courses

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Computer Fundamentals I

This is an introduction to the PC for the first-time computer users and is designed to remove intimidation. We will teach you how to turn on the computer, the first steps to Touch Typing, how to hold, move and click the mouse, computer hardware identification, open a window, launch a Windows program, start an Internet browser to access several websites and how to turn the computer off.

• Tom Millard
• Monday, 1:30-4:30pm
• Mar. 23
• Indian Valley Campus, Ohlone 216
• Fee $45
• Course #35009

Computer Fundamentals II

In this course you can get more familiar with the PC by learning the fundamental elements for successful computer literacy. We will cover computer system basics, tips on buying a computer, revealing the secret
of computer terminology and using application programs to create, edit, save, retrieve and print documents. Along the way students will learn to navigate Windows by using menus, toolbars and dialogue boxes.

We want you to succeed in this course and suggest you be proficient with the mouse and keyboard before enrolling.

- **Tom Millard**
  - 2 Mondays, 1:30-4:30pm
  - Mar. 30 & Apr. 13 (No class Apr. 6)
  - **Indian Valley Campus**, Ohlone 216
  - Fee $90
  - **Course #35010

**Intro. to Windows**

Learn about the basic features of Windows, Microsoft’s desktop operating system. This course covers desktop navigation, running programs, connecting to the Internet and getting online help. Learn how to manage files by using Windows Explorer to copy, move, delete and restore deleted files. You will also be given other basic information to help prepare you for our software application courses.

We want you to succeed in this course and suggest you be proficient with the mouse and keyboard before enrolling.

- **Levi Allen**
  - 3 Wednesdays, 9am-12noon
  - Apr. 22-May 6
  - **Indian Valley Campus**, Ohlone 216
  - Fee $155 (Includes $20 materials fee)
  - **Course #35011

**Differences Between Windows XP & Vista**

Come and discover the basic differences between Windows XP & Vista, Microsoft’s newest Operating System. We will highlight the difference in the video displays, the grouped task-oriented-centers, file and folder navigation, new and changed accessories and the vastly improved security systems that are built in, including Parental Controls.

We want you to succeed in this course and suggest you be proficient with the mouse and keyboard before enrolling.

- **Tom Millard**
  - Monday, 1:30-4:30pm
  - May 11
  - **Indian Valley Campus**, Ohlone 216
  - Fee $45
  - **Course #35012

**Intro. to the Internet**

The skills and knowledge provided in this course will help you feel comfortable using the Internet and email. We will cover how to check and use email, search the Internet and refine your search, download programs and documents, shop online and access the Internet’s most popular and useful sites.

We want you to succeed in this course and suggest you be proficient with the computer before enrolling.

- **Tom Millard**
  - 2 Mondays, 1:30-4:30pm
  - Apr. 27 & May 4
  - **Indian Valley Campus**, Ohlone 216
  - Fee $90
  - **Course #35013

**Intro. to the Macintosh**

Become productive with the Mac in the shortest time possible! This course is designed for the beginning computer user. We will cover how RAM chips and hard disks work together; opening, closing and resizing windows; Finder/desktop navigation; creating a navigational alias; printing documents; accessing online help; file organization and backup; using the find utility; exploring Control Panels and installing fonts.

- **Steve Salzman**
  - 3 Tuesdays, 7-10pm
  - Mar. 24-Apr. 14 (No class Apr. 7)
  - **Indian Valley Campus**, Pomo 192
  - Fee $170 (Includes $35 materials fee)
  - **Course # 35014

**Interm. Macintosh**

This course will take you to the next level of Mac usage. We will cover advanced Finder options, Smart Folders and Spotlight searches, Administrative privileges and account settings, installing and switching among Applications, overview of Apple Mail, installing Fonts and Font Sets, iTunes and iPhoto overview, backup options and where to get help.

This course builds upon skills that are learned in Intro. to the Macintosh.

- **Steve Salzman**
  - 3 Tuesdays, 7-10pm
  - Apr. 21-May 5
  - **Indian Valley Campus**, Pomo 192
  - Fee $135
  - **Course #35015

www.marincommunityed.org
WORD 2007 SERIES

Word is the best-selling word processor and is used to create impressive looking documents, brochures and flyers. Use these courses to upgrade your administrative skills and advance in the job market. You may register for the entire series or for the individual courses. All of the courses in the Word Series (Intro, Interm and Adv) are offered at Indian Valley Campus, Ohlone 216. The following classes are taught on a PC. If you have any questions, please call 415.485.9311.

To register for the series at a reduced fee:
■ Fee $335 (Includes $25 materials fee)
■ Course #35019

Intro. to Word 2007
If you are looking for a job in today’s market, this is the software program to learn. This course will explore techniques used to create letters, reports and other text-based documents. Learn how to use shortcut keys; create, save, print and edit documents; move, copy, find and replace text; enhance a document by formatting text; use efficiency tools such as spell checker, auto correct and auto text.

We want you to succeed in this course and suggest you be proficient with the computer before enrolling.
■ Tom Millard
■ 3 Wednesdays, 1:30-4:30pm
■ Mar. 25-Apr. 15 (No class Apr. 8)
■ Fee $160 (Includes $25 materials fee)
■ Course #35016

Interm. Word 2007
This course will help you become more productive with the program. We will review and then we will turn our attention to templates, envelopes and labels, styles, headers and footers, toolbars, creating and formatting tables, working with col-

Word Tips and Tricks
Whether you are a beginning or an advanced user of Microsoft Word, you will be amazed how much more productive you can become in a short period of time. This course will show you tips and tricks gleaned over years of experience teaching Word.

This course builds upon skills that are learned in Intro. to Word.
■ Tom Millard
■ Monday, 1:30-4:40pm
■ Apr. 20
■ Indian Valley Campus, Ohlone 216
■ Fee $45
■ Course #35019
Excel is a very useful and powerful tool that enables you to turn data into information so that it can be analyzed. You may register for the entire series or for the individual courses. All of the courses in the Excel Series (Intro, Interm and Adv) are offered at Indian Valley Campus, Ohlone 216. The following classes are taught on a PC. If you have any questions, please call 415.485.9311.

To register for the series at a reduced fee:
■ Fee $335 (Includes $25 materials fee)
■ Course #35024

Intro. to Excel 2007
A spreadsheet is a powerful, yet easy-to-use tool to keep track of anything that can be counted. In this course you will learn the basics of creating, modifying, printing and formatting worksheets, working with basic formulas and functions, enhancing worksheets, using styles and auto formats.
We want you to succeed in this course and suggest you be proficient with the computer before enrolling.
■ Levi Allen
■ 3 Mondays, 9am-12noon
■ Mar. 23-Apr. 13 (No class Apr. 6)
■ Fee $160 (Includes $25 materials fee)
■ Course #35021

Interm. Excel 2007
In this course you will learn how to become more productive using Excel’s financial and logical functions. You will learn how to create tables, apply custom and conditional format options, use protection features and create templates for printing worksheets. You will also create links, hyperlinks and explore quick and easy chart techniques.
This course builds upon skills that are learned in Intro. to Excel.
■ Susan Henning
■ 3 Mondays, 9am-12noon
■ Apr. 20-May 4
■ Fee $135
■ Course #35022

Become an advanced Excel user and learn about 3-D reference formulas, data consolidation, recording macros to automate tasks, generate a subtotal report and analyze data using a pivot table.
This course builds upon skills that are learned in Interm. Excel.
■ Susan Henning
■ Tuesday, 9am-4pm
■ May 12
■ Fee $90
■ Course #35023

Excel Tips and Tricks
Learn the most popular and requested techniques to maximize effectiveness and ease of use for this indispensable spreadsheet program. We will use the most common tasks and present timesaving and easy ways to dramatically improve your productivity.
This course builds upon skills that are learned in Intro. to Excel.
■ Tom Millard
■ Wednesday, 1:30-4:30pm
■ May 13
■ Indian Valley Campus, Ohlone 216
■ Fee $45
■ Course #35025
COMPUTERS

POWERPOINT 2007 SERIES

PowerPoint is the world’s leading presentation software program and is widely used to create dynamic and high-impact presentations. You may register for the entire series or for the individual courses. **All of the courses in the PowerPoint Series (Intro, Interm and Adv) are offered at Indian Valley Campus**, Ohlone 216. The following classes are taught on a PC. If you have any questions, please call 415.485.9311.

To register for the series at a reduced fee:
- Fee $335 (Includes $25 materials fee)
- Course #35027

**Intro. to PowerPoint 2007**

This course will give you a solid foundation for creating and delivering effective and dynamic presentations through a visual, full-color approach. Learn how to create a presentation from scratch as you build, layout and design each slide using text, graphics, color, animation and sound.

We want you to succeed in this course and suggest you be proficient with the computer before enrolling.

- Susan Henning
- 3 Tuesdays, 9am-12noon
- Mar. 24-Apr. 14 (No class Apr. 7)
- Fee $160 (Includes $25 materials fee)
- Course #35026

**Interm. PowerPoint 2007**

In this course we will take a closer look at PowerPoint with an emphasis on multimedia, animation and the Internet. Learn different ways to use sound, insert digital photographs, custom animation and timing methods. You will also create links and OLE objects and explore presentation methods and techniques.

This course builds upon skills that are learned in Intro. to PowerPoint.

- Susan Henning
- 2 Tuesdays, Apr. 21 & 28
- Apr. 21, 9am-4pm
- Apr. 28, 9am-12noon
- Fee $135
- Course #35028

**Adv. PowerPoint 2007**

Become a PowerPoint expert by learning how to integrate images from a camera, scanner and the Internet. Create links from Excel and Word, create a custom slide show, use action buttons and design advanced animations. We will work with various sound formats and insert a narration.

This course builds upon skills that are learned in Intro. to PowerPoint.

- Susan Henning
- Tuesday, 9am-4pm
- May 5
- Fee $90
- Course #35029

**Intro. to Outlook 2007**

Learn about email and the other powerful parts of Outlook to help better manage your time or business. We will teach you email features such as how to manage folders, search for that lost email, mark emails for follow up, creating signatures and setting email preferences. We will also cover: contacts and how to manage them and build a distribution list, the calendar and how to schedule repeating events, set reminders and export it to other programs or your PDA, as well as tasks, notes and journals.

We want you to succeed in this course and suggest you be proficient with the computer before enrolling.

- Susan Henning
- 2 Wednesdays, 7-10pm
- May 6 & 13

**Intro. to QuickBooks Pro**

QuickBooks is a perfect accounting program for the small to medium sized business. In this course, you will learn the major features of the program including new company set up; how to have a perfect chart of accounts; how to use the features of lists; set up bank accounts and credit cards and how to reconcile these accounts; invoice your customers, receive payments and make deposits; enter and pay bills; reports to manage AR, AP and cash flow.

We want you to succeed in this course and suggest you be proficient with the computer before enrolling.

- Indian Valley Campus, Ohlone 216
- Fee $115 (Includes $25 materials fee)
- Course #35030

For registration information, see pages 43-45.
For each of the following courses:
- **Indian Valley Campus, Ohlone 216**
  - Fee $220 (Includes $80 materials fee)
- **Christine Moreda**
  - 3 Tuesdays, 6-9pm
  - Mar. 24-Apr. 14 (No class Apr. 7)
  - Course #35031
- **Pamela Lyons**
  - 3 Thursdays, 6-9pm
  - Mar. 26-Apr. 16 (No class Apr. 9)
  - Course #35032

**Interm. QuickBooks Pro**

We will build on skills learned in the Intro. class and take QuickBooks to the next level. You will learn to: track time for your services; process payroll using employee timesheets; pay payroll taxes; perform year-end payroll management functions; invoice your clients with professional formats (using the layout designer) and how to email invoices to clients; process credits for clients; setup and track sales tax to enable QuickBooks to pay your sales tax; inventory setup and management; data management of files including backup procedures; reports and financial analysis

This class builds upon skills that are learned in Intro. to QuickBooks Pro. We highly recommend completing Intro before taking Interm.

- **Pamela Lyons**
  - 3 Thursdays, 6-9pm
  - Apr. 23-May 7
  - Indian Valley Campus, Ohlone 216
  - Fee $140
  - Course #35033

**Adv. QuickBooks Pro**

The skills taught in this course are for all job costing companies: construction, consulting, architecture, interior design—any company that tracks income and expenses by project for customers and jobs. In easy-to-understand examples and written materials, these important features will enable you to increase your company’s cash flow. We will also cover how to set up jobs, track income by job, track expenses, track your employees’ and subcontractors’ time spent on the job and invoicing your customers using payroll features and cost controls. Financial analysis of this information and important financial reports will also be covered.

This class builds upon skills that are learned in Interm. QuickBooks Pro.

- **Pamela Lyons**
  - Saturday, 9am-4pm
  - May 9
  - Indian Valley Campus, Ohlone 216
  - Fee $100
  - Course #35034

**How to Buy and Sell on eBay**

Learn the secrets of buying and selling almost anything on eBay, one of the most popular sites on the Internet. This course will include an overview of the eBay site, how to setup your own personal account, details of the eBay auction system, how to find items to purchase, listing an item for sale (including pictures and information) and how to safely complete your sale or purchase. eBay is a worldwide community of buyers and sellers which means that you are not limited to just your local area. The world is truly your oyster.

We want you to succeed in this course and suggest you be proficient with the Internet before enrolling.

Students must be at least 18 or accompanied by parent/guardian.

- **Carolynn Crandall**
  - Saturday, 9am-4pm
  - Apr. 4
  - Indian Valley Campus, Ohlone 216
  - Fee $100
  - Course #35035

**Another course of interest . . .**

**How to Be an eBay Power Seller**

is listed under Business.

**Interm. Dreamweaver**

Take Dreamweaver to the next level by using the new CSS Layout objects, (Cascading Style Sheets), smart objects, learn to use Dreamweaver’s new Spry Framework to create interface effects like popup menus and tabbed interfaces and go more in-depth with site management and uploading/maintaining your website via a built in FTP client.

This class builds upon skills that are learned in Intro. to Dreamweaver.

- **Steve Salzman**
  - 3 Tuesdays, 7-10pm
  - Mar. 26-Apr. 16 (No class Apr. 9)
  - Indian Valley Campus, Pomo 192
  - Fee $140
  - Course #35036
INDESIGN SERIES

Join the creative professionals who are choosing the new standard in layout and design for brochures, newsletters, posters, magazines, books and other printed materials. Build on your skills with this series whether you are new to layout programs or are experienced and switching from Quark Xpress.

You may register for the entire series or for the individual courses taught by Lynda Banks. All of the courses in the InDesign Series are offered at Indian Valley Campus, Pomo 192. If you have any questions, please call 415.485.9311.

To register for the series at a reduced fee:
- Fee $390 (Includes $30 materials fee)
- Course #35037

Intro. to InDesign

Designed by Adobe to surpass XPress, InDesign is tightly integrated with their Photoshop, Illustrator, and GoLive applications. Learn to set up pages, create style sheets, import photos, graphics and create great effects such as drop shadows and blending modes all in one program. By the end of the course, you will have created either a small brochure or a magazine article.

We want you to succeed in this course and suggest you be proficient with the computer before enrolling.
- 2 Fridays, Mar. 27 & Apr. 3
- Mar. 27, 9am-4pm
- Apr. 3, 9am-12noon
- Fee $170 (Includes $30 materials fee)
- Course #35038

Interm. InDesign

You will learn the book feature that makes managing long documents a breeze, explore many typographic refinements, master the drawing tools including the pen tool and the pathfinder palette, learn to create tables for both data and visuals, export your document to a PDF with customized presets and package files for the printer.

This course builds upon skills that are learned in Intro. to InDesign.
- 2 Fridays, Apr. 3 & Apr. 17 (No class Apr. 10)
- Apr. 3, 1-4pm
- Apr. 17, 9am-4pm
- Fee $140
- Course #35039

Adv. InDesign

We will cover how to create more interesting, complex and sophisticated documents utilizing greater depth of the tools, styles and techniques. You will learn to manage color calibration and document prep, use advanced typography, prepare documents for the Internet, learn to use text tags and to automate some processes. You will also learn how to take advantage of InDesign’s integration with other Adobe programs.

This course builds upon skills that are learned in Interm InDesign.
- 2 Fridays, Apr. 24 & May 1
- Apr. 24, 9am-4pm
- May 1, 9am-12noon
- Fee $140
- Course #35040

ILLUSTRATOR SERIES

Produce professional art and graphics for print, video, web, fabrics and mobile devices with this program of choice. These courses will take you from simple shapes to powerful tool for creating more complex art. You may register for the entire series or for the individual courses taught by Lynda Banks. All of the courses in the Illustrator Series are offered at Indian Valley Campus, Pomo 192. The following class is taught on a Mac; however there are few differences when using the application whether you are on a Mac or a PC. If you have any questions, please call 415.485.9311.

To register for the series at a reduced fee:
- Fee $415 (Includes $55 materials fee)
- Course #35041
Intro. to Illustrator
In this course you will learn basic approaches to creating graphics; type effects strategies for optimizing graphics for the Internet; receive an introduction to the toolbox, palettes, graphic tools, path tools, layers; and improve Image and color editing for the print environment.

We want you to succeed in this course and suggest you be proficient with the computer before enrolling.

- 2 Saturdays, Mar. 28 & Apr. 4
- Mar. 28, 9am-4pm
- Apr. 4, 9am-12 noon
- Indian Valley Campus, Pomo 192
- Fee $195 (Includes $55 materials fee)
- Course #35042

Interm. Illustrator
We will cover symbols and the use of symbol tools, brushes, graphic styles, appearances, transparencies, clipping masks, live trace and live paint, blending modes and other tools and techniques to create spectacular art.

- 2 Saturdays, Apr. 4 & 18 (No class Apr. 11)
- Apr. 4, 1-4pm
- Apr. 18, 9am-4pm
- Indian Valley Campus, Pomo 192
- Fee $140
- Course #35043

Adv. Illustrator
Take your knowledge of Illustrator to the next level! Create 3D objects and map art to 3D surfaces, gradient mesh tool, warp distortion and envelopes, actions, web graphics and how to export your file to Flash for animation.

This course builds upon skills that are learned in Interm Illustrator.

- 2 Saturdays, Apr. 25 & May 2
- Apr. 25, 9am-4pm
- May 2, 9am-12 noon
- Indian Valley Campus, Pomo 192
- Fee $140
- Course #35044

FLASH SERIES

Thousands, if not millions of web sites use Flash for everything from streaming animation, games, educational movies, and interfaces. Flash has brought motion to the Internet and is a great tool for energizing content and increasing user interest and attention. You may register for the entire series or for the individual courses taught by Lynda Banks. All of the courses in the Flash Series are offered at Indian Valley Campus, Ohlone 216. The following class is taught on a PC; however there are few differences when using the application whether you are on a Mac or a PC. If you have any questions, please call 415.485.9311.

To register for the series at a reduced fee:
- Fee $395 (Includes $35 materials fee)
- Course #35045

Intro. to Flash
Learn the basics of Flash, the premier program for streaming animation for the Internet. We will cover basic timeline animation and step-by-step motion graphics. Create simple movies that have motion, music and sound effects. Learn how to draw within Flash and how to import photos, visuals, and sound. We will begin animating in the first class.

We want you to succeed in this course and suggest you be proficient with the computer before enrolling.

- 2 Mondays & 1 Wednesday, 7-10pm
- Mar. 23, 25 & 30
- Fee $175 (Includes $35 materials fee)
- Course #35046

Interm. Flash
Build your Flash skills by adding to your basic animation and motion graphic techniques with sound properties. We will cover the integration of Illustrator and Photoshop layers to increase your production skills, masks and animation masks, effects and more advanced drawing and animation techniques.

This course builds upon skills that are learned in Intro. to Flash.

- 2 Wednesdays & 1 Monday, 7-10pm
- Apr. 1, 13 & 15 (No class Apr. 6 & 8)
- Fee $140
- Course #35047

Adv. Flash
We will cover how to setup a Flash project, add interactivity to your projects using simple action scripting with buttons and the timeline as well as importing video.

This course builds upon skills that are learned in Interm Flash.

- 2 Mondays & 1 Wednesday, 7-10pm
- Apr. 20, 22 & 27
- Fee $140
- Course #35048
**PHOTOSHOP SERIES**

Whether your interest is in fine arts, digital illustration, digital photography, or graphics for print or the Internet, come explore your creativity and find your digital niche. We have grouped the four courses into two different series. You may register for either series or for the individual courses taught by Jazmine Loiselle. All of the courses in the Photoshop Series are offered at Indian Valley Campus, Ohlone 216. The following class is taught on a PC; however there are few differences when using the application whether you are on a Mac or a PC. If you have any questions, please call 415.485.9311.

**Introductory Photoshop Series**

This series includes Photoshop I & II at a reduced fee:
- Fee $275 (Includes $35 materials fee)
- Course #35049

**Photoshop I**

In this introduction, learn the basics of Photoshop while we cover the fabulous digital photography features, basic approaches to repairing damaged photos, correcting color and enhancing details of digital and scanned photographs. Adobe Bridge/Browser functions will be introduced to learn to make global edits on multiple RAW, TIF and JPG files. Color bit-depth, resolution and file formats and file compression formats will also be explained. Learn about the basics of editing digital photography and fine art for print and the web.

We want you to succeed in this course and suggest you be proficient with the computer before enrolling.
- 2 Thursdays, Mar. 26 & Apr. 2
- Mar. 26, 9am-4pm
- Apr. 2, 9am-12noon
- Fee $175 (Includes $35 materials fee)
- Course #35050

**Photoshop II**

Discover techniques of unlimited image editing using layers, type masks, clipping layers and clipping paths. Learn about Adjustment Layers for advanced image editing and simple tricks that allow you to take advantage of paths as selection strategies.

This course builds upon skills that are learned in Photoshop I.
- 2 Thursdays, Apr. 2 & 16 (No class Apr. 9)
- Apr. 2, 1pm-4pm
- Apr. 16, 9am-4pm
- Fee $140
- Course #35051

**Interm./Adv. Photoshop Series**

This series includes Photoshop III & IV at a reduced fee:
- Fee $240
- Course #35052

**Photoshop III**

Enhance digital imaging with more special effects. Learn about type effects, the improved type environment and an introduction to the creation of buttons, banners and type masks for the web environment and printing. Discover how to create and use channels for blending photos, art Images and more.

This course builds upon skills that are learned in Photoshop II.
- 2 Thursdays, Apr. 23 & 30
- Apr. 23, 9am-4pm
- Apr. 30, 9am-12noon
- Fee $140
- Course #35053

**Photoshop IV**

Develop a broader understanding of the application of layer masks and channel masks. Learn how to apply these masks to achieve the ultimate image editing control for both web and print. If time permits we will also learn about Image Ready for simple animated logos on your web page, exporting and importing images with other programs and more tips and tricks.

This course builds upon skills that are learned in Photoshop III.
- 2 Thursdays, Apr. 30 & May 7
- Apr. 30, 1-4pm
- May 7, 9am-4pm
- Fee $140
- Course #35054

Another course of interest . . .

**Photoshop Elements:**

The Digital Darkroom is listed under Photography.
CURRENT EVENTS

Current Issues before the United States Supreme Court

This is a discussion class for which we read a summary, briefs and other materials concerning major cases on the current calendar of the U.S. Supreme Court. The instructor provides background materials on the Court, explanation of legal jargon and how the Court’s cases are chosen. The course will cover the historical development of the Court and its place in our Constitutional government. We will discuss all arguments in the cases and vote on the outcome. No legal background or specialized knowledge is required.

Marshall W. Krause was Chief Attorney for the ACLU of Northern California, a reporter for KQED’s Newsroom, a Professor of Political Science at San Francisco State University, and practiced law in Marin County from 1974 to 2000. He handled 7 cases decided by the US Supreme Court, winning 6 of them.

- 7 Thursdays, 11:10am-1pm
- Mar. 26-May 14 (No class Apr. 14)
- Kentfield Campus, Olney Hall 105
- Fee $66 (Includes $2 special fee)
- Course #35075 EC

Aerial Dance on Low Flying Trapezes

This small, supportive class is designed to introduce people who love to dance to expanding their movement repertoire into dimensions off the ground. You will learn aerial dance techniques and gain strength as you explore ways to suspend, balance and “fly,” using low, multi-level trapezes and fabric slings. Designed to offer techniques and individual instruction that allows you to work at your own ability level, and the first hour of each class includes a thorough warm up of yoga, Pilates and contact improv.

Please wear clothing comfortable to dance in. Enrollment limited, so register early.

Cory Vangelder loves to “fly” and has been teaching aerial dance for six years. She studied with Terry Sendgraff, one of the founders of the aerial dance form.

For each course listed below:
- The Common Well Movement Arts Center
  - 85 Bolinas Road, Fairfax
  - 4 Tuesdays, 6:30-8:30pm
  - Fee $81 (Includes $20 special fee)
  - Mar. 24-Apr. 14/Course #35076
  - Apr. 21-May 12/Course #35077

DANCE

The Legacy of Isadora Duncan: Her Life and Art

Place your hands ...on your heart, listen to your soul. There is the true revolution. Let the people place their hands in this way on their hearts, and in listening to their souls they will know how to conduct themselves. —Isadora Duncan

Isadora Duncan was a revolutionary, a pioneer and a legend! Often called the “mother of modern dance,” she was an artist and innovator who liberated dance from the confines of the ballet of her time and elevated it to a new art form based on simple, natural movement and the ancient Greek ideal. This performance/class centers on the dance and life of Isadora Duncan. It is both educational and entertaining, and includes both lecture and performance of Duncan’s historical repertoire.

Lois Flood performs the historical dances. Initially a ballet dancer, Lois studied Isadora’s repertoire with Julia Levien, Hortense Kooluris and Mignon Garland.

Joanna Harris, Ph.D. (Dramatic Art) narrates accounts of Isadora’s life, her personality and her opinions.

- Saturday, 2-4 pm
- May 2
- Kentfield Campus, Olney Hall 96
- Fee $14
- Course #35148 EC

Tap Dancing

Tap Dancing is America’s true Folk Dance. It has been elevated to an art form by Fred Astaire, Eleanor Powell, Gene Kelly, Gregory Hines and others. We will cover a brief history of tap dancing and learn the terminology with an emphasis on technique and style. You will learn to perform basic combinations and before you know it your feet will be flying with confidence and joy. Bring your tap shoes, wear comfortable clothing and not only will you learn to Tap Dance, but it is a terrific way to get in shape while having great fun.

Margie Belrose has owned the Belrose Theatrical School since 1954. She continues to teach tap, jazz, ballet, ballroom and acting. She is a performing actress, dancer and singer at her theater and has been since 1962.

- 7 Tuesdays, 7-8pm
- Mar. 24-May 12 (No class Apr. 14)
- Belrose Theatrical School
  - 1415 Fifth Ave. San Rafael
  - Fee $55
- Course #35078
Introduction to West Coast Swing Dance

If you are between 18 and 80, with no previous dance background, and would like to learn the basic and social skills of West Coast Swing, then come and join the fun! In addition to learning the basic steps, you will also be exposed to a variety of styles and techniques not usually presented in an introductory class. You will be given ample time to practice to music.

Go to our website for driving directions, or call 415.485.9318 to request them.

Kelly Casanova was inducted into the National Swing Dance Hall of Fame in 2004 and is a national West Coast Swing competitor, instructor, judge and chief judge with 25 years experience. She is the 1988 US Open Classic Champion and has won numerous other championship titles.

- 4 Tuesdays, 6:30-8:15pm
- Apr. 7-28
- Almonte Clubhouse
- 105 Wisteria, Mill Valley
- Fee $50
- Course #35079

Belly Dance for Fun and Fitness

Belly Dance can develop postural alignment, core strength and flexibility while exploring facets of feminine sensuality and the exotic musical nuances of Middle Eastern music. Designed to teach you the basic movements of the art form, we will begin each class with warm ups transitioning into steps and combinations. Practice will include a variety of hip movements in stationary position, the development of arm work for a polished look, how to travel across the floor and different styles of shimmies. Learn to dance to a drum solo and to identify various Arabic rhythms.

Latifa is an experienced teacher and performer of Belly Dance.

- 6 Wednesdays, 7:10-8:30pm
- Mar. 25-Apr. 29
- The Spiritual Healing Center
- 260 E. Blithedale Ave., Mill Valley
- Fee $81 (Includes $23 special fee)
- Course #35080

Traditional Samba

Samba is a traditional Afro-Brazilian art form which blends music, dance and exercise to promote wellness. Accompanied by traditional Brazilian instruments such as the surdo, the timbau, the Berimbau (a gourd with one string) and pandeirao (tambourines), you will learn and practice the basic steps of a traditional samba circle dance.

Maestre Samuka was born and trained in Bahia, Brazil, and is the director of a Capoeira and Samba dance group. Samuka has dedicated his life to teaching the therapeutic combination of samba, Capoeira and massage therapy. Samuka is also teaching “Samba for Health for Older Adults” at the Indian Valley Campus. See the College of Marin credit schedule for details (pg. 114). This class is free.

- 6 Mondays, 7:10-8:30pm
- Mar. 23-May 11 (No class Apr. 13 & 20)
- Kentfield Campus, Physical Education One
- Fee $69
- Course #35081

DRAMA

Voice Overs: The Big Picture

This is a chance to have time on the mic with a critique from Terry McGovern, as well as learn everything you’ve ever wanted to know about the business and marketing side of being a successful voice over actor. This experiential and informational workshop includes a guest speaker from the industry who will be available to answer questions.

Scripts provided! Bring an audio tape and a bag lunch to both classes.

Terry McGovern, the voice of Launchpad McQuack from Ducktales and Darkwing Duck fame, the voice of “These are not the droids you’re looking for,” from Star Wars, the voice of Sega NFL, will share with you his knowledge of the Voice Over business.

- 2 Saturdays, 10am-5pm
- May 2 & 9
- Kentfield Campus, Dance/Landscape Management Center 12
- Fee $69 (Includes $2 materials fee)
- Course #35082
ENGLISH AS A SECOND LANGUAGE
College of Marin ESL - Start here...Go Far.

The College of Marin ESL course sequence takes students from beginning levels through classes designed to prepare them for freshman composition classes. New students must take a placement test to determine their level before enrolling in classes. For more information, visit us in HC 101 or call 415.485.96422.

### NONCREDIT ESL SEQUENCE

<table>
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<tr>
<th>Level</th>
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<tr>
<td>ESL 10</td>
<td>Beginning</td>
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<td>ESL 20</td>
<td>High Beginning A</td>
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<td>ESL 25</td>
<td>High Beginning B</td>
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<td>ESL 30</td>
<td>Low Intermediate A</td>
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<td>ESL 35</td>
<td>Low Intermediate B</td>
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<td>ESL 40</td>
<td>College ESL Preparation Course</td>
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### Intensive English Program

In addition to the noncredit to credit ESL sequence, the Intensive English Program offers up to 20 hours/week of day classes at the Indian Valley Campus. Small classes include both F-1 International students and full-time or part-time immigrant students. Three levels span noncredit and credit levels 35 – 80. Each level includes classes in Reading and Vocabulary Development, Writing, Grammar for Oral and Written Communication, and Speaking / Listening / Pronunciation. The highest level includes TOEFL preparation. For more information, call 415.883-2211 ext. 8579.

### CREDIT ESL SEQUENCE

<table>
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<th>Level</th>
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<tr>
<td>ESL 53: Writing and Grammar</td>
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<td>ESL 56: Vocabulary and Reading Skills</td>
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<td>ESL 50: Review of Intermediate ESL Grammar (Summers only)</td>
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<td>ESL 60: Intermediate Listening and Speaking (Optional for Levels 50 and 60)</td>
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<td>ESL 63: Writing and Grammar</td>
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<td>ESL 66: Vocabulary and Reading Skills</td>
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<td>ESL 70: Review of High Intermediate ESL Grammar (Summers Only)</td>
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<tr>
<td>ESL 58A/B: Pronunciation (Optional for ALL credit levels)</td>
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<td>ESL 73: Writing and Grammar</td>
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<td>ESL 76: Vocabulary and Reading Skills</td>
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<td>ESL 80: Advanced Listening and Speaking (Optional for Levels 70 and 80)</td>
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<td>ESL 83: Writing and Grammar</td>
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<td>ESL 84AV: Advanced Grammar</td>
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<td>ESL 86: Vocabulary and Reading Skills</td>
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<td>English 98SL: Intro to College Reading and Composition I (for ESL Students)</td>
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<tr>
<td>English 120SL: Intro to College Reading and Composition II (for ESL Students)</td>
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ENGLISH AS A SECOND LANGUAGE

Spring Semester 2009:
Jan. 17-May 16

FREE, NONCREDIT CLASSES
At Kentfield and Indian Valley Campus
Beginning to Low Intermediate ESL
Pronunciation Classes
English for Gardeners
English for Childcare Workers

Off Campus locations include:
Marin Conservation Corps, San Rafael
Whistlestop, San Rafael
Margaret Todd Senior Center, Novato

Call us at 415.485.9642
Or visit the ESL Office:
Harlan Center 101, Kentfield Campus
Monday-Thursday, 8 am to 7:30 pm
Friday, 8 am-4:30 pm/Saturday, 9 am-1 pm

Credit ESL classes are available through Open College for higher-level noncredit ESL students. Open College students do not receive credit or grades. Credit classes cover intermediate to advanced level English skills. The fees are $212 for a 2-unit class, $268 for 3-unit classes, $324 for 4-unit classes and $380 for 5 unit classes. New students are required take the credit ESL placement test. Call the ESL Office as above.

INTENSIVE ENGLISH PROGRAM (ESL)

Spring Semester 2009:
Jan. 20-May 15

$2,550 full-time (20 hours) F-1 Visa Students (I-20s issued by College of Marin)

• SMALL CLASSES
• FIELD TRIPS
• 16 WEEKS
• TOEFL PREPARATION—I-20s
• EASY TRANSFER TO CREDIT CLASSES

Spring 2009—Two 8-week sessions
Non-F1 students can now choose from two 8-week sessions or one 16-week session:

Session A: January 20-March 13
Session B: March 17-May 15
$1175 for 8 weeks/$2325 for 16 weeks (20 hours)
$975/1925 (15 hours)
$725/1425 (10 hours)
$375/775 (5 hours)

Certificates of Attendance or Completion issued at end of all sessions.
New affordable 8-week sessions let students enroll at semester beginning or mid-term.

For more information or to apply:
Call 415.883.2211, ext. 8579
Fax: 415.883.2632
Email: intensive.english@marin.edu
For schedule and downloadable F-1 application:
www.marincommunityed.org

CLASSES FOR NON-NATIVE ENGLISH SPEAKERS

TOEFL (Test of English as a Foreign Language) Test Preparation

Most colleges and universities require a TOEFL test for admission of non-native English speakers. In this course we will look at sample copies of both the Institutional (Paper) TOEFL and the TOEFL IBT. We will also practice the skills needed for the TOEFL IBT using a preparation book. The Institutional TOEFL has three parts: Listening, Structure and Written Expression and Reading. The TOEFL IBT has four parts: Listening, Reading, Writing and Speaking. It combines the skills. Both tests are intended for intermediate to advanced students who want to improve their accuracy and test-taking skills.


• Sara Oser
• 7 Tuesdays & 7 Thursdays, 7:10-8pm
• Mar. 24-May 14 (No class Apr. 14 & 16)
• Indian Valley Campus, Ohlone 215
• Fee $85 (Includes $1 materials fee)
• Course #35083

Book Club: Readings and Conversational Practice in English

Join this class to have fun, meet new people and practice conversing in English. We will read contemporary books and discuss them in class. Our discussions will include cultural attitudes and American traditions, as well as English usage.

Janice Austin has been an academic coach and instructor at community college and university levels, taught college survival skills and career development for more than five years and is the author of *Academic Balance.*
7 Mondays, 7:10-9pm
Mar. 23-May 11 (No class Apr. 13)
Indian Valley Campus, Ohlone 106
Fee $89 (Includes $5 materials fee)
Course #35084

7 Wednesdays, 7:10-9pm
Mar. 25-May 13 (No class Apr. 15)
Kentfield Campus, Olney Hall 108
Fee $89 (Includes $5 materials fee)
Course #35085

FILM APPRECIATION

Love, Sex and the Silver/Flat Screen: Surviving Marriage

Can marriage, which fails half the time, not be fatally flawed? Has it become a serial affair? Have our expectations for marriage evolved beyond what it can bear? Are the issues that overwhelm it universal, fixable? Movies portraying these themes will be explored from the perspectives of narrative, public discourse and contemporary psychology.

Safe Harbor, based on a Daniel Steele novel, exemplifies how popular culture shapes our expectation of marriage the second time around. Allen’s Husbands and Wives shows how it often turns out. Bliss dives into buried-trauma marriage is often expected to resolve, but doesn’t. Two for the Road asks, What’s happiness got to do with it? When A Man Loves A Woman takes the measure of dependency and co-dependency. Tell Me You Love Me, a groundbreaking HBO series, examines the near universal curse of marriage: bed dread.

Karl Kracklauer, Ph.D., has taught psychology classes on personality, psychotherapy and stages of life using feature film, and written several screenplays.

6 Fridays, 7:10-10pm
Apr. 10-May 22 (No class Apr. 17)
Kentfield Campus, Science Center 101
Fee $97 (Includes $1 materials fee)
Course #35086

Unspoken Dimensions: The Impact of Music in Film

How does music create the almost religious sense of awe and wonder as the immense mother ship lands in Close Encounters of the Third Kind? or the emotions and inner experiences of the characters, and the devastation of war in Atonement? or convey the personality of taciturn Harry Caul in The Conversation? How does music express the sweetness of Scout’s and Jem’s childhood innocence and their experience of the world as fresh, wonderful, comforting—and terrifying—in To Kill a Mockingbird? Come and enjoy watching movie excerpts—and perhaps a guest presentation by a classic Hollywood film composer—focusing on how the music conveys the unspoken dimensions of the story and deepens our experience of the film. You do not need any special musical training to enjoy this class.

Marcia Bauman, Ph.D. (Eastman) is an award-winning composer who has taught composition at Stanford and has composed for film, dance and radio serial drama.

7 Mondays, 7:10-9pm
Mar. 23-May 11 (No class Apr. 13)
Kentfield Campus, Dickson Hall 30
Fee $85 (Includes $1 special fee)
Course #35087

Film Appreciation: Unexpected Friendships

Sometimes when we least expect it, someone walks into our life and radically changes our perceptions of the world and ourselves. It doesn’t seem to matter if these friendships are of long or short duration. It is the intensity of the interactions that change us. Three of the films for Spring are: Snow Cake (Canada 2006); Wondrous Oblivion (UK 2003) Harold and Maude (USA 1971).

Suresa Dundes, MFA (Theatre), M.A. (Education), has worked as a Literary Manager, director and designer in films, video and theatre. Experienced in teaching Acting, Voice, Film Appreciation and Art Direction, she writes fiction, screenplays and creative nonfiction.

7 Thursdays, 2:10-5pm
Mar. 26-May 14 (No class Apr. 16)
Kentfield Campus, Science Center 101
Fee $89 (Includes $1 special fee)
Course #35142 EC
Members of the College of Marin faculty will present six different foreign films, all with English subtitles, on Friday evenings, February 27 through April 3, starting at 7 p.m. in Olney Hall 96 on the Kentfield Campus. Open to all! Admission is FREE!

**FEBRUARY 27 — Italian — TRE METRI SOPRA IL CIELO (“Three meters above the sky”), 2004**  
*Director: Luca Lucini with: Riccardo Scamarcio, Katy Louise Saunders, Mauro Meconi, Maria Chiara Augenti, Claudio Bigagli, Luigi Petrucci Galatea Ranzi.*

Babi, an eighteen-year old perfect student, meets Step, a nineteen-year old hooligan, and they fall in love. In one year, they will go through an unforgettable relationship, not only for them but for many others. Their relationship is very stormy but it is the most romantic story a teenager can dream of. From the book of the same name by Federico Moccia. A cult favorite among the Italian youth. 99 minutes. Romance/Drama (Instructor: Caterina Labriola)

**MARCH 6 — French — MARIUS AND JEANNETTE, 1997**  
*Director: Robert Guédiguian with: Ariane Ascaride, Gérard Meylan, Pascale Roberts, Jacques Boudet, Frédérique Bonnal.*

Jeannette, a single mother with two kids and a very stubborn person, works as a cashier in a supermarket in Marseilles. Marius works as a security guard in an abandoned cement lot. They meet when Jeannette tries to steal some paint from the cement lot and Marius catches her. From this initial meeting, they become attracted to one another, until Marius suddenly withdraws. Jeannette’s neighbors must intervene to save the budding relationship. 105 minutes. Comedy (Instructors: Deborah Levin / Marie Goff-Tuttle)

**MARCH 13 — Chinese — HAPPY TIMES, 2002**  
*Director: Zhang Yi-Mou with: Zhao Benshan, Jia Dong.*

Zhao is an aging bachelor who hasn’t been lucky in love. Thinking he has finally met the woman of his dreams, Zhao leads her to believe he is wealthy and agrees to a wedding far beyond his means. Zhao’s best friend Li hatches the idea to raise the money by refurbishing an abandoned bus, which they will rent out by the hour — the Happy Times Hotel — to young couples starved for privacy. 1hr. 46 minutes. Comedy/Romance (Instructor: Shuyu Liu)

**MARCH 20 — Japanese — HANA YORI MO NAO (aka Hana) The Tale of a Reluctant Samurai, 2006**  
*Director: Hirokazu Kore-eda.*

The year is 1702. Peace has settled over the squalor of Edo and the swords of the once mighty samurai have been sheathed across Japan. In an era when dogs are more esteemed than the colorful peasants that inhabit the slums, Soza, a young warrior better with books than blades, is on a quest to avenge his murdered father and restore honor to his family name. 127 minutes / drama (Instructor: Kazuko Shiota)

**MARCH 27 — American Sign Language — SWEET NOTHING IN MY EAR, 2008**  
*Director: Joseph Sargent with: Jeff Daniels, Marlee Matlin, Ed Waterstreet, Phyllis Frelich.*

Dan and Laura Miller go through a change in their relationship when their four years old son loses his hearing. At first they accept the new situation due to the fact that Laura is deaf herself. Later on Dan starts to explore the idea of a surgical procedure that will allow their son to hear again. Laura opposes the idea. They end up bringing the dispute to a child custody hearing but then decide to solve the problem inside the family. 98 minutes. Drama (Instructor: Jeannie Leighton)

**APRIL 3 — Spanish — MACHUCA, 2005**  
*Director: Andrés Wood with: Matias Quer, Louis Keleher, Ariel Mateluna, Ernesto Malbran, Aline Kuppenheim.*

In 1973, in Santiago of Chile of the first socialist president democratically elected in a Latin-American country, President Salvador Allende, the principal of the Saint Patrick School, Father McEnroe(ernesto Malbran) makes a trial of integration between students of the upper and lower classes. The bourgeois boy Gonzalo Infante (Matias Quer) and the boy from the slum Pedro Machuca (Ariel Mateluna) become great friends, while the conflicts on the streets leads Chile to the bloody and repressive military coup of General Augusto Pinochet on September 11, 1973, changing definitely their lives, their relationship and their country 121 minutes. Drama (Instructor: Radica Portello)
FINANCIAL PLANNING

Financial Workshop for Individual Investors: The Basics of Investing

No matter what age, financial situation or goals, people need to know about the power of investing, and this workshop is a great way to start. Participants will learn how to potentially increase investment income while reducing taxes on those investments. We will examine available investments, pros and cons of each and how to determine which are best for you. We will explore the resources available, including the Internet, newspapers, magazines and libraries. This is a hands-on approach to investing and tax savings with time to analyze your personal situation and meet your goals.

Course fee includes a workbook which will be distributed in class.

Philippe Hobson has an educational background in Finance and Business Administration. He currently works as an Investment Advisor.

- 6 Mondays, 6:40-8:30pm
- Mar. 23-May 4 (No class Apr. 13)
- Kentfield Campus, Harlan Center 169
- Fee $84 (Includes $6 materials fee)
- Course #35088

HEALTH & WELLNESS

Looking for Love in All the Right Places

Where can singles go to meet someone special for a lasting relationship? This exciting class not only teaches where, but also how. Step-by-step you will learn how to meet a compatible partner. You will develop your own personalized six-month plan for finding the right person. Best of all, you’ll have the opportunity to participate in a free six-month follow-up program to help you implement your plan.

Rich Gosse is Chairman of American Singles, the world’s largest nonprofit singles organization. He is the author of You CAN Hurry Love: An Action Guide for Singles Tired of Waiting, Singles’ Guide to the Bay Area and A Good Man Is EASY to Find.

- Thursday, 7:10-10pm
- Apr. 9
- Kentfield Campus, Dickson Hall 101
- Fee $35
- Course #35089

Change Your Mind, Change Your Life: An Introduction to Attitudinal Healing

Our goal is to develop and support emotional resilience – the ability to function competently, powerfully and peacefully under stress. It enables individuals to face challenges, develop and maintain a positive attitude, make healthful choices, and solve problems on every scale. You will be provided with tools to shift old habit patterns, recover your vitality and enhance your quality of life. You will move toward an experience of well being and self confidence that is not easily unsettled. Topics focus on:

- Facing change, loss and crisis
- Managing strong and difficult emotions
- Understanding the role of attitude
- Effective Communication
- Fear and Trust
- Forgiveness

Presented by staff from CorStone – formerly The Center for Attitudinal Healing.

- 7 Thursdays, 7:10-9:30pm
- Mar. 26-May 14 (No class Apr. 16)
- Kentfield Campus, Olney Hall 105
- Fee $106 (Includes $10 materials fee)
- Course #35091

Procrastinate No More!

When we procrastinate, we either: 1) avoid a task completely, 2) substitute one activity for another, or 3) decide doing it later is better. Sound familiar? Chronic lateness, missed deadlines and messy closets may be minor consequences. But missed opportunities (due to habits of delay) can diminish the quality of our lives and lead to feelings of disappointment and failure.

In this one-day class, you will learn how to break the habit of procrastination and do sensible things in sensible ways, within sensible time frames. You will be given a 170-page workbook, your personalized program for breaking free from the patterns that hold you back.

Adrian Tiller, MFT, has been a teacher and counselor for over twenty years. He is a licensed marriage and family therapist.

- Saturday, 10am-5pm
- Apr. 4
- Kentfield Campus, Dickson Hall 101
- Fee $98 (Includes $18 materials fee)
- Course #35156

A registration form is at the center of this schedule.
HEALTH & WELLNESS

Breaking the Cycle of Stress: Skills for Health and Peak Performance

Incorporate powerful changes in attitude into your life, as well as simple meditation techniques that can greatly reduce stress. This training, used at NASA, has been clinically proven to reduce blood pressure, relax deep tensions within the body and increase mental focus. Learn to:

- Dramatically reduce stress with five-minute meditations and powerful breathing techniques
- Work more effectively with difficult situations and people
- Relieve chronic pain, high blood pressure and insomnia
- Release tension and chronic pain
- Increase your ability to concentrate and focus the mind
- Feel happier, more relaxed and at peace with yourself

David and Karen Gamow are corporate trainers who specialize in stress reduction and meditation. They have trained 20,000 people in these methods; clients include NASA, Hyatt Hotels, Yahoo and the U.S. Army.

Saturday, 10am-1pm
May 2
Kentfield Campus, Dickson Hall 113
Fee $45 (Includes $3 materials fee)
Course #35092

Yoga to Calm the Mind

A steady mind adds to our overall health and well-being. In this course, we will explore original yoga psychology and its timeless relevance to bringing about mental calmness. Mapping of the mind, its tendencies, and the recommendations for strengthening its focus will be based upon the teachings from the classical Yoga Sutras by Patanjali.

Unlike modern yoga settings, this will be a regular lecture setting combined with personal journaling and meditative uses of breath, chanting, and minor movement. This course is designed to benefit everyone from existing yoga teachers to newcomers to yoga. Recommended attendance is a minimum of three of the six sessions.

Kate Vogt is a registered Yoga instructor with the national Yoga Alliance. She has studied extensively Yoga’s philosophical and therapeutic tradition with two of the foremost authorities on traditional Yoga, A.G. Mohan in Chennai, India, and scholar Georg Feuerstein, PhD. She is co-editor of an upcoming book, Mala of the Heart.

- 3 Wednesdays, 7:10-9pm
- Apr. 22-May 6
- Kentfield Campus, Dickson Hall 113
- Fee $83 (Includes $5 materials fee)
- Course #35093

Breathing Techniques for Health and Well Being

The conscious use of the breath is a powerful, yet simple method of self-healing. In this four-week class, a myriad of breath techniques will be discussed and experienced, from the simplest practice of breathing in-and-out consciously to more elaborate forms of breathing practice. Learn how to use these practices to strengthen, develop and balance different aspects of your self.

Elijah Nisenboim
- 4 Tuesdays, 6:30-8pm
- Mar. 24-Apr. 14
- Form Body Studio
- 1000 Fifth Ave., Suite B, San Rafael
- Fee $57 (Includes $18 materials/special fee)
- Course #35094

Other courses of interest . . .

Boxing for Fitness
is listed under Physical Fitness.
The Medicinal and Edible Herb Garden
is listed under Home Environment.
Create a Healthier Home with Lower PG&E Bills

For homeowners who want more comfort year round, a healthier environment and lower utility bills. You will do your own home energy audit and get help figuring out how to stay warmer in winter and cooler in summer, eliminate the possibility of back draft and carbon monoxide, raise indoor air quality reducing allergens and easing asthma, and do repairs and remodel using safe and durable products. Set priorities to pick the “low-hanging fruit” now and plan further improvements down the road. After saving as much energy and water as is cost effective, you can consider renewable energy generation. Explore green financing to make improvements now, and use the money you save to pay off the loan.

Peter Waring provides green building and energy consulting. He and his wife recently completed a green addition on their home in Fairfax.

2 Thursdays, 7:10-9:30pm
Apr. 30 & May 7
Kentfield Campus, Dickson Hall 101
Fee $63 (Includes $5 materials fee)
Course #35146

Lighting for the 21st Century

Home lighting has become more complex in the 21st Century. There are more fixture and lamp choices, more code and energy considerations, and more older adults with unique lighting needs. In this introductory class, we will review the relationship of light sources, visual acuity, and the materials used in our home. We will discuss fixture selection, lighting plans, controls and energy codes. You will be given information on suppliers, contractors and how to get good value for your lighting investment.

• What is the best lighting for my home?
• Where do I start?

• What resources are available?
• When do I hire a lighting designer, and what do they do?
• What is new lighting going to cost?

Recommended purchase is Residential Lighting, 2nd edition, by Randall Whitehead (details $ 75.00). A reading list will be distributed in class.

Arthur Corbin has 20 plus years experience in designing lighting systems, and teaches lighting at the Academy of Art University.

2 Saturdays, 9:30am-12:30pm
Mar. 28 & Apr. 4
Kentfield Campus, Science Center 133
Fee $49
Course #35157

Lean, Mean and Going Green: Taking Charge of Your Own Food Supply

This is a great class for beginners and anyone who wants to take charge of nearly supplying or supplementing their own food. The course is designed for backyard gardening and husbandry using a holistic and organic approach. Topics to be covered include: growing your own vegetables and fruit trees; how to raise chickens, keep goats and preserve your harvest by canning and drying; and basic cheese making, which is easier than you think! After taking this course, you will see your backyard in a whole new way! Teaching assistants will include a happy goat and a happy chicken!

This course contains numerous handouts; please bring a binder to class. There will be a one-hour lunch break.

Christalene Loren owns a working ranch and sells her registered San Clemente Island goats all over the country. She has a large orchard and keeps a large vegetable garden throughout both the winter and summer, and also raises and breeds Australorp chickens.

4 Saturdays, 11am-4:30pm
Apr. 25-May 16
Kentfield Campus, Dickson Hall 30
Fee $98 (Includes $2 materials fee)
Course #35158
The Medicinal and Edible Herb Garden

Now is the time to plant medicinal plants which will grow well in your garden. Medicinal plants are not only beautiful, but can be used to make nutritious foods and to stock your home medicine cabinet. Learn to easily grow herbs in your own back yard that can help alleviate many common ailments and be used in making delicious meals and drinks. We will cover the medicinal uses of 15 easy to grow healing plants.

Kami McBride has taught herbal medicine and women's health since 1988. She has studied medicinal plants for almost 20 years and has taught Herboology at the University of California School of Nursing and Stanford Hospital.

- Thursday, 6:40-9pm
- Apr. 2
- Kentfield Campus, Dance/Landscape Management Center 12
- Fee $45
- Course #35143

Practical Plant Propagation

In this hands-on workshop we will focus on the seasonally appropriate propagation possibilities of California native plants and other drought-tolerant species. The workshop takes place at the Marin Art and Garden Center, where every plant in the gardens can be considered a ‘mother plant’; and where we will utilize our nursery facilities to teach practical methods and techniques that can be duplicated at home. Propagation techniques that will be learned include starting from seeds, cloning and division of plants.

You will be taking home a variety seeds and seedlings, cuttings and plants to grow on in your own garden. Extensive hand-outs, resources and suppliers lists are provided. Please bring your own clippers and gloves.

Charlotte Torgovitsky is the Manager of Sustainable Garden Resources at the Marin Art and Garden Center (MAGC).

- Saturday, 10am-2pm
- Apr. 4
- Marin Art & Garden Center
- SF Drake Blvd. at Lagunitas Blvd.
- Ross
- Fee $35
- Course #35095 EC

LANGUAGES

Note: The following classes were developed to teach conversation skills in modern foreign languages. The emphasis will be on developing the ability to engage in everyday conversation and to handle typical situations. Unless otherwise noted, classes are organized in a two-year series with a potential of four quarters offered each year if warranted by enrollment. Classes designated “First Year, First Quarter” are for those with no previous background in the language. Each successive quarter continues to develop your ability to converse in the language. Those with equivalent knowledge are welcome to enroll mid-year; however, please be advised that no refunds are given for mistaken placement in the Language series. If in doubt, call the Community Ed office at 415.485.9305, press #4 to reach a staff person and ask to have the instructor call you.

When the purchase of a text book is required, that text will be used for the entire series. Cost of text books vary and are available at the College Bookstore, 415.485.9394.

COM Modern Languages Department:
If you wish to develop reading and writing skills, please call the Modern Languages department at 415.485.9348 or go to www.marin.edu.

French language instructor Anne Marie Lebas is a native of France who has taught in the Bay Area for over 20 years. She teaches with great enthusiasm and energy, and creates a lively and comfortable learning environment for students at any level. A bientot!

French for Travelers

Be prepared for your next trip to a French-speaking country. Learn useful expressions, numbers and travel tips to make your stay more meaningful. No expensive books to buy. Bring a notebook and 3-ring binder for hand outs. This class is designed to be completed within one quarter. See Note at beginning of the Languages section.

- Anne-Marie Lebas
- 7 Tuesdays, 6:40-8:30pm
- Mar. 24-May 12 (No class Apr. 14)
- Kentfield Campus, Dance/Landscape Management Center 12
- Fee $84
- Course #35160
Conversational French: Second Year, Fourth Quarter
These second year refresher courses are for those who would like to review what they learned in high school or college French classes, or for those students who have taken the beginning French conversation courses. The goal is to boost confidence and fluency in speaking. See Note at beginning of the Languages section. Venez apprendre dans une ambiance joyeuse!

- Anne-Marie Lebas
- 7 Wednesdays, 7:10-9pm
- Mar. 25-May 13 (No class Apr. 15)
- Kentfield Campus, Olney Hall 105
- Fee $84
- Course #35097

German for Travelers
Be prepared for travel in Germany, Austria or Switzerland — or any other area where German is spoken. This course will help you develop an appreciation of the German language, cultures and society. Situational conversation exercises will be presented. Materials such as maps, menus, magazines and newspapers will be used to practice comprehension and illustrate various aspects of life in German-speaking countries. No previous knowledge of German is necessary. This class is completed in one quarter.

- Hamid Emami
- 7 Thursdays, 7:10-9pm
- Mar. 26-May 14 (No class Apr. 16)
- Kentfield Campus, Harlan Center 161
- Fee $84
- Course #35147

Conversational Italian: First Year, Fourth Quarter
Continue learning basic conversational Italian, including pronunciation, vocabulary and command of idiomatic expressions and colloquialisms. See Note at beginning of Languages section.

- Lido Cantarutti
- 7 Tuesdays, 7:10-9pm
- Mar. 24-May 12 (No class Apr. 14)
- Kentfield Campus, Fusselman Hall 120
- Fee $84/Course #35098

Basic Japanese for Busy People
This class is designed for those with little or no knowledge of Japanese who would like to learn at a relaxed pace and in a comfortable and enjoyable atmosphere. This introduction to basic conversational Japanese includes an explanation of the basic phonetic writing system: Hiragana. The textbook is written phonetically using the English alphabet. The class consists of lecture, verbal exercise and interactive games, all designed to facilitate ease of learning.

For those of you interested in taking Japanese in the credit program, this class would be excellent preparation.

The text, Japanese for Busy People, Association for Japanese-Language Teaching, Kodansha (pub.), 2006, is available in the college bookstore and costs approximately $27. The materials fee covers handouts. Please bring a binder, notebook and writing implement to each class.

- Yoko Hara
- 7 Wednesdays, 7:10-9pm
- Mar. 25-May 13 (No class Apr. 15)
- Kentfield Campus, Dance/Landscape Management Center 12
- Fee $86 (Includes $2 materials fee)
- Course #35159

Spanish for Travelers
This class will prepare you for travel in Spanish-speaking countries and will help you develop an appreciation for Spanish and Spanish American life, culture and language. Elementary conversation and situational phrases useful to tourists will be emphasized. Knowledge of Spanish is not a prerequisite for this course. This course is completed in one quarter.

- John Petrovsky
- 7 Mondays, 7:10-9pm
- Mar. 23-May 11 (No class Apr.13)
- Kentfield Campus, Science Center 104
- Fee $84
- Course #35152
Conversational Spanish: First Year, Fourth Quarter

This continuing course is designed for first-year students who wish to learn to converse in Spanish with others at home or while traveling. You will learn and practice vocabulary, pronunciation, idiomatic expressions and colloquialisms. The emphasis will be on developing the ability to converse. See Note at beginning of the Languages section.

Nancy McInnes
- 7 Thursdays, 7:10-9pm
- Mar. 26-May 14 (No class Apr. 16)
- Kentfield Campus, Olney Hall 106
- Fee $84/Course #35100

Milt Hain
- 7 Tuesdays, 3:10-5pm
- Mar. 24-May 12 (No class Apr. 14)
- Kentfield Campus, Temporary Building 119
- Fee $64/Course #35101 EC

Basic Spanish: Beginning

This class is excellent. It’s fun to be a participant, and as a result we learn a lot. Patricio is a superb instructor. — John Wilson, Dean Emeritus and Professor Emeritus, Golden Gate University School of Law

You learn Spanish while having fun at the same time. — Father Paul Rossi Pastor, St. Raphael Church and Mission San Rafael Archangel

Practice simple conversations right away in this basic course, which focuses on everyday phrases and commands.

No expensive books to buy! Materials will be distributed in class and include hand outs and two 20-minute CDs. Bring a notebook and a 3-ring binder for hand outs.

Patricio Tapia is a native Chilean who’s been teaching in Marin for over eighteen years. He will engage you in conversation in Spanish from the first day.
- 7 Tuesdays, 10:10am-12noon
- Mar. 24-May 12 (No class Apr. 14)
- Kentfield Campus, Temporary Building 101
- Fee $109 (Includes $25 materials)
- Course #35102

- 7 Wednesdays, 6:40-8:30pm
- Mar. 25-May 13 (No class Apr. 15)
- Kentfield Campus, Dance/Landscape Management Center 12
- Fee $109 (Includes $25 materials)
- Course #35103

Gargantua and Pantagruel: Francois Rabelais

Join us to discuss, read and critique Humanist writer Francois Rabelais’ two sequential novels: Gargantua and Pantagruel. The novels are about the lives and adventures of two giants, father (Gargantua) and son (Pantagruel), and are written in an extravagantly amusing satirical style. The mock-heroic plot reveals the extent of Rabelais’ learning in the fields of medicine, theology and law. The author satirizes a variety of institutions, notably universities and religious orders; and describes family life during the XVI century. We will discuss the life of Francois Rabelais and also examine Gustave Dore’s famous illustrations for Gargantua and Pantagruel which were first published in 1854.

Erika Harkins has a Masters in French Literature and 20 years of teaching experience. Erika was recognized as “Outstanding Community Education Teacher of the Year” by the COM Academic Senate in 2008.
- 7 Wednesdays, 2:10-4pm
- Mar. 25-May 13 (No class Apr. 15)
- Kentfield Campus, Harlan Center 165
- Fee $66 (Includes $2 materials fee)
- Course #35149 EC

Literature and Law: The Reader as the Detective

In literature as in law, we invariably attempt to perfect our powers of detection. Every reader who studies a text is a detective, and every detective works as society’s accomplice. We want to discover not only what has happened, but also what may happen again. We uncover our past so that we can envision a future. This deadly serious class, which uses print and film, studies how great writers transform us into able detectives. Sophocles’ Oedipus Rex, F. Scott Fitzgerald’s The Great Gatsby, P. D. James’ An Unsuitable Job for a Woman and Per Petterson’s Out Stealing Horses present the collision of literature and law – dead on. This popular course welcomes both new and old students.
David Robertson, (Stanford, A.B., Yale Law, J.D.) has taught political philosophy, and literature at Yale College, USF, and College of Marin.

- 7 Fridays, 10:10am-12:30pm
- Mar. 27-May 15 (No class Apr. 17)
- Kentfield Campus, Harlan Center 165
- Fee $76
- Course #35104 EC

Another course of interest . . .

**The Legacy of Isadora Duncan:**
Her Life and Art

is listed under Dance.

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**Poetry: From Delight to Wisdom**

* A poem begins in delight and ends in wisdom.* — Robert Frost

The times were heady with talk of reform, civil disobedience, spiritual enlightenment and back-to-the-earth communes. San Francisco in the 1960s? No — New England in the 1840s, a period heralding the major shift in thought and sensibility in American life that culminated in the emergence of our two stunningly original national poets: Emily Dickinson and Walt Whitman.

This quarter, we will focus on the work of these two major voices alongside a look at the rich literary context of their day — Emerson, Thoreau and others who seeded the soil from which they flowered. And, of course, we will also look at the work of contemporary poets whose work reflects their still vital influences in our own times.

Longtime writing and literature instructor, Jacqueline Kudler, MA (English Literature), is a published poet and feature writer. Jackie was recognized as “Outstanding Community Education Teacher of the Year” by the COM Academic Senate in 2007.

- 7 Thursdays, 1:10-3pm
- Mar. 26-May 14 (No class Apr. 16)
- Kentfield Campus, Olney Hall 105
- Fee $64
- Course #35150 EC

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**Bird-Watching in Marin:**
A Field Exploration

Learn to recognize local birds by sight or sound! This class is a field exploration of birds and birding localities of Marin County. The first class will meet in the classroom for a slide show and lecture, featuring local seasonal birds, to be followed by a bird-watching walk. All other classes will meet at field sites. An itinerary and directions to field sites will be distributed at the first-class meeting. Please see Note above.

Lisa Hug, M.Ed., is an experienced birder in Marin and Sonoma Counties who co-leads pelagic trips and teaches seminars at the Point Reyes National Seashore. Careful! Her passion for birds is contagious!

- Orientation: Tuesday, 9:10am-1pm
- Mar. 31
- Kentfield Campus, Learning Resources Center 53
- Plus 4 field trips
- Tuesdays, 8:30am-12:30pm
- Apr. 7-28
- Fee $92
- Course #35105 EC
Meandering in Marin

If you enjoy getting exercise, socializing with a congenial group and learning about birds, flowers, butterflies and mushrooms, come join the Meanderers. Hikes are four to five miles with an elevation gain of under 1,000 feet, and we stop to enjoy lunch. Come prepared to enjoy yourself, rain or shine. Please see Note under Marin Adventures heading.

Wendy Dreskin, one of the most informative and enjoyable naturalists in the county, leads the always popular “Meandering in Marin.” Wendy is a recipient of the Terwilliger Environmental Award.

For each course listed below:

- First class meets: Indian Valley Campus, Parking Lot #7
- Fee $115
- 7 Mondays, 9:45am-1:45pm
  Mar. 23-May 11 (No class Apr. 13)
  Course #35106 EC

- 7 Tuesdays, 9:45am-1:45pm
  Mar. 24-May 12 (No class Apr. 14)
  Course #35107 EC

Beginning Hiking

Curious about the many trails to hike in Marin, but don’t know where to start? Explore some of the many open spaces in our County on these 4-6 mile hikes. Along the way we will discuss plants, birds, insects and whatever else may catch our eyes. Participants must be in good physical condition and capable of hiking, without undue fatigue, at a 30-minute mile pace on uneven terrain with about 1000 feet of elevation gain.

Please see Note under Marin Adventures heading. Please, dogs are not invited to this class.

Naturalist Sharon Barnett is a thoughtful and enthusiastic trail guide. She leads programs for Marin Nature Adventures, Point Reyes Field Seminars and Marin Art and Garden Center.

- 5 Saturdays, 10am-2pm
- Mar. 28-May 9 (No class Apr. 11 & 25)
- Last class: 10am-4pm
- 1st class meeting: Mountain Home Inn Parking lot, Panoramic Hwy, Mt. Tamalpais
- Fee $92
- Course #35108 EC

MUSIC

Music Appreciation: Classical Music of France

Learn about some of the distinctive characteristics of French classical music, including the works of composers such as Berlioz, Gounod, Franck, Bizet, Saint-Saens, Debussy, Ravel, Faure. New students always welcome.

- Carl Jech, Th.M. (Harvard University)
- 7 Mondays, 1:10-3pm
- Mar. 23-May 11 (No class Apr. 13)
- Kentfield Campus, Fine Arts 177
- Fee $64
- Course #35109 EC

Another course of interest . . .

Unspoken Dimensions: The Impact of Music in Film

is listed under Film Appreciation.

Russian Music: Dmitry Shostakovitch

Enjoy and learn about the Russian composer Dmitry Shostakovitch with Alexander Vereshagin, one of the Soviet Union’s premier musicians and currently Music Director and Conductor of the Russian Chamber Orchestra in San Francisco. New and returning students are always welcome.

- Alexander Vereshagin
- 7 Fridays, 12:10-2pm
- Mar. 27-May 15 (No class Apr. 17)
- Kentfield Campus, Fine Arts 72
- Fee $64
- Course #35110 EC

Black Gospel Chorus

Learn to sing the true soul music! Open to all adults who love to sing. No experience or sight reading skills necessary. The songs will be taught by rote. Join with us to sing, clap and move in the vocal traditions of black gospel music. It will be challenging and tremendous fun! Please bring a recording device if possible. The final evening will feature an in-class performance in a completely safe and supportive environment. For course information please call Scott Meltzer at 415.485.0569.
Chorus Emeritus
If you like to sing or think you would like to sing in a mixed chorus, join us! We have a friendly, relaxed group of singers who sing a wide variety of music: show tunes, popular, folk, classical, spirituals, etc. During Spring Quarter, in April and May, we will perform at retirement and convalescent facilities. There are no auditions. We ask for $25 to buy new music and to pay our talented accompanist.

- **Philip Hildreth**
  - 7 Thursdays, 3:10-5pm
  - Mar. 19-May 14 (No class Mar. 26 & Apr. 16)
  - **Kentonfield Campus**, Fine Arts 72
  - Fee $49
  - **Course #35112 EC**

Marin Men’s Chorus
Open to all men who want to sing, regardless of residence. Repertoire is primarily popular standards. Performances are included and will be scheduled. The instructor will collect an additional $35 at the first class meeting for materials/accompanist fees.

- **Don Miller**, Ph.D., has forty years of choral singing experience under the batons of masters such as Seiji Ozawa and Robert Shaw. He brings a broad knowledge of choral music from classical to jazz.
  - 7 Tuesdays, 7:30-9:30pm
  - Mar. 24-May 12 (No class Apr. 14)
  - **St. Stephen’s Church**
  - 3 Bayview Ave., Belvedere
  - Fee $37
  - **Course #35113 EC**

Piano Classes for Beginners to Advanced
Piano instruction in both classical and popular music (chords and melody) is offered in a relaxed, supportive and friendly environment. You will have your own upright piano in the classroom.

- **Section A** (Tuesdays, 7:40-9pm) for those with little or no knowledge of the piano.
  - 7 Tuesdays, 7-8:30pm
  - Mar. 26-May 14 (No class Apr. 16)
  - United Methodist Church
  - 9 Ross Valley Dr., San Rafael
  - Fee $75 (Includes $9 rental fee)
  - **Course #35111**

- **Section B** (Tuesdays, 6:10-7:30pm) assumes the student has knowledge of note reading and basic piano skills.
  - 7 Tuesdays & 7 Thursdays
  - Mar. 24-May 14 (No class Apr. 14 & 16)
  - Kentfield Campus, Fine Arts 188
  - Fee $80
  - **Course #35114**

- **Section C** (Thursdays, 6:10-7:30pm) is for students who can proficiently play and count, hands together, pieces of moderate difficulty.
  - 7 Tuesdays & 7 Thursdays
  - Mar. 24-May 14 (No class Apr. 14 & 16)
  - Fee $80
  - **Course #35114**
**PARENTING**

**FOSTER AND KINSHIP CARE EDUCATION PROGRAM**

Patty Cala, Program Director

This program deals with all aspects of becoming a foster or adoptive parent. Special programs are designed for grandparents and other relatives caring for children. On-going seminars and support groups are offered to help in the day-to-day caring for these children. Professionals, foster parents and guest speakers address topics identified by the Foster and Kinship Care Education Advisory Board. Call Patty Cala at 457-8811, ext. 8239, for further information. These courses are funded by a grant from the Chancellor’s Office, California Community Colleges.

**Intro. to Foster and Adoptive Parenting**

Especially for those new to foster and adoptive parenting, or those beginning the process. Couples and single parents will learn about the court process, behavioral issues and emotional stresses for foster children and their new family; how to work with the agencies involved; the parent’s role in the child’s life; and the different ages and problems of the children. Offered in Spanish and English. For information, call Patty Cala at 415.457.8811, ext. 8239.

**PHILOSOPHY**

**Exploration of Buddhist Meditation Practices**

This class is suited for those who wish to gain practical experience in the fundamental aspects of meditation practice. Various aspects of meditation will be explored, including samatha (also known as calm abiding or tranquility), vipassana (insight meditation), tonglen (sending and taking, development of bodhicitta, including mind training techniques), and deity yoga (practice of loving kindness and compassion of Avalokiteshvara). Open to those who are new to meditation as well as experienced practitioners. Bring a cushion and comfortable clothes for sitting.

Jay Eilertson, also known by his Tibetan dharma name of Lama Tharpa Gyeltse, has been a Tibetan Buddhist practitioner since 1975.

- 6 Thursdays, 7:10-9pm
- Mar. 26-May 14 (No class Apr. 16 & 23)
- Indian Valley Campus, Miwok 212
- Fee $78
- Course #35115

**PHOTOGRAPHY**

**Basic Photography**

This course on basic photographic techniques will cover camera types, lenses, filters, depth of field, exposure control, flash equipment and lighting, films, digital considerations and tripods. Composition, close-ups, landscapes, people and portraits, night photography and special effects will also be covered.

We will also discuss the differences and similarities between film-based photography and digital photography.

Two field trips include a Sunday morning and a Wednesday evening. You are responsible for your own transportation.

Bring an adjustable camera to class each week. While digital techniques will be discussed, this class is beyond simple point-and-shoot cameras. Darkroom work will not be discussed.

Jed Manwaring specializes in travel and outdoor photography. His photographs have appeared most recently in Golden Gate National Parks: A Photographic Journey, Guardians of the Gate and in Outdoor Photographer and PC Photo magazines.

- 7 Wednesdays, 7:10-10pm
- Mar. 25-May 13 (No class Apr. 15)
- Kentfield Campus, Fine Arts 120
- Field trip: Wed., 7-10pm, Apr. 29
- Plus: Sunday, 8-11am, Apr. 5
- Fee $127 (Includes $10 materials fee)
- Course #35116

For registration information, see pages 43-45.
Night Photography

Learn to gauge long exposures in locations illuminated by artificial light, as well as by the light of the full moon, for beautiful photographs of the world at night. Emphasis will be on evaluating existing lighting and exposing accordingly. Some classes will be on location at places like the Golden Gate National Recreation Area, the Presidio and the Marin Headlands.

The class is limited to 12 students and is not for beginning photographers. You must know how to use your specific (preferably manual) camera and have a firm grasp of the basic concepts of photography. Digital cameras (with full manual override) are acceptable for most of the fieldwork.

Tim Baskerville, BFA, has been teaching photography classes at U.C. Berkeley Extension, U.C. Santa Cruz Extension, RayKo Photo Center in San Francisco, and Pacific Media Arts since 1998.

- 6 Fridays, 7:10-10pm
- Mar. 27-May 15 (No class Apr. 17, May 8)
- Kentfield Campus, Harlan Center 165
- Plus Full Moon field trip
- Thursday, Apr. 9, 7-10pm
- Fee $187 (Includes $10 materials fee)
- Course #35117

Intro. to Photoshop Elements: The Digital Darkroom

The focus of this course is to learn basic photo editing to improve your digital photos. We will perform simple image clean up and photo enhancements and provide step-by-step exercises to create contact sheets of your digital camera folder, crop and resize images for email and print, repair damaged or scratched old photos, correct lighting, brightness/contrast and color, remove blemishes, red-eye and other irregularities.

We want you to succeed in this class and suggest that you be proficient with the computer before enrolling.

- Jazmine Loiselle
- Friday, 9am-4pm
- Mar. 27
- Indian Valley Campus, Ohlone 216
- Fee $130 (Includes $30 materials fee)
- Course #35006

Intern. Photoshop Elements: The Digital Darkroom

This course will continue to focus on photo editing techniques. We will review the basics, introduce basic selections and layers, cover how to control separate areas of a photo in order to execute customized lighting and color adjustments and, if there is enough time, we will cover step-by-step instructions creating a slide show with viewing capabilities on a CD or the Internet.

This class builds upon skills learned in Intro. to Photoshop Elements.

- Jazmine Loiselle
- Friday, 9am-4pm
- Apr. 3
- Indian Valley Campus, Ohlone 216
- Fee $100
- Course #35007

Adv. Photoshop Elements: Digital Scrapbooking

The focus of this course is to build layer and selection skills necessary in compositing collages, montages and digital scrapbooking. We will perform more advanced level enhancements and provide step-by-step exercises to develop skills in selection and layer techniques, creative composition and layout tips, borders, patterns and type effects and an overview of how to create a digital photo album.

This class builds upon skills learned in Intern. Photoshop Elements.

- Jazmine Loiselle
- Friday, 9am-4pm
- Apr. 17
- Indian Valley Campus, Ohlone 216
- Fee $100
- Course #35008
Note: Please check with your physician before you register for any P.E. class(es). If you have any questions about the level of difficulty of the class, please call 415.485.9305 and press #4 to reach a staff person and ask to leave a message for the instructor. Please see our Refund Policy on page 44.

Physical Education Complex Construction

Until summer 2009, the Diamond Physical Education Center on the Kentfield Campus will be undergoing construction. Alternative classrooms will be located in fully accessible portables adjacent to the tennis courts in Parking Lot 11. Locations for individual classes are listed with course descriptions.

Parking in Lots 11 and 12 will be limited during construction. Parking Lot 13 will remain available. It will be appreciated if you park on the main campus, car pool, or use alternative methods of transportation.

The Feldenkrais Method: Injury Prevention, Recovery and Comfort in Movement

Awareness through Movement classes provide tools for recognizing and releasing habitual patterns which may unknowingly contribute to chronic discomfort, injury or limitation. Through easy movement sequences that are relaxing and enjoyable, we learn to move safely beyond pain and limitation to new or forgotten levels of ability. Dramatic improvement in posture, breathing, flexibility, coordination and vitality are the frequent benefits.

Please bring a towel and blanket and wear loose, comfortable, layered clothing. Please see Note on “PE Complex Construction” on this page.

Naomi Schaeffer Draper is a certified Feldenkrais Practitioner™ Physical Therapist and former dance teacher who brings 25 years of movement related experience to her teaching.

Teresa Hanson is a certified Feldenkrais Practitioner™ whose teaching is influenced by years of meditation practice and the inner dynamics of awakening to the whole of one’s self.

7 Tuesdays, 7:10-8pm
Mar. 24-May 12 (No class Apr. 14)
Kentfield Campus, Physical Education 5A
Fee $68
Course #35118

Yoga and Meditation

This class is designed to help the student improve strength, flexibility, breathing, concentration, deep relaxation and meditation. Yoga changes our body, and meditation changes our attitudes and mind, leading us to optimal physical, psychological and spiritual balance. The class is approximately 70% Hatha Yoga and 30% deep relaxation and meditation. Beginners are welcome.

Recommendation: Do not eat within two hours prior to class. Bring a yoga mat, wear comfortable non-binding workout apparel to class.

Paul Landrum, Ph.D., has been teaching yoga at the College of Marin since 1988.

6 Tuesdays & 7 Thursdays, 5:40-7pm
Mar. 24-May 14 (No class Apr. 14 & 16, May 12)
Indian Valley Campus, Ohlone 106
Fee $105
Course #35119

Yoga for Every Body, Yoga for Every Mind

Practice Iyengar yoga postures with attention to the connection of mind, spirit, and breath. Increasing flexibility and strength restores the body’s freedom of movement and alignment. Physical and mental tensions are released, and energy is increased. People with special health and fitness needs are welcome. Be ready to explore the possibilities that yoga has to offer.

Note: If you are new to yoga or registering for the Intermediate class for the first time, contact the instructor before registering at susyoga2@yahoo.com or 415.388.1549.

Bring a sticky mat to the first class. Please see Note on “PE Complex Construction” on this page.

Susy Stewart has studied yoga for 30 years including in India with the Iyengars and Integral yoga at the Sri Aurobindo Ashram. She is certified in Integrated Yoga Studies by the California Institute of Integral Studies.

7 Saturdays
Mar. 28-May 16 (No class Apr. 18)
Kentfield Campus, Physical Education

Beginner
10-11:30am
Fee $75/Course #35120
Intermediate
8-9:45am
Fee $81/Course #35121
Another course of interest . . .

Yoga to Calm the Mind
is listed under Health and Wellness.

Exercise for Fitness and Pleasure
Maintaining and improving general health and fitness are the goals of this class for the active adult. Join us in stretching, toning, strengthening, relaxation techniques and rhythmic activities set to music.

Please see Note on “PE Complex Construction” on page 36.

- **Eric Riswold**
  - 7 Tuesdays & 7 Thursdays, 3:40-4:30pm
  - Mar. 24-May 12 (No class Apr. 14 & 16)
  - Kentfield Campus, Physical Education 5A
  - Fee $43
  - Course #35122 EC

Effortless Tennis
This evolutionary approach to the game eliminates the biggest impediment to peak performance-competition. Playing competitively before mastering the basic skills lowers performance, limits potential, undermines self-esteem and diminishes enjoyment. Undo past limitations around learning and performance while having fun developing the skills necessary to playing well. Great workout—physically, mentally, and emotionally! The nurturing, supportive learning environment will inspire you to be your best, on and off the court.

Skill levels must be appropriate for the class. If you have any questions regarding your placement, please call the instructor at 415.457.9476 or email him at effortless-tennis@comcast.net.

Please see Note on “PE Complex Construction” on page 36.

- **Brent Zeller** has been playing tennis for 41 years, teaching the game for 35 years, and has an extensive background in psychology, philosophy and learning theory.

For each course listed below:
- **Kentfield Campus**, Tennis Courts

  **Beginning**
  - 8 Tuesdays, 9:40-11am
  - Mar. 24-May 19 (No class Apr. 14)
  - Fee $122 (Includes $6 materials fee)
  - Course #35123

  **Intermediate 1**
  - 8 Wednesdays, 9:40-11am
  - Mar. 25-May 20 (No class Apr. 15)
  - Fee $122 (Includes $6 materials fee)
  - Course #35124

  **Intermediate 2**
  - 8 Thursdays, 9:10-11am
  - Mar. 26-May 21 (No class Apr. 16)
  - Fee $160 (Includes $6 materials fee)
  - Course #35125

Strength n’Stretch I:
**Foundations for Adults 50 Plus**
Get stronger and improve your flexibility safely through a comprehensive and foundational program. You will learn and practice strength and flexibility exercises for every major muscle group. Participants must be able to get down to and up form the floor. Free weights and bands are provided.

- **Vicki Jackson**, MA (Kinesiology), SFA certified
- **Hazel Wood**, BA, SFA, AF

- 7 Mondays & 7 Thursdays, 12:40-1:30pm
- Mar. 23-May 14 (No class Apr. 13 & 16)
- Indian Valley Campus, Ohlone 106
- Fee $64
- Course #35126 EC

Strength n’Stretch II:
**Building on the Foundation**
This course is designed for students who are proficient with the foundational program exercises. Each class includes one or two exercises for every major muscle group and the respective stretches, as well as a group warm up and cool down. You will be expected to know how to execute the Level I exercises correctly with minimal instruction, and must have completed at least 2 consecutive quarters of Strength n’ Stretch I (or comparable training) to be eligible for this class.

Participants must be able to get down to and up from the floor.

- **Vicki Jackson**, MA (Kinesiology), SFA certified
- **Hazel Wood**, BA, SFA, AF

- 7 Tuesdays & 7 Thursdays, 3:40-4:30pm
- Mar. 23-May 14 (No class Apr. 13 & 16)
- Indian Valley Campus, Ohlone 106
- Fee $64
- Course #35127 EC

**Note on “PE Complex Construction”**

PHYSICAL FITNESS

Introduction to Pilates

This popular mind/body exercise-conditioning program was developed by Joseph Pilates. We will focus on deep breathing while strengthening the core muscles of the trunk of the body, allowing the limbs to move more freely and in proper alignment. Pilates tones muscles, creates self-body awareness, promotes focused movement, increases flexibility and control and improves posture. Learning to move through Pilates training allows for better function and control of muscles for sports and is now practiced by many athletes, dancers and office workers not only to increase performance but also to rehabilitate the body after injury.

Please be sure to arrive on time for warm ups to prevent injury. For another class offered at Form Body Studio, see “Breathing Techniques” listed under Health and Wellness.

For each course listed below:
- MinJae Laws
- 7 Mondays
- Mar. 23-May 11 (No class Apr. 13)
- Form Body Studio
- 1000 Fifth Ave., Suite B, San Rafael
- Fee $68
- 10-11am/Course #35128
- 6-7pm/Course #35129

Other courses of interest . . .

Aerial Dance on Low Flying Trapezes

Belly Dance for Fun and Fitness

Intro. to West Coast Swing Dance

Tap Dancing

Traditional Samba

are listed under Dance.

Wado Ki Kai Karate

Wado Ki Kai means “to learn from all things.” Originating in Japan, this school of karate includes Tai Kwan Do kicking and Shotokan hand techniques. The class is open to everyone who has an interest in learning martial arts techniques; there are no prerequisites. Warm-up exercises will incorporate Tai Chi, Qigong, yoga and Rosen Method movement. Building self-confidence, integrity, humility, physical strength, coordination, agility and a powerful sense of awareness are all attributes to this class. Karate attire is optional.

Please see Note on “PE Complex Construction” on page 36. This class ends on a Monday.

Hursey Baker holds a fourth degree black belt in Karate and has been teaching students of all ages for 16 years. Hursey is certified by the American Teachers Association of Martial Arts and American Aerobics and fitness Association as a group exercise instructor.
- 7 Mondays & 7 Wednesdays, 6:40-8pm
- Mar. 23-May 13 (No class Apr. 13 & 15)
- Kentfield Campus
- Mondays, Physical Education 5A
- Wednesdays, Physical Education One
- Fee $124
- Course #35130

Boxing for Fitness

Train in the Art of Boxing and feel healthier and more alive! This fitness class is suitable for any reasonably active adult. It offers a work out that will build strength and endurance and help you to lose weight. Using boxing skills and drills, you will increase your muscular and cardio endurance and engage your core. Both the upper and lower body will be toned and strengthened. Exercises will be tailored to student’s level of fitness. One-on-one training and style development as time allows. This class will not include contact.

Please see Note on “PE Complex Construction” on page 36.

Edward Greene, Executive Director of Marin Boxing Club, created the “One Kid at a Time” boxing program.
- 7 Tuesdays & 7 Thursdays, 6:40-8pm
- Mar. 24-May 14 (No class Apr. 14 &16)
- Kentfield Campus, Physical Education One
- Fee $124
- Course #35131
Strength and Fitness Training

Get fit and have fun with safe, individualized strength training and stretching! You can also improve your cardiovascular fitness, posture, balance and body composition. Wear loose, comfortable clothing and close-toed shoes. This class is appropriate for adults of any age. You must be able to get up and down from the floor independently.

The “Beginner/Intermediate” class does not require previous weight training experience. We strongly recommend that you take that class at least two times before signing up for the “Advanced” class.

For classes at the Kentfield Campus, please see Note on “PE Complex Construction” on page 36.

For each course listed below:

Beginner/Intermediate
- Kentfield Campus, Physical Education
  Four
  Fee $89
- Betsy Best-Martini, MS (Recreational Therapy), SFA certified
  Hazel Wood, BA, SFA, AF
  7 Mondays & 7 Wednesdays, 3:40-5pm
  Mar. 23-May 13 (No class Apr. 13 & 15)
  Course #35132 EC
- Betsy Best-Martini, MS (Recreational Therapy), SFA certified
  7 Tuesdays 7:30-9am
  7 Fridays, 8-9:30am
  Mar. 24-May 15 (No class Apr. 14 & 17)
  Course #35133 EC

For each course listed below:

- 7 Mondays & 7 Wednesdays
- Mar. 23-May 13 (No class Apr. 13 & 15)
- Kentfield Campus, Physical Education
  Six
  Fee $99

Beginner/Intermediate
- Hazel Wood, BA, SFA, AF
  5:15-7am
  Course #35134 EC
- Kim Jones, MS (Exercise Physiology), ACSM, SFA certified
  7-8:45am
  Course #35135 EC

Advanced

Writer’s Boot Camp: How to Write Nonfiction and Get Paid for It

Dream of seeing your name as a byline in your favorite magazine, or of writing a book that makes you an expert in your field? The mysteries of research, hooks, leads, transitions, and satisfying endings are part of the craft of nonfiction writing; you’ll learn the basics here. Stringing words together is only the beginning; this course includes how to find markets and pitch your work. By course end, you’ll have an outline and lead paragraph of at least one article you intend to write plus a list of possible markets.

Joanne Miller has been freelancing full-time since 1992 and is the author of five internationally published books, dozens of interviews (subjects include author Isabel Allende and President Jimmy Carter), and articles such as “The Right Used Car” and “How Much Money Can You Afford to Borrow?”

- 6 Thursdays, 7:10-9pm
- Mar. 26-May 7 (No class Apr. 16)
- Kentfield Campus, Temporary Building 119
- Fee $83 (Includes $5 materials fee)
- Course #35136

So You Say: Writing Dialogue in Fiction, Creative Nonfiction and Plays

“So You Say” is a writing course designed to appeal to and meet the needs of both fiction and creative nonfiction writers and playwrights who want to make monologues and dialogues part of their written work. By using improvisation, theatrical training exercises and observation of actual conversations, you will be guided in using dialogue to enhance the depth of your writing. We will explore how much people reveal about themselves by what they say, when they say it and to whom they are speaking. Work will be read aloud in class by the authors and with the help of fellow students as appropriate. Open to both new and seasoned writers.

Suresa Dundes, MFA Theatre (Directing), MA (Education), is an experienced teacher of writing and acting to students of all ages. She has 25 years in professional theatre and video work.

- 7 Wednesdays, 7:10-9pm
- Mar. 25-May 13 (No class Apr. 15)
- Kentfield Campus, Science Center 104
- Fee $86 (Includes $2 materials fee)
- Course #35151
Elements of Creative Writing
There are three rules for writing well. Unfortunately, no one knows what they are.

Somerset Maugham might have been right, but that’s no reason to be discouraged. For 21 years, this course has offered excellent, encouraging critiques of every genre for every level of writer. Some students have gone on to publish their work and win awards. Each class begins with a piece by a notable author and a brief discussion. This is an ongoing workshop; first-time students are encouraged to bring a sample of their writing to the first class.

Thomas Centolella is a Lannan Literary Fellow and the author of three books, including Terra Firma, winner of the Bay Area Book Reviewers Award, and Lights and Mysteries, winner of the California Book Award from the Commonwealth Club. His work has been featured on National Public Radio and in many national anthologies.

- 8 Mondays, 5:30-8:30pm
- Mar. 23-May 11
- The Redwoods
- 40 Camino Alto, Mill Valley
- Fee $98
- Course #35137 EC

Tales Told from Memory
Memoir has become one of the hottest genres of the current literary scene. This writing workshop will help you retrieve your own remembered experience and shape it into story. Each session, we study and discuss the work of veteran memoir writers for insights into the crafting of personal narrative. The stories we then write draw upon lessons learned from literature, as well as weekly instructor and class feedback.

Longtime writing instructor, Jacqueline Kudler, MA (English Literature), is a published poet and feature writer.

- 7 Mondays, 1:10-3pm
- Mar. 23-May 11 (No class Apr. 13)
- Kentfield Campus, Harlan Center 165
- Fee $64
- Course #35138 EC

The Poetic Pilgrimage: Writing Poetry as Spiritual Practice
As we rush through our days, the urge to root ourselves in something deep and sustaining intensifies. The writing of poetry not only serves this urge, but has many similarities to traditional spiritual paths: focus on presence, development of compassion and detachment, sincere truth-telling, surrender to something beyond ourselves. In this class we will use poems and sutras from various traditions to lead us into such topics as: The Inner Ear, Luminosity, Rhythm (& Blues), and The Art of Being Surprised by Our Own Poems. And we will read and write poems to our hearts’ content.

Prartho Sereno’s publications include Call from Paris, which won the 2007 Washington Prize in The Word Works’ national poetry competition. She is also author/illustrator of the poetry collection, Causing a Stir: The Secret Lives and Loves of Kitchen Utensils, bronze medalist in the 2008 national Independent Publisher’s Awards.

- 7 Tuesdays, 2:10-4pm
- Mar. 24-May 12 (No class Apr. 14)
- Kentfield Campus, Harlan Center 173
- Fee $65 (Includes $1 materials fee)
- Course #35139 EC

Emeritus Writing and Performance Group
This weekly workshop focuses on the writing and presentation of personal monologues, poems and other genres of writing to facilitate self-expression and discovery. Through supportive comments from the instructor and students, you will be encouraged to find the truth of your inner voice and be able to communicate those thoughts aloud to others. Open to both beginning and seasoned writers, we do weekly readings in class of current work, and you will have the option of participating in a public performance at the end of spring quarter.

Suresa Dundes, MFA (Theatre), MA (Education), has worked as a Literary Manager, director and designer in films, video and theatre. Experienced in teaching Acting, Voice, Film Appreciation and Art Direction, she writes fiction, screenplays and creative nonfiction.

- 7 Saturdays, 10am-1pm
- Mar. 28-May 16 (No class Apr. 18)
- Kentfield Campus, Fine Arts 134-136
- Fee $89
- Course #35140 EC
EMERITUS COLLEGE

Emeritus College is a unique program which is designed to meet the needs of the County’s older adult student learner population and supports the principles of quality of life, lifelong learning and creative retirement. Emeritus College courses are offered both as Community Services (fee-based) and in Noncredit (free). This schedule lists the Community Services portion of the Emeritus program. Please see information below regarding Emeritus College Noncredit classes.

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EMERITUS COLLEGE NONCREDIT (FREE) CLASSES

| The Emeritus College Noncredit (free) classes listed below are described on the credit website at www.marin.edu and in the credit Spring 2009 class schedule. For information about noncredit class classes or to confirm your enrollment in a noncredit class, call 415.485.9305, and press 4 to reach a staff person. For help with questions about how to register for noncredit classes, call 415.457-8811, ext. 8822. |
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ASSOCIATED STUDENTS OF EMERITUS COLLEGE

A STUDENT ORGANIZATION FOR MARIN’S MATURE ADULTS

All students currently enrolled in Emeritus College courses are urged to become members of the Associated Students of Emeritus College (ASEC). The ASEC Council serves as a voice for older adults on the College of Marin’s participatory governance system and articulates concerns for new programs, forums and course directions. Purchase of a $15 Student Activities Card entitles you to receive a monthly newsletter and to participate in any of the clubs sponsored by ASEC. The Student Activities Card fee supports other programs, activities and efforts of the Student Association, including subsidies for low enrolled classes.

EMERITUS CENTER

Kentfield Campus: 415.485.9652
Indian Valley Campus: 415.457.8811, ext. 8322
ASEC@marin.edu

Please visit the Emeritus Center on the Kentfield Campus and Emeritus North on the Indian Valley Campus. Both centers offer a lounge for ASEC members and a place for ASEC committees and clubs to meet. ASEC volunteers welcome you at both locations.

The Emeritus Center, Kentfield Campus, Student Services Building room 146, is open Monday through Friday, 9:30am-3:30pm. Emeritus North, on the Indian Valley Campus, is located in the Administrative Services complex, Building 10, Room 140. To schedule use of Emeritus North, please call 415.883.7805.

CULTURAL ACTIVITIES

ASEC sponsors film presentations, lectures, art shows, poetry readings and recitals, as well as clubs. Consult the Emeritus College Newsletter for details.

ASEC TUITION GRANTS

The ASEC Council awards tuition grants to eligible older adult students for any College of Marin course, whether Community Services or credit. An application may be obtained in person at the Kentfield Emeritus Center, or by phoning 415.485.9652 and making your request along with your mailing address. Applications must be received in the Emeritus Center on the Kentfield Campus no later than the end of the business day Monday, March 9.

COMPUTERS AVAILABLE TO MEMBERS

A computer is available to ASEC members at both campuses. At the Kentfield center, time on a PC may be scheduled by calling 415.485.9652. At Emeritus North, time on an iMAC may be scheduled by calling 415.883.7805. Both have Internet connection.

CLUBS

Participation in ASEC clubs requires an ASEC Student Activities Card.

Adventurers: R. King, 415.898.5845
Architectural Model Building: Barbu Hanciulesco, 415.927.2183
Bocce: J. Kouns, 415.332.5929
Bridge: L. Mason, 415.456.2508
T. Metzger, 415.479.8290
Classic Cinema: R. Mead, 415.388.8919
Current Events: E. Maguire, 415.461.0173
Italian: M. Weed, 415.453.6054
IVC Book Forum: L. Kerr, 415.883.2823
IVC Film Noir: J. Ramirez, 415.491.0522
IVC Great Books: E. Walsh, 415.256.9964
IVC Philosophy: L. Witter, 415.883.6889
Music Listening: R. King, 415.898.5845
Opera and Beyond: Gil Deane, 415.456.2853
Rumi Poetry: E. Curtis, 415.453.1433
Scrabble: M. Knox, 415.459.1427
Spanish: J. Hopper, 415.454.9256
Writers Workshop: R. Ritchie, 415.331.9316
**Emeritus Student Activities Card Application**

Name: ____________________________  
LAST    FIRST  MIDDLE INITIAL  

Address: ____________________________  
NUMBER   STREET  
CITY    STATE  ZIP  

Phone Number ____________________________  

Please check appropriate squares:  
☑ FEMALE  ☐ MALE  
☑ 55 OR OVER  ☐ UNDER 55  

Signed ____________________________  
New _______ Renew _______  

You may personally apply at EMERITUS CENTER, COLLEGE OF MARIN, Kentfield, CA 94904, Monday-Friday, 9:30am-3:30pm, or mail this application enclosing a $15 check or money order and self-addressed, stamped envelope to the above address. Checks should be made out to Associated Students of Emeritus College.  

ASSOCIATED STUDENTS OF EMERITUS COLLEGE OF COLLEGE OF MARIN

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**REGISTRATION INFORMATION**

**Registration Begins**  
Monday, February 23, at 8 a.m.  

The college does not offer registration by telephone. The college does not mail confirmation post cards. You may confirm your enrollment online at mycom.marin.edu. Once you create your MyCom portal account, you may view your enrollment at any time.

**Register through the Internet**  
Go to www.marincommunityed.org. Registration requests received through the website will be processed within two (2) business days.

**Register In Person**  
You may register in person for Community Education classes at the Admissions Offices on either campus.

**Register after Class Begins**  
Early registration is highly recommended to avoid unnecessary cancellations; please see “Early Registration Recommended” below. However, you may register for a class which has not reached its maximum enrollment at any time. Please see “Wait List Procedures” below.

**Register by U.S. Mail**  
Please mail your registration at least five (5) business days prior to the first class meeting to assure that your name appears on the instructor’s roster. The mailing address is College of Marin, Community Education Registration, 835 College Ave., Kentfield, CA 94904.

**Register by Fax: 415.460.0773**  
Faxed registrations will be processed within two (2) business days.
Payment of Fees
You may pay for classes with a MasterCard or Visa number; please include the expiration date. If you prefer to pay by check, please send a separate check (or money order) made payable to College of Marin for each class requested. Be advised that the college charges $15 for all returned checks. Fees are not transferable.

Registration Form
A registration form is at the center of this schedule. Additional forms may be Xeroxed or downloaded from www.marincommunityed.org and are also available at the Office of Admissions and Records on either campus.

For All Methods of Registration
Please answer all questions on the registration form to be sure that your registration can be processed. Registrations are processed in the order received.

Early Registration Recommended
The college will not cancel a class that has sufficient enrollment. For classes that begin the first week of the quarter, be sure that your registration is received by the college Admissions Office no later than Tuesday, March 17.

Wait List Procedures
If you attempt to register for a class that is already full, your name will be placed on a waiting list and you will not be charged. If you paid with a check, it will be mailed back to you. Unless specified otherwise in the course description, you may attend the first class and check with the instructor for possible admittance. If the instructor has room for you in class, ask him/her to sign your registration form and submit it with registration fees to the Admissions Office.

GENERAL INFORMATION
Rules, policies, regulations, procedures, fees, courses, schedules and student services described in publications of College of Marin are subject to change at any time without prior notice.

Faculty Evaluation Questionnaire
Evaluating faculty is an essential element in maintaining our high standards. You may be asked to spend a few minutes of your class time completing a faculty evaluation questionnaire. We appreciate your honest and thoughtful assessment of your instructor and of your experience with us.

Students Under 18
Students who are minors may register for Community Education classes. The student must submit a completed Community Education Registration form and a Parent Permission Card.

Minors 13 years of age and under must also obtain the verbal consent of the instructor prior to registration. To contact an instructor or if you have questions, please call 415.485.9318.

Attendance at First Class Meeting
If you are registered but cannot attend the first class meeting, please call the Community Ed Office at 415.485.9318 or email community.ed@marin.edu to get a message to the instructor.

Refund Policy
Classes canceled by College of Marin will be refunded in full. All refunds are disbursed in the form of a check mailed to the address you have on file with the college.

To Request a Refund
We will gladly process your request for a refund if it is received in our office at least three (3) business days prior to the starting date of the class. There is a $10 service fee for all processed refunds. We cannot
accept requests for refunds, regardless of the reason, if they are received less than three (3) business days prior to the class start date.

To request a refund, please submit a letter containing all pertinent information (name, address, daytime phone, student identification number, course title, course number and your signature). Requests may be mailed to Community Education, College of Marin, 835 College Ave., Kentfield, CA 94904. Requests sent by U.S. mail must be postmarked at least three (3) days prior to the start date of the class.

DIRECTORY

Community Education Office
415.485.9305

Emeritus College
415.485.9368

English as A Second Language
415.485.9642

Intensive English Program
415.457.8811, ext. 8579

Admissions & Records Office
415.457.8811, ext. 8822

Counseling
415.485.9432

Bookstore
415.485.9394

Library Services
415.485.9656

Media Center/Language Lab
415.485.9645

Reentry Services
415.485.9641

Disabled Students Program
415.485.9406

EQUAL OPPORTUNITY
The Marin Community College District is committed by policy not to discriminate on the basis of, or the perception of, race, ethnic group identification, ancestry, color, religion, age, gender, national origin, sexual orientation, disability (mental or physical), marital status, medical condition (cancer, genetic characteristics, or pregnancy), and status as a veteran in any of its educational and employment programs and activities, its policies, practices and procedures.

Students who believe that this policy has been violated have the right to file an internal complaint or a complaint with the Office of Civil Rights. The Marin Community College District makes every attempt to stay in compliance with the requirements of Title IX of the 1972 Education Amendments, the Equal Employment Opportunity Act of 1972 (Title VII of the Civil Rights Act of 1964 as amended), the Civil Rights Act of 1991, and Section 504 of the Rehabilitation Act of 1974, the Americans with Disabilities Act, the California Fair Employment and Housing Act of 1980, the California Fair Employment and Housing Commission Rules and Regulations, and the Vietnam Veteran’s Readjustment Act of 1974.

College of Marin, under the Equity in Athletics Disclosure Act of 1994, provides information concerning the operation of its intercollegiate athletics program. A completed report is available in the Admissions and Records Office, the Library, and the Athletic Department for public review.

College of Marin policy 5.004 prohibits verbal, physical, visual, and sexual harassment of any applicant, employee, or student by any District employee on the basis of any category or combination of discriminatory categories prohibited by state or federal law. Nonemployees while on the District property are also expected to follow these guidelines. It is further the policy of this District to ensure equal opportunity in all of its programs and in all aspects of employment. The lack of English skills will not be a barrier to admission to and participation in vocational education programs.

Contacts
Equal Opportunity Employment/A.D.A. Compliance Officer—Linda Beam
Executive Dean, Human Resources (or Designee)
Administrative Center, Kentfield Campus
415.485.9504

Title IX/Section 504 (Disability) Coordinator—Arnulfo Cedillo
Director of Student Affairs
SS Center, Rm. 251, Kentfield Campus
415.485.9375

Gender, Equity Coordinator—David Cook
Director of Financial Aid
SS Center, Rm. 263, Kentfield Campus
415.485.9409

OPEN ENROLLMENT POLICY
It is the policy of College of Marin that every course section or class, for which attendance is reported for State aid, shall be fully open to enrollment and participation by any person who has been admitted to the College and who meets such prerequisites as may be established pursuant to Chapter II, Division 2, Part VI., Title V of the California Code.
Kentfield Campus
835 College Ave., Kentfield
From Highway 101, take the San Anselmo exit (northbound) or the Sir Francis Drake Blvd. exit (southbound) and follow Sir Francis Drake Blvd. to College Ave. (seventh stoplight). For the Physical Education complex, the Science Center, the Learning Resources Center (Library), the Emeritus Center and the Student Services Center (Admissions & Records), turn left on College Ave. and continue to second campus parking lot entrance on your right. For Harlan Center, stay on Drake Blvd. and take first left (left-hand turn lane) at Laurel Ave. and follow it to the end. Laurel will lead you into a student parking lot.

Indian Valley Campus
1800 Ignacio Blvd., Novato
From Highway 101, take Ignacio Blvd. exit in southern Novato and continue on Ignacio for approximately two miles to the Indian Valley Campus entrance. For the Administrative Services Cluster (Admissions & Records, Emeritus North), park in Visitor’s space (watch for flag pole); for the Ohlone Cluster (Computer classes) park in lot #6 or 7 and, for the pool, park in lot #7.
PARKING

Kentfield Campus/Indian Valley Campus

Parking permits are required for parking Mon.-Fri., all day; they are not required Sat. or Sun., or holidays. The semester parking permit may be purchased for $50 (subject to change), $25 for summer semester, in the College Bookstore or at Indian Valley Campus. As an alternative, you may pay a $3 (subject to change) daily parking fee through parking permit dispensers located near the entrance to each lot. Dispensers accept both $1 bills and quarters and are designated by stars on campus maps. Semester permits must be attached inside the vehicle on the lower left of the front windshield; daily permits must be visible on the dashboard on the driver’s side. Permits are valid at either campus. Be sure to read parking rules posted at entrances to parking lots. All vehicles improperly parked will be ticketed. No parking permits are required for disabled students provided they display a State of California Department of Motor Vehicles-issued disabled placard or license plate. Students receiving Financial Aid are permitted to purchase parking stickers at half price. Student police cadets when available may be requested to escort staff and students to and from their cars at night. Cadets also assist regular patrol officers with traffic and parking enforcement. For further information, contact the Campus Police at 415.485.9455 (Kentfield Campus) or 415.883.3179 (Indian Valley Campus).
COLLEGE OF MARIN
INTERNATIONAL FILM FESTIVAL
FEB 27–APR 4 / 2009

FREE Friday evening showings at 7 pm
Olney Hall 96, Kentfield, CA
For more information, see page 24

February 27 / Italian
TRE METRI SOPRA IL CIELO
(Three meters above the sky), 2004

March 6 / French
MARIUS AND JEANNETTE, 1997

March 13 / Chinese
HAPPY TIMES, 2002

March 20 / Japanese
HANA YORI MO NAO (aka Hana)
The Tale of a Reluctant Samurai, 2006

March 27 / American Sign Language
SWEET NOTHING IN MY EAR, 2008

April 3 / Spanish
MACHUCA, 2005

SPRING 2009
MARCH 23 – MAY 16

NEW FOR SPRING
Create a Healthier Home with Lower PG&E Bills, page 27
Procrastinate no More! page 25
Taking Charge of Your Own Food Supply, page 27
Jewelry Making: Copper Clay, page 7
So You Say: Writing Dialogue, page 39
And many more...

SPRING 2009
MARCH 23 – MAY 16

www.marincommunityed.org